

Socorro Independent School District  
Department of Athletics

Revised: Jan. 6, 2010  
Paula Gonzalez  
Athletic Director

**Middle School Track  
2010**

- January 4: First day of 2<sup>nd</sup> Semester (3<sup>rd</sup> Nine Weeks)  
January 5: Track coaches Meeting at SAC HLR 4:00 pm  
January 6: First day of Practice for all cleared athletes.  
January 9: Practice day  
January 19: Eligibilities due to Athletic Dept. 937-0503 (Please use correct form-one per division)

**Friday-Saturday, January 22-23**

SISD MS Relays—all teams. All Schools will provide volunteers.  
Friday: @ 5:30 pm; Saturday: @ 9:00 a.m.

**Saturday, January 30**

Lower Valley Track Meet-Host Socorro MS @ Socorro HS: Socorro, Sanchez, Serna, Desert Wind  
Ensor Track Meet: Ensor, Drugan, Clarke  
Sybert Track Meet: Sybert, Montwood, Slider  
Hambric Track Meet: Hambric, Paso del Norte, Hernando, Sun Ridge

**Saturday, February 6**

Slider Track Meet: Slider, Montwood, Serna, Paso del Norte  
Sanchez Track Meet: Sanchez, Ensor, Hernando  
Drugan Track Meet: Drugan, Hambric, Desert Wind  
Sun Ridge Track Meet: Sun Rdige, Sybert, Clarke, Socorro

**Saturday, February 13**

Montwood Track Meet: Slider, Socorro, Montwood  
Desert Wind Track Meet: Desert Wind, Serna, Sybert, Ensor  
Hernando Track Meet: Hernando, Sanchez, Sun Ridge  
Paso del Norte Track Meet: Paso del Norte, Hambric, Clarke, Drugan

**Friday-Saturday, February 19-20 (Friday @ 4:00-only athletes competing in specific events; Saturday @ 8:00)**

Division I @ Clarke MS  
Division II @ Serna K-8

**Friday, February 26 (@ 4:00 pm-affects only those athletes that have qualified)**

MS Conference Championships @ SAC  
Host: Athletic Dept. with all schools providing volunteers.

Meet Times:  
Saturdays: 8:00 am  
Unless otherwise indicated.

All NFHS & UIL Uniform rules will be in effect at every meet.

Metal hair clips, bobby pins, barrettes or metal headbands are not allowed.  
Any “undergarments” worn under the uniform must be of a solid color. (No exceptions)

No Jewelry of any type will be allowed with the exception of a “sports” wrist watch. No piercings of any type. (mouth, belly button, eyebrow, etc....)

Athletes are to keep their uniforms on during the entire race. Athletes will be disqualified from the event for any violation of this rule.

**Division I**

Clarke  
Ensor  
Montwood  
Slider  
Sanchez  
Hernando  
Sun Ridge

**Division II**

Socorro  
Desert Wind  
Drugan  
Hambric  
Paso del Norte  
Serna  
Sybert

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Socorro ISD--Middle School Relays Meet 2009  
January 22-23, 2010

Guidelines:

- 2 relays per athlete.
- 1 field event per athlete
- 2 school entries per field event
- 2 attempts for Long Jump, Triple Jump, Shot Put, Discus

Thursday, January 21 @ 4:00 pm

1 coach from each school is to report to the SAC to take out track meet equipment-- Mats & hurdles, etc....

**No exceptions/No excuses!!!!!!!!!!**

Friday, January 22

5:30 High Jump (7<sup>th</sup> G-Red Mat; 8<sup>th</sup> G-Blue Mat)  
Shot Put (8<sup>th</sup> G, 7<sup>th</sup> G,)  
Discus (8<sup>th</sup> B, 7<sup>th</sup> B)  
Long Jump (7<sup>th</sup> B, 8<sup>th</sup> B)

6:30 Triple Jump (7<sup>th</sup> G, 8<sup>th</sup> G)

5:30 Running events:  
Distance Medley (400, 800, 1200, 1600)  
4 X 200

Saturday, January 23

9:00 High Jump (7<sup>th</sup> B-Red Mat; 8<sup>th</sup> B-Blue Mat)  
Shot Put (8<sup>th</sup> B, 7<sup>th</sup> B,)  
Discus (8<sup>th</sup> G, 7<sup>th</sup> G)  
Long Jump (7<sup>th</sup> G, 8<sup>th</sup> G)

10:30 Triple Jump (7<sup>th</sup> B, 8<sup>th</sup> B)

11:30 Running events: Running order: 7G, 8G, 7B, 8B-unless otherwise indicated)  
100 Hurdles (7<sup>th</sup> G, 8<sup>th</sup> G)  
110 Hurdles (7<sup>th</sup> B, 8<sup>th</sup> B)  
4 X 100  
4 X 800  
Spring Medley (100, 100, 200, 400)  
4 X 400

**Work Assignments:**

Long Jump: Boys: Hernando; Girls-Clarke

High Jump: Blue Mat: Ensor; Red Mat: Drugan

Discus: Boys: Desert Wind & Sanchez; Girls: Montwood & Serna

Shot Put: Boys: Socorro & Slider; Girls: Sybert & Paso del Norte

**Triple Jump:** Boys: Sun Ridge; Girls: Hambric

Hurdles: Everyone