WELCOME to El Paso, TX! Information compiled by Christi Luby, MPH, CHES (UTEP Doctoral Student & combat veteran’s spouse) for Ft. Bliss chaplains, Family Readiness Groups, military members & their families. Resource website links and emails are active hyperlinks for easier connection. Periodic Updates will occur so please send changes, questions, comments, suggestions to: cdluby@miners.utep.edu (July 2010)

*Mrs. Luby does not recommend or guarantee the quality of the services provided by any of the businesses listed.
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**TRIAD Resources: Some projects have received special funding from the Texas Resource for Iraq – Afghanistan Deployment (TRIAD) of the San Antonio Area Foundation and contracted through the Center for Health Care Services. These projects are also found in document denoted “**TRIAD”**

TRIAD Resources– Texas Resources for Iraq/ Afghanistan Deployments

American Red Cross El Paso Chapter
Mark Matthys
915-590-0208

markthysm@usa.redcross.org
elpaso@usa.redcross.org

Army Community Services Fort Bliss
Peggy Brown
Cher Poehlein
915-568-0768
cher.poehlein@us.army.mil

Child Crisis Center of El Paso
Christin Johnson
915-562-7955
hpaulsboe@childcrisiselp.org

Children’s Grief Center of El Paso
Laura Olague
915-562-6004
laura@cgcelpaso.org

El Paso Child Guidance Center
Sue Jacobson
915-562-1999
epcgcenter@aol.com

El Paso/Ft. Bliss Armed Services YWCA
Jose Melendez
915-562-8461 ext. 300
aymca1@elp.rr.com

Goodwill of El Paso, Inc.
Arlene Alarcon
915-778-1858
aalarcon@goodwillep.org

Jewish Family & Children’s Service, El Paso
Emily Stuessy
915-581-3256
jfcelpaso@sbcglobal.net

Paso Del Norte Food Bank, El Paso
Estela Mendoza
915-532-1508
pfoodbank@elp.rr.com

Salvation Army
John Martin
915-544-9811
john.martin@usw.salvationarmy.org

Soldiers of Today and Yesterday
Johnie Lee Qualls
432-631-3429
stylveteran@suddenlink.net

USA Cares, Inc.
Steven Silver
915-274-7476
ssilver@usacares.org

Veterans Affairs
Bridgette Murillo
915-564-6100 ext 6433
irma.murillo@va.gov

YWCA El Paso Del Norte Region
Maureen Hankins
915-577-2530 ext 488
m.hankins@ywcaelpaso.org
Army Community Services (ACS)
- **TRIAD Resources (Peggy Brown, Cher Poehlein: 915- 568-0768)
  2494 Ricker Rd., Ft. Bliss   915-568-1132
- Relocation Readiness Manager- Cher Poehlein Cher.Poehlein@us.army.mil
- Mobility & Deployment- Tony Cassagnol 568-1132 antonio.cassagnol@us.army.mil
- Family Readiness Group (FRG) liaison- Thuy T. Depew (915) 569-7742 Thuy.Depew1@us.army.mil
- Family Advocacy Program manager- Kimberly Cook-McDaniel (915) 568-4878
Rio Grande Region of 211-City of El Paso (Referrals)   2-1-1
2-1-1 Live Chat/Resource web-site www.Military211help.org

**ARMY OneSource** [http://www.myarmyonesource.com/default.aspx](http://www.myarmyonesource.com/default.aspx)


**FREE Military Handbooks and Guides** [www.militaryhandbooks.com](http://www.militaryhandbooks.com)

**Guard and Reserve Resource Links** [http://militarytimes.com/guardandreserve09](http://militarytimes.com/guardandreserve09)

**Military One Source** Official site [www.militaryonesource.com](http://www.militaryonesource.com) username: military, password: onesource 1-800-342-9647 (24 hours a day/seven days a week)
- OneSource is an excellent resource: anything from a parent needing to find child care to someone just wanting to talk about their problems and stress
- Web site/toll free call center: Info for all service members, single/married/their families concerning health care, financial resources, family support and concerns throughout the deployment cycle.


**My Army Benefits** (One Stop for up-to-date benefits) [http://myarmybeneﬁts.us.army.mil/EN/default.aspx](http://myarmybeneﬁts.us.army.mil/EN/default.aspx)

**National Military Family Association** [www.nmfa.org](http://www.nmfa.org)

**The United States Army**- Official USA site [http://www.army.mil/](http://www.army.mil/)


**Official Branch Websites/Major Resources** (not listed elsewhere)

**The United States Coast Guard** – official site [http://www.uscg.mil/](http://www.uscg.mil/)

**Air Force Crossroads**- official USAF site [www.afcrossroads.com/famseparation/guide_sec01.cfm](http://www.afcrossroads.com/famseparation/guide_sec01.cfm)

**Marines for Life**- official USMC site [https://www.m4l.usmc.mil/](https://www.m4l.usmc.mil/)

**United States Navy** – official Navy site [www.navy.mil](http://www.navy.mil)

**Also search** [www.facebook.com](http://www.facebook.com) for official brigade, family readiness groups & Ft Bliss spouse groups
El Paso Government Community Websites

City of El Paso  [www.ci.el-paso.tx.us](http://www.ci.el-paso.tx.us)

Congressman Reyes  310 N. Mesa #400  534-4400 El Paso, Texas  79901  [www.house.gov/reyes](http://www.house.gov/reyes)
Guillermo Valenzuela  [guillermo.valenzuela@mail.house.gov](mailto:guillermo.valenzuela@mail.house.gov)

El Paso Chamber of Commerce  [www.elpaso.org](http://www.elpaso.org)

El Paso County  [www.co.el-paso.tx.us](http://www.co.el-paso.tx.us)

Ft Blis Post Community Services

**Exceptional Family Member Program**  [http://www.bliismwr.com/efmp/](http://www.bliismwr.com/efmp/)  (915) 569-1830/1854
-Enrollments: walk-in basis. Assignment Coordination/screening requires appointment.
-WBAMC EFMP Coordinator: behind orthopedic clinic (3rd floor Bradley Bldg)

7060 Comington St (Ft Bliss: corner of Dyer and Hayes St)
**TRIAD Resources POC:** Jose Melendez  (915) 562-8461 ext 300  [asymca1@elp.rr.com](mailto:asymca1@elp.rr.com)
-Hotel, Child Dev Center, Junior Enlisted Food Pantry & Family Center

**Fort Bliss Monitor**- post news, yard sale, activities, child care, sell/give away dogs/cats  [www.fbmonitor.com](http://www.fbmonitor.com)

**Fort Bliss Morale Wellness Recreation (MWR)**  [www.bliismwr.com](http://www.bliismwr.com)

**Ft Bliss Army Volunteer Corps**  568-1132  [stephanie.hopper1@us.army.mil](mailto:stephanie.hopper1@us.army.mil)

**Fort Bliss Website**  [www.bliismwr.com](http://www.bliismwr.com)

**Recycling Center**  Bldg 1334, 568-1537/487-6366

**USO**  [www.USO.org/](http://www.USO.org/)  Yolanda D. Castillo, Director, USO El Paso,  [ycastillo@uso.org](mailto:ycastillo@uso.org)
Bldg. 2408 Chaffee Rd., Fort Bliss, PO Box 6413, El Paso, TX, 79916

**Base Realignment and Closure (BRAC)**-  [www.defenselink.mil/brac](http://www.defenselink.mil/brac)

**Deployment Assistance**

**Female Soldier Readiness** (Tips for health in the field and while deployed)  [http://chppm-www.apgea.army.mil](http://chppm-www.apgea.army.mil)

**Military Family Research Institute at Purdue University**- Links to info, Deployment Support resources for single/married soldiers/extended family  [http://www.cfs.purdue.edu/mfri/pages/military/deployment_support.html](http://www.cfs.purdue.edu/mfri/pages/military/deployment_support.html)

**Mobilization & Deployment** office (ACS – Ft. Bliss)  915-568-1132

**USAA**  877-2DEPLOY (financial/insurance)
Religious Support

Catholic Counseling Services, Inc.
499 St. Matthews, El Paso, TX  79907, (915) 872-8424 Fax: (915) 872-8425
M and W - F  9:00am - 6:00pm and Tu 9:00am - 8:00pm
Closed 12:00pm - 1:00pm Bilingual therapists Available
Contact: Jose Castrellon  ccs@elpasodiocese.org  **Lori Ortiz  lortiz@elpasodiocese.org
-Catholic Counseling Services, Inc. is a private non-profit 501 C (3) organization. Individual, family, marital for ages 5 and up. The services are available to anyone regardless of religion, race, ethnicity, income, age, gender, or sexual orientation.   Accept: Sliding scale, Medicare, Medicaid, CHIP and most insurance accepted.
Documents required include: proof of income (last 3 pay stubs), utility bill, and medical insurance (if available)

Chaplains Family Life Center Building 448
Family Life Chaplain 915-568-2623  Chaplain Assistant 915-568-8251
-Bliss youth program

Cielo Vista Church Larry Wilkins: lwilkins@cielovista.org  595-0288

Protestant Religious Education Office – 568-0360

Single Soldiers Bible Study Tuesdays (BLDG 2498) 1730

USASMA Memorial Chapel (East Ft Bliss) Lee or Carole Bossert, 821-3103
-Couples, Women, Men, and Open Bible Study

Spouse Support Groups


Sierra Providence Health Network Support Groups
http://www.sphn.com/en-US/ourServices/communityServices/Pages/supportGroups.aspx

State Family Programs- FRG (Family Readiness Group) for National Guard and Reservists
9100 Gateway North El Paso, TX 79924 Toll free Help Line 800-252-8032
Mary Goldsmith: (915) 751-8806 x207  cell: (512) 239-8157

TEXAS Military Forces http://www.agd.state.tx.us/#
Army National Guard, Air National Guard, Texas State Guard
-Texas National Guard Counter Drug Program (Children & Adults) (915) 298-9620
-TexVet: Partners Across Texas Serving TX Vets & Their Families http://www.texvet.com/
National Guard Resource Web-site  www.guardfamily.org

Weekly listing of El Paso local support groups:
http://calendar.elpasotimes.com/  (Select Venue by Type: ex. Club, Church, Community)
Some also listed under: www.elpasotimes.com/neighborhoods

Language/Military/Classes & Training

Spouse Employment Resources/Immigration

[www.military.com](http://www.military.com)
[www.militaryonesource.com](http://www.militaryonesource.com)
[www.milspouse.org](http://www.milspouse.org)
[www.NMFA.org](http://www.NMFA.org)  (keyword: spouse employment)

Center for Employment Training  Website: [www.cetweb.org](http://www.cetweb.org) (Day/Evening classes available)
10610 N. Loop Dr. Suite R (at Horizon Blvd.), El Paso, TX 79927, (915) 859-1070 Fax (915) 860-9098
E-mail: Rose Guerrero [rguerrero@cet2000.org](mailto:rguerrero@cet2000.org)
- Classes in truck driver, medical insurance billing, job placement assistance and vocational English.
- Financial aid available to those who qualify; training comprehensive, self-paced and open-entry.

El Paso Chamber of Commerce  -Job openings/opportunities; [http://www.elpaso.org/](http://www.elpaso.org/)
10 Civic Center Plaza, El Paso, Texas 79901, 915-534-0500
- Job Register: Helps military spouses and family members find jobs. Mica Espinoza: [mespinoza@elpaso.org](mailto:mespinoza@elpaso.org)
- Business development division: Briefs new soldiers on info about El Paso. Lea Torres: [ltorres@elpaso.org](mailto:ltorres@elpaso.org)

El Paso Job Corps Center  - David Carrasco Job Corp (Employment Help for Youth 16 - 24)
Admin: 915-593-5928 School: 915-594-0022 [tienda.martha@jobcorps.org](mailto:tienda.martha@jobcorps.org)

Employment Readiness  Program Manager MWR Bldg 2494 Ft. Bliss, 915-568-1132/7088

Goodwill Staffing Solutions  (Employment Help) 915-778-1858 [aarcon@goodwillep.org](mailto:aarcon@goodwillep.org)

Immigration Issues/Nationalization
James Spurling, Supervisor, Adjudications Officer, Ft. Bliss, 915-225-1773

La Mujer Obrera  (Workforce Development Women) 915-542-1387

Motivation, Education, Training  915-598-9071 [elpaso@metinc.org](mailto:elpaso@metinc.org)

Nonprofit Enterprise Center  (915) 590-1333 [terry@nonprofitec.org](mailto:terry@nonprofitec.org)  [angela@nonprofitec.org](mailto:angela@nonprofitec.org)
Nonprofit Connection- Networking opportunity—meets monthly (7:30a.m.) for pastries and coffee.

Project ARRIBA  -Job placement assistance; [http://www.projectarriba.org/](http://www.projectarriba.org/)
**Laura Ponce, Chief Operations Officer [lponce@projectarriba.org](mailto:lponce@projectarriba.org) & [lvalenzuela@projectarriba.org](mailto:lvalenzuela@projectarriba.org)

Texas Workforce Solutions of the Rio Grande  (Employment Help) [www.twc.state.tx.us](http://www.twc.state.tx.us)
221 N. Kansas, Ste: 1000, El Paso, Texas 79901  915-887-2000 or 915-887-2124
Rosa Flores [rosa.flores@urgwda.org](mailto:rosa.flores@urgwda.org)  313-3052/772-2002, X 202

Women’s Fund of El Paso  (915)532-4673 [www.womensfundofelpaso.org](http://www.womensfundofelpaso.org)
- To connect women with resources available in the community and offer educational advancement and leadership development opportunities for their economic advancement.
Financial/Debt Counseling

**Financial Classes** ACS 568-7088 for free confidential appt.

**InCharge Debt Solutions** [www.incharge.org/mm](http://www.incharge.org/mm) -Free credit counseling for military (877) 399-8656;

**SaveAndInvest.org** Non-profit FINRA Investor Education Foundation
- Free saving and investing advice

**Security Service Federal Credit Union** [https://www.ssfcu.org/Military](https://www.ssfcu.org/Military)
- Activated/deployed military low-rate loans, flexible loan payments, and counseling 866-809-6332

**YWCA El Paso Del Norte Region** [www.ywcaelpaso.org](http://www.ywcaelpaso.org)
Consumer Credit Counseling Service of the YWCA
1600 Brown Street, El Paso, TX 79902, 755-2530 ext. 481; M-F 7:30am - 5:30pm (hours vary at each location)
- Free for military: To provide financial counseling services, including household budget and debt management training to military service members and their families.
- Documents needed: last paycheck stub, most current billing statement, and consumer credit application.
- Application can be picked up at any branch and needs to be presented at the first session
- **TRIAD Resources POC:** Maureen Hankins (915) 577-2530 ext 488  m.hankins@ywcaelpaso.org

Savings/Retirement

**Thrift Savings Plan** [www.tsp.gov](http://www.tsp.gov)

Discounts

**Discounted products/services to military** [www.ephcc-abrazos.org](http://www.ephcc-abrazos.org) (915) 566-4066 for reference

Travel Assistance

**Air Compassion** (Mercy Medical Airlift)
- Help Soldiers/Veterans get to a destination 888-662-6794; [www.aircompassionforveterans.org](http://www.aircompassionforveterans.org)

**Angel Flights**- Help Soldiers and their Families within the Western States, and within 1,000 miles, because they only utilize small engine aircraft (310) 390-2958; [http://www.angelflightsc.org/](http://www.angelflightsc.org/)

**National Patient Center**
- Help Soldiers who are injured get to a destination, for ex: special treatments and/or for emergent family situations. 800-296-1217; [http://www.patienttravel.org/](http://www.patienttravel.org/)

**Space-A travel Locations:** [http://www.spacea.net/](http://www.spacea.net/)
- Unaccompanied family members (spouse & children) of deployed service members (120 days or longer) can travel on military transport flights for free *Need deployment orders & child under 18 must have parent present.
**Financial Assistance/Thrift Stores/Food Banks**

**AER (Army Emergency Relief) Loan**  Ft. Bliss  915-568-7088  
-Through the military, taken in non-interest deductions directly from paycheck

**American Legion Law Enforcement**  Post 74 E-mail: LwEnfPst74@juno.com  (John McKinney)  
1532 Charles Owens, El Paso, TX, 79936, (915) 598-4348  
-Temporary family financial assistance, education pamphlets on drug awareness & suicide prevention

**Catholic Charities St. Vincent de Paul Thrift Store**  
2104 N. Piedras, El Paso TX 79930  M-Sat  8:30am - 4:30pm  
915) 564-4357  Fax (915) 564-9832  
6018 Doniphan Dr., (915) 832-0447  Tu-Sun 10:00am - 4:00pm  
Services: Clothing, furniture, household furnishings, food, financial  
Agency/Caseworker Referral letter needed; Person needs to bring an I.D.

**Discovery Shop**  4747 Hondo Pass in the Bradly Center 757-0506  (Monday – Saturday, 10:00 a.m. - 4:00 p.m.)  
-Social enterprise of the Child Crisis Center that operates as a resale thrift store and sells good condition second hand items to the public. All proceeds from the store go to funding the Child Crisis Center.

**El Paso General Assistance** (utilities, rent, mortgage, medications, funeral expenses)  miflores@epcounty.com  
800 E. Overland, Suite 301, 546-8150 or 9521 Socorro Road, Suite B1, 859-4101  
M-F 8:00am -5:00pm Applications accepted 8:00am to 4:00pm All based on person’s income  
Utilities: assist with only one bill per year. Income guidelines must not be exceeded.  
Rent/Mortgage: Person must not have any income, no financial benefits, not be living in government housing  
Medication program: only for life threatening medication  
Application process: apply in person, application is reviewed and an explanation of the process is provided

**Ft. Bliss Armed Services YWCA** (Food Locker/Assistance)  http://www.asymcaelpaso.com/Home.html  
7060 Comington St (Ft Bliss: corner of Dyer and Hayes St) (915) 562-8461 (POC: See YWCA ASYMCA)

**House of Hope**  915-351-7643 delossantos13@att.net  http://www.houseofhope-elp.org/  
-Free and Confidential: Pregnancy testing, limited obstetrical ultrasound, reproductive health & family planning education, free baby food and diapers

**Jewish Community Center** (Financial Assistance) 915-584-4437 (POC—see Daycare)  
Jewish Federation of El Paso 405 Wallenberg DR, El Paso, TX 79912

**Mary Peyton Foundation** (Utilities Assistance) 915-533-9698

**OMNI Financial** 1-877 OMNI USA (All Ranks- All Services)  www.militaryloans.com  
3910 Dyer St, Suite E, El Paso, TX 79930, (915) 565-6664 customersupport@yesomni.com  
Hollee Garcia: hgarcia@yesomni.com Customer Service Representative 1-800-798-6664, ext. 113  
-Personal Loans up to $10,000; Affordable repayment terms; Apply in person or online

**Open Arms/Centro Santa Fe**  jdi@hsrctr.org  
8210 North Loop; 595-0589; Tu-F 10:00am - 4:00pm F - 10am or 1pm for Food Bank  
-Assist with: Thrift Store and Food Bank (First come, first serve/only for emergencies)  
Documents needed: ID, social security card and proof of income and address; From Juarez: passport needed
Operation Homefront of Texas-Chapter: www.operationhomefront.net/texas  www.homefrontonline.com
10157 IH 35 North, Suite A, San Antonio, TX  78233 (210)-659-8039 Toll free: 800-779-5921
- Provides emergency assistance and morale to our troops, to the families they leave behind and to wounded warriors when they return home. Texas Chapter POC: President jennifer.cernoch@operationhomefront.net

Paso Del Norte Food Bank, El Paso **TRIAD Resources pfoodbank@elp.rr.com
300 S Ochoa St., El Paso, TX 79901-2528 (915) 544-5592; POC: Estela Mendoza (915) 532-1508

Pregnancy Help Center of El Paso (Clothing & Diapers) 915-591-1343 Cris Sosa cris@pregnancyhcep.org
10781 Pebble Hills Blvd. Suite A, El Paso, TX 79935

Project Bravo (Funding for Utilities) www.projectbravo.org
915-532-7941 Call for hours/Seven different locations in the city
4838 Montana, El Paso, Texas 79903, 915-562-4100 (Administrative Office M-F 8-5) (Appt required)
Annie M. Payton, Exec. Dir., (915) 217-1190 apayton@projectbravo.org
Assist with: prescriptions, employment, housing, education (GED), medical and utilities
PAP (prescription assistance program): Application will be filled out/sent to a pharmaceutical company, if qualifies medications will be mailed to one’s home
Documents needed: ID, SS card, rent receipt or proof of ownership, and proof of income
Energy program (SEAP): financial assistance for electric and gas bills
Weatherization program: weatherize your home (sealing doors or windows)

Project Gabriel (Affiliated with St. Patrick’s Cathedral—call with need of Baby Items) 915-532-4085

Project Vida (Low Income Apts & Loans) http://www.projectvidaelpaso.org/ czuniga.py@hotmail.com
3607 Rivera El Paso, TX, 915-533-7057 (M-F 8-5) Outreach: Aida Ponce 351-1401
- Discounts for medication, medical/therapy services, dental clinic, family planning and immunizations
- Health Care: low cost healthcare in 3 clinics. Primary care including laboratory, medicines and referrals
- Low-Cost Housing: Offers over 100 low-cost apartments; provide housing for homeless single parent families.

Salvation Army - El Paso www.usw.salvationarmy.org
4300 E Paisano Dr., El Paso, 544-9811
- To provide food boxes, clothing, furniture vouchers, gasoline, and utility, rent or house payment assistance to military service members and their families (24 hour family shelter/No single men accepted)
- Worship Center, Adult Rehabilitation Center, Salvation Army Family Store, youth services, housing assistance, domestic violence; 3:00pm: Showers for anyone; 4:00pm: Soup kitchen anyone
- Assist with food, clothing, shelter, and furniture when available: Food pick up: M/W/F 1:30-3:30; -Clothing pick up: M-F same as office hours Social Service Dept M-F 8-5
Documents needed for food: picture ID, social security card, and proof of address
Documents needed for clothing: picture ID and social security card
- **TRIAD Resources POC: John Martin (915) 544-9811; john.martin@usw.salvationarmy.org

Salvation Army Thrift Store- 3920 Morehead, Tues-Sat 10-6 p.m. (915) 565-6532

Savers (Thrift Store-Low Cost Items) 915-832-0862 http://www.savers.com/
Soldiers of Today and Yesterday (STY) www.styveteran.org
-Grant monies available to help OIF/OEF service members with funds for hardship issues, etc. easiest way to get the money is visit with your chaplain who has the necessary social service paperwork and will fax it to them. They will send the monies out that same day and can wire money to the AKO account that day.
- El Paso Contact: 751-5800 Main Office: P.O. Box 4246, Midland, Texas 79704-4246
-**TRIAD Resources POC: Johnie Lee Qualls (432) 631-3429; styveteran@suddenlink.net

TX Department of Health & Human Services (Medicaid/CHIP/TANF/Food Stamp) 915-834-7500; 772-8383

Texas National Guard Family Support Foundation
-Monetary assistance: ONLY National Guard, interest free loans, grants for living needs, medical care, travel
P.O. Box 5218, Camp Mabry, Bldg 42, Austin, TX 78763 (800) 252-8032; FRTX@tx.ngb.army.mil

USA Cares 1-800-773-0387; http://www.usacares.org
Local: 3800 N. Mesa, Suite A-2/102, El Paso, TX 79902
-To assist wounded warriors and their families, prevent home foreclosures and evictions, and to help with basic needs (utility, auto payments, food, insurance) during a financial crisis, funds for those with PTSD.
-**TRIAD Resources POC: Steven Silver (915) 274-7476 ssilver@usacares.org

West Texas Food Bank Office: 3727 Shell 915-595-1060 Food Pantry: Trinity First United Methodist Church Pastor: john@trinity-first.org (Food Pantry 533-2674 x.33) www.wtxfoodbank.org

Ysleta Lutheran Mission (Food, Clothing, Thrift Store) 915-858-2588 karmira17@yahoo.com
pastorheimer@gmail.com

WIC- Many military don’t realize they may qualify. Numerous means of support for children 0-5yo, income only counts base pay & BAS, NOT BAH, also based on nutritional need, breast pumps now available. 51 Slater Road, Ft. Bliss Main number: 771-5870 Direct: 771-5850

**Housing Assistance**

Apartments for Military (off-post) fortbliss@placeproperties.com
Independence Place, 4011 Alabama Street, El Paso, TX 79930, 915-562-4300

Homebuyer Seminar/Classes ACS 568-7088

Military Rent-All -Furniture and equipment rentals, 1743 Victory Avenue, Ft. Bliss, (915) 565-8473


USAA – Loans, financing, banking, & insurance 800-531-8521

**Housing/Shelters**

Housing Authority of the City of El Paso
5300 E. Paisano, 849-3742 or 849-3836, M-F 8:00am - 5:00pm
- Information on availability and type of housing is accessible on the 1st of the month
Public Housing: based on person’s income, person may not choose where to live; assigned upon availability.
Section 8: based on income, process starts with waiting list and rental assistance may be provided. Person needing assistance looks for a rental and the rental is processed through the housing authority
La Posada Home, Inc. (Single Mothers) Lydia Meneses, Serv. Coor. lyd_meneses@yahoo.com
- 1020 N. Campbell, El Paso, TX (915) 544-4595 or 544-4596
- 1930 Bassett, El Paso, TX, (915) 532-8498 POC: Monica Almuina or Julie Krill
- Housing for homeless women who are pregnant or have children (boys must be younger than 12 years old)
- Initial interview in person; No documents needed for interview. Women can stay up to 2 years and need to be attending school or working; Day care is provided

Opportunity Center (Clothing & Meals, Men & Women Shelter) 915-577-0069
1208 Myrtle El Paso, TX Seven days a week: 6:30am - 9:00pm (Also See Centro San Vicente)
- Homeless shelter: Single men & women over 19. Provides clothing, 3 meals/day. Having an ID would be helpful; Medical clinic available. homlessray@aol.com
- Homeless Youth Initiative (Dorothy Truax 274-2598)
- Veterans transitional, women transitional, Safehaven- single room occupancy, men, women, elderly & fragile

Rescue Mission (Meals, Clothing, Furniture, Food, Job Placement; Men & Women Shelter) 915-532-2575
1949 W. Paisano El Paso, TX (Open 24 hrs a day) Clothing provided 5 days a week, Meals: Three a day
- Homeless shelter for Males and females with families (4pm: Showers for anyone)
- Social workers provide prevention program for drug/alcohol issues jcorrega_393@hotmail.com

Villa Maria Provides temporary shelter for homeless, single women working toward self-sufficiency.
920 S. Oregon, El Paso, TX 915-544-5500 villamaria_elp@sbcglobal.net

YWCA- Transitional Living Center
3700 Altura; 566-2762 M-F 8:00am - 5:00pm (Waiting list in effect) c.prieto@ywcaelpaso.org
- Contact person: Clemencia L Prieto, Administrator Referral can be done over the phone
- It is not an emergency shelter; Living placement for homeless women ages 18 and over, with or without children (No boys over the age of 12, No limit on age for female children)
- Women are expected to be self-sufficient within 18 to 24 months; Women need to be attending school or be working; 10% of income or 30 % of their adjusted income is given to the shelter and it is placed in a savings account which is given back to them upon leaving the facility; Individual and group therapy

Independence House: Also low income living (YWCA) depending on the woman’s needs (915) 566-2763

Housing Referrals/Shelters (Not already listed)

Crisis Pregnancy Center (Pregnant Women) 2200 San Jose El Paso, TX, 915-565-1152

Dame La Mano (Single Mothers) 1014 S. Virginia El Paso, TX, 915-546-4040

Habitat for Humanity (Families) 9210 Dyer El Paso, TX, 915-755-6633

Missouri Street Men Single Room Occupancy 526 W. Missouri El Paso, TX, 915-533-1761

Missouri Street Women's SRO 1318 Myrtle El Paso, TX, 915-313-9897

Mujer Obrera (Single Women) 2000 Texas El Paso, TX, 915-542-1387

Reynolds House (Single Mothers) 8023 San Jose El Paso, TX, 915-598-7382
Ft Bliss Programs for Children

Ft Bliss Central Enrollment and Registration (CER)  Bldg 1743, Victory Rd. 915-568-4373 for appt.  
-In order to participate in any child youth program your child must have a current registration.

Off/On-Post Youth/Kids Groups

Ft. Bliss Teen Council  915-566-9828  
-14-19yo. Meetings twice a month, voice military teen concerns/opinions

M.O.P.S. (Mothers of Pre-Schoolers)  http://mops.delsolchurch.com lmo@delsochurch.com  
-Outreach Ladies Ministry of Del Sol Church, authentic community, mothering support, personal growth and spiritual hope. 11501 Vista del Sol Dr., El Paso, Texas 79936 (915) 855-3798

Post Library  -568-6156, 568-1902 (Bldg 2, E-wing, Sheridan Rd., Ft. Bliss)  
-Books, periodicals, computers/internet, Read Me a Story Tuesdays at 10am 2-5yo, Family Story Time Saturdays at 10:30am 2-6yo, Summer Reading Program 2-12yo

Texas Youth Speak Out for Military Kids  Military4h@ag.tamu.edu  
Military 4-H 720 East Blackland Road, Temple, TX 254-774-6022

“Youth Group”  - Bliss Youth Bldg 195 on Ft. Bliss  
-Food, live music, Bible message, 4-6pm Sundays

Youth Ministries Coordinator  www.BlissYouth.org  915-568-2157  
Center Staff Chaplain’s Office, Bldg. 448 Pershing Road Ft. Bliss, TX 79916  
-Free activities: Youth Ctr, Bible study-after school & home school programs, Campus Life programs at schools

Summer Camps/Activities

Ft Bliss Community Pool  252 Club Road (915) 568-5380 Hours of operation: 11 a.m. to 7 p.m. (Open at 6 a.m. for units and Soldiers who want to swim)

Ft. Bliss MWR  http://www.blissmwr.com

Freedom Camp (every year June/July) 568-9306/569-7732; www.blissmwr.com/freedomcamp/  
- Kids 7-18yo of Soldiers currently deployed, will deploy in a year or been back for less than a year

Operation Purple Summer Camps  http://www.operationpurple.org  OPC@MilitaryFamily.org  
-Free week-long, overnight camps are open to all military children 7-17 with a parent deployed – with a focus on dealing with war-related stress and meeting others who know what they are going through.

Texas Lions Camp (Camp for Handicap and Diabetic Children) 915-757-6566

Youth Plex (Ages 11-18) -Bldg 195 Chaffee Road, 568-5437  www.blissmwr.com/cys/  
-$20-40 depending on camp selected
Family Activities in El Paso, Southern New Mexico

El Paso Happenings [http://elpaso.citysearch.com/find/section/elpaso/events.html](http://elpaso.citysearch.com/find/section/elpaso/events.html)

El Paso KIDS-N-CO Family Theater [www.kidsnco.org](http://www.kidsnco.org)

El Paso Museum of Art [www.elpasoartmuseum.org](http://www.elpasoartmuseum.org)

El Paso ON Demand [http://elpasoondemand.com](http://elpasoondemand.com) (Heading: What’s On, Calendar)

El Paso Opera [www.epopera.org](http://www.epopera.org)

El Paso Public Library [www.ci.el-paso.tx.us/library](http://www.ci.el-paso.tx.us/library)


El Paso Scene (Roundup) [http://www.epscene.com/epsrdp.html](http://www.epscene.com/epsrdp.html)

El Paso Symphony [www.epso.org](http://www.epso.org)

El Paso Zoo [www.elpasozoo.org](http://www.elpasozoo.org)

Ft Bliss Happenings [http://blissmwr.com/calendar](http://blissmwr.com/calendar)

-Emily Hobel (Dir of Marketing) [emhobel@utep.edu](mailto:emhobel@utep.edu) 747-6787
-Military Discounts on season tickets, Military Appreciation Nights
-Pete’s Pass may be used by parents of UTEP Miners Kids Club members


Western Playland Amusement Park [www.westernplayland.com](http://www.westernplayland.com)
Children Activities

Ascarate Fishing Club Community Fishing Lake 6900 Delta Drive; (915) 751-3891/0532; 755-0983 owh915@sbcglobal.net

Boys & Girls Clubs of El Paso http://www.bgcelpaso.org/
801 S. Florence, El Paso, TX 79901 Phone: (915) 532-7410 ajaimesbgcelpaso.org
- Crafts & leisure, personal values development programs; one-on-one staff & individual or staff & peer group relationships; tutors for homework help; weight training athletics; delinquency prevention; recreational activities. Eligibility: Ages 6-18 yrs Fee of $4 annually Hours: Jun-Aug., 1 p.m. – 6 p.m.; Sept.-May, 3 – 8 p.m.
Four Branch locations: 1) 14900 Gregg, El Paso, TX 79938 (915) 921-0017; 2) 801 South Florence, El Paso, TX 79901 (915) 532-7410; 3) 400 South Zaragoza (Kennedy Unit), El Paso, TX 79907(915) 849-3692; 4) 4625 Delta, Delta Club, El Paso, TX 79905 (915) 533-2422

Boy Scouts of America YUCCA COUNCIL (Recreation) djjones@bsamail.org
- 7601 Lockheed, El Paso, TX 79925; (915) 772-2292 Fax (915) 772-4535
- Citizenship training, character development, personal fitness, leadership training for boys (6-20 years).
- Career and hobby exploring programs for young men and women ages 14-20 years.

El Paso Parks and Recreation rodriguezji@elpasotexas.gov or strautman@desperesmo.org 915-541-4331

Girl Scouts of the Rio Grande (Recreation) http://www.gsriogrande.org 915-566-9433 or 800.895.7390
Headquarters: 9700 Girl Scout Way, El Paso, TX 79924 ccrisler@gsdsw.org

Houchen Community Center (Recreation) 915-533-6445 communitycenter@houchen.org
609 Tays Street, El Paso, TX 79901-3054

Jewish Community Center (Daycare/Recreation/Counseling) 584-4437 Peggy jcommunitycenter@elp.rr.com

Miracle League of El Paso (Recreation for Children w/ Disabilities) sandieelp@aol.com 915-872-9249

Seasonal Youth Sports Bldg 195, Chaffee Rd. 568-2617/5437
-Soccer, Baseball, Tackle/Flag Football, Basketball, Barracuda Swim Team

SKIES Unlimited (Schools of Knowledge, Inspiration, Exploration & Skills) www.BlissMWR.com
-Cheerleading, Theatre, Dance, Academic, Gymnastics, Judo, Tae Kwon Do, Piano, Drivers Ed., Automotive Maintenance, ACT/SAT test prep course, College Prep, Babysitting Classes, Pool Activities, etc.
-Ranging from free to $85, 2 free classes per child for those with deployed parent
Bldgs: 1743 (569-7732); 3508 (568-8336); 3505 (569-5788); 5035 (568-7431); 195 (568-2908),

UTEP Miners Kids Club (Official Kids Club of UTEP Athletics for grades 8th and below)
-Emily Hobel (Dir of Marketing) emhobel@utep.edu 747-6787
-Brumbelow Bldg, Room 109, 500 W. University Ave., UTEP Season Ticket office: 747-6150 http://utepathletics.cstv.com/kidsclub/utep-kidsclub.html
-Kids Club Membership fee $20; Add‘l siblings $15 each
-Members receive Miners Kids Club T-shirt, Welcome pack w/goodies, FREE entry to a Football & Men’s Basketball game; FREE Entry to all regular season home games for Women’s basketball, volleyball, soccer, softball, tennis, & track and field; Official lanyard/credential to get into games; Birthday card from Paydirt Pete; Kids Club Days with each sport, open exclusively to members; chance to be “KIDS Club CEO”; and more
After-School Programs

Army School-Age Program in Your Neighborhood (ASPYN) El Paso Area Locations www.ywcaelpaso.org
Ysleta 593-1289; Northeast 757-0306; Lower Valley 859-0276; West Side 584-4007; Socorro 593-1289
- Fee assistance and discounts available for Army families. ASPYN has partnered with the YWCA to ensure that Army families are secure in knowing their children are safe and in the care of well-trained professionals. In addition to receiving assistance locating and enrolling in quality school-age programs, Army families, Soldiers and Department of the Army Civilians also pay reduced fees, comparable to those charged on post. Program brochure: http://www.ywca.org/iat/cf/%7B4983106D-0ABE-429B-A5A7-2065C0504A00%7D/ASYPN%20BrochureIn.pdf
Teresa D. Edwards (School Age Director) (915) 593-1289 ext. 231 t.edwards@ywcaelpaso.org

Big Brothers Big Sisters of West Central Texas www.bbbsa.org www.bbbsofep.org
POC: Bobbi Ortiz: Davisbi_bbbsofep@yahoo.com or Beth Senger, CEO bbbsofep@yahoo.com
1724 Wyoming Ave, El Paso, TX 79902-5711 (915) 544-4203 Cell: 915-269-1148
- Enriches, encourages, empowers children to reach their highest potential through safe, positive mentoring
- Provide mentors 18-years-old & above for one-year commitment--mentor program
Eligibility: Boys/girls ages 6-16 from single parent homes; children with family in prison/probation/parole

Central El Paso Community Organization CEPCO Any youth ages 6ys to 18 yrs Fees: No fee required
1010 E. Yandell, El Paso, TX (915) 544-6545 s.melton10@gmail.com
After School Program: Winter 4:00 p.m. – 6:00 p.m., Summer 11:00 a.m. – 4:00 p.m.

Latch Key Centers Unlimited Inc. 2626 N. Mesa, #257, El Paso, TX 79912; 533-9447; lkcinc@hotmail.com
- Latch Key Centers serves 110 children year round in after school and summer programs. It incorporates study skills, recreation and field trips into its curriculum (POC: Mary B. Stevens, Rosario Piedra)

YWCA-After-School Programs (915) 533-7528 (3-6pm HS&MS for school aged children, free for military)

Youth Plex After School Program--Fort Bliss Middle School and Teen Program 568-5437

Child Care: Emergency

El Paso Child Crisis Center 2100 N. Stevens Street, 562-4673 (answered 24/7) www.childcrisiselp.org
Holly Paulsboe Military Liaison/Outreach Coordinator hpaulsboe@childcrisiselp.org (915) 562-7955
**TRIAD Resources: Help military families: Emergency Shelter for Respite/Stress Relief, Field Training, Medical Crisis, Food Pantry. Provide child care, respite care for exhausted spouse of deployed soldier; For Mom delivering baby & needs care the older children; Child emergency shelter: infants thru 13 yrs.
- Family Crisis: Emergency shelter for children ages 5-12; Nursery: temporary care for infants 0 to 5 years
- If admitted, Required: shot record, birth certificate, social security card and Medicaid card

El Paso MHMR (Mental Health & Suicide Hotline) 915-779-1800

Child Care: Routine

CYS (Child & Youth Services) Ft Bliss Child Development Centers (CDC)
Main CDC: Bldg 1730, 568-5689 (Multiple locations- Weekly care, part-day preschool, half-day, hourly care)
$3.50/hr 1st child, $3/hr all other
-Family Covenant: 16 hrs free per child per month when spouse is deployed; $2/hr per child after 16hrs are used
Family Child Care (FCC) Bldg 1743, Victory Rd 568-4198 Quarters-based Family Child Care (certified homes)

Middle School and Teen Program (MS&T) Bldg 195, Chaffee Rd. 568-5437
-Pickup from Ross MS and Austin MS. EPISD will transport to the Youth Plex from Basset MS & Chapin HS.
-Snack, homework, tutoring/mentoring, Boys & Girls Club and 4H Club activities.

National Association of Child Care Resource & Referral Agencies www.naccrra.org/military
-Provide referrals to locate affordable, high-quality civilian community child care programs (800) 424-2246

School Age Services Main SAS Bldg 131, Doniphan Rd 568-7187; M-F 0530 to school bell & after until 1800
-Provides regular and occasional care for school age children 1st-5th grades. Services are provided for working parents needing before and after school escort service to and from Logan, Milam, Burnett, Travis, Assumption, Bliss, Hughey Elementary schools and Ross Middle School. Full-day camps during school out days.

YWCA: Workforce Solutions Child Care Resource & Referral- Child care for children under the age of 13 1600 N. Brown St., El Paso, TX 79902 (915) 533-7528 ext.399; Toll Free In-State (888) 533-9590
-Working or in school 25hrs/wk qualifies, $50-$300/mo sliding scale
**CHILD EDUCATION - General Information**

**Director of Youth Education and Support Services**  blis.yess@conus.army.mil  
MWR Bldg 2494, Ricker Rd., Fort Bliss, TX, 915-568-1132  
-What are the schools like, what to do, what entertainment is there for the kids?  

6531 Boeing Dr. El Paso, TX 79925; (915) 881-2700  
Military Family Liaison: Carlos Martinez, Dir. Community & Governmental Relations 915-887-5888  
Director Guidance Services: Kathy Ortega 915-881-2591; Guidance Services: (915) 779-4267  
School Age Parent Center 1170 Walnut St, El Paso, TX 79930 (915) 545-5960

**Free Online Tutoring for Grades K-12+**  [www.myarmyonesource.com/cyss_tutor](http://www.myarmyonesource.com/cyss_tutor)  
Find Resources 24/7  
*For children of: Active, Wounded, Reserve Component, National Guard, Army Civilians (including survivors)*

**Home School Legal Defense Association**  is a nonprofit advocacy organization established to defend and advance the constitutional right of parents to direct the education of their children and to protect family freedoms. Website with resources: [http://www.hslda.org/Default.asp?bhcp=1](http://www.hslda.org/Default.asp?bhcp=1)

-Active Duty families, save 15% on independent study courses or full-time options with teacher support.

**Partners in Education (PIE) Program**- Ft Bliss School Liaison Officer (915) 569-5064 (MWR) 915-568-9306  
Bldg 2494 Ricker Road, Fort Bliss TX 79916  [http://www.blissmwr.com/centralregistration/](http://www.blissmwr.com/centralregistration/)  
Bldg 505, In-processing Center, 569-5064 M-F, 0730-1630

**School Supplies**

**Assistance League Thrift Shop**- Just A Second  elpaso.assistanceleague.org or [www.assistanceleague.com](http://www.assistanceleague.com)  
2728 E. Yandell Drive, El Paso, TX 79903, 915-564-0600 E-mail: alofelpaso@sbcglobal.net  
-Assault Survivor Kits®: Supplies clothing kits to STARS for women victims of assault.  
-Operation School Bell®: Provides clothing for children in need.  
-Paso Bear: Provides bears to several agencies for distribution.

**Scholarships/College Info**

**AER Education Assistance** Ft. Bliss 915-568-7088  
-Help Army families with the cost of undergraduate level education, post secondary vocational training, and preparation for acceptance by service academies for their dependent children.

**El Paso Community Foundation**  [www.epcf.org](http://www.epcf.org)  
310 N Mesa St # 1000; El Paso, TX 79901-1371(915) 533-4020 POC Bonita Johnson  
-Scholarship for children of Soldiers Killed in Action (KIA) stationed at Ft. Bliss

**El Paso Community College**  [www.epcc.edu](http://www.epcc.edu)  
Counseling Center – 831-2642 OR Laura Gonzalez – 831-2423, 594-2314  
Center for Students with Disabilities (915) 831-2426
Free College Entrance Exam Software  www.eknowledge.com/military
-eKnowledge Corp & football players sponsoring free SAT/ACT PowerPrep software (retail $199.95) (active, veterans, and dependents) Fort Bliss School Liaison – 915-569-5064

GI Bill Support Team-Answer GI Bill questions 866-628-5999  esc@npec.org

SAT, ACT, PSAT Preparation -Testing and preparation classes (CYS) SKIESUnlimited: 569-7732
- Youth Plex, Bldg 195, Chaffee Rd., Ft. Bliss, 568-1132; blis.yess@conus.army.mil

University of Texas at El Paso (UTEP)  www.utep.edu

UTEP Disabled Student Services www.studentaffairs.utep.edu
500 W. University SUB Room 106, El Paso, Texas 79968 (915) 747-5148  POC: hflores@utep.edu

Transition/Adjustment

El Paso Independent School District-Transition Services–Each school has a Transition Specialist/Job Coach
6531 Boeing Drive, El Paso, TX 79925-1086 (915) 775-2120  Education Center: (915) 881-2700

Fort Bliss Parent to Parent Program (915) 525-0096 Blissparent2parent@yahoo.com
-Local MCEC: Help children transition from one school to another & from a lower level to a higher level

Military Student.ORG DoD official resource site www.militarystudent.dod.mil or www.militarystudent.org
-Transition Toolkits: The Department of Defense prepared these toolkits to help parents, installation commanders, and school leaders make the education transition for military children as smooth as possible.
- Sesame Street Talk, Listen, Connect: Bilingual kits: help military families/their young children cope with feelings/challenges/concerns experienced during: pre-deployment, deployment and homecoming.
- Special Gift of SAT Software for Military Students: Thanks to Professional football players generous donation: military families can obtain an SAT or ACT test prep software program worth $199.

Promising Practices: Opportunity for state govt/local school districts to share programs/procedures/practices designed to make school transitions more efficient/more effective/less traumatic for military children.

Military Child Education Coalition (MCEC) nonprofit 501(c)(3) organization http://www.militarychild.org
909 Mountain Lion Circle (P. O. Box 2519) Harker Heights, TX 76548-2519 Ph: (254) 953-1923
-Promotes partnerships/networking of military installations & their supporting school districts. Focus: address transition/educational issues related to military-connected child, for active duty, National Guard, & Reserves.
-MCEC seeks to include: military installations/supporting schools/concerned organizations/caring individuals.
-Workshops/books/materials to help children develop/adjust to military life – also grieving a loss/injured parent.

Youth Education Support Services Bldg 2494, Ricker Rd (915) 568-1132
-The Army Youth Sponsorship Program (Ft Bliss) Youth Plex, Bldg 195, Chaffee Rd
- Program created by and for youth to make transitions a little bit easier. Join at: www.blissmwr.com/yess/
School Districts Websites

Anthony Independent School District http://www.anthonyisd.net/
Canutillo Independent School District http://www.canutilloisd.org/
Clint Independent School District www.clintweb.net
Fabens Independent School District http://www.fabensisd.net/
San Elizario Independent School District http://www.seisd.net/
Socorro Independent School District http://www.sisd.net/
Tornillo Independent School District http://www.tisd.us/
Ysleta Independent School District www.yisd.net
EPISD Gifted/Talented http://www.episd.org/_departments/AdvAcademicSvc/ (915) 881-2570
EPSID Magnet Schools www.episd.org Click on “Schools” then click on Magnet Schools Icon.

At-Risk Youth

Communities in Schools (Dropout Prevention) E-mail: cisnet@ciselpaso.org
1401 Pendale, Suite 300, El Paso, TX 79936 (915) 593-7317 Fax (915) 590-5451
- Dropout prevention program mission: champion connection of needed community resources with schools to help young people successfully learn, stay in school, and prepare for life.

Community Solutions of El Paso (Mentor Children of Prisoners) www.solutionsforelpaso.org solutions-forelpaso@juno.com 915-861-7733

911 N. Raynor, El Paso, Texas 79903, 564-7256 tovarm@elpasotexas.gov or Adrian.e.lopez@us.army.mil
YIP Coordinator Off. Susan D. Lara larasd@elpasotexas.gov (915) 564-7245

Juvenile Probation Department (Prevention and Intervention) 915-849-2500

National Youth Anti-Drug Campaign Educational info (800) 788-2800 (Email- nyac@theanti-drug.com)

Sierra Club (Outings— Inner City Youth Activities) 915-852-3011 www.TheAntiDrug.com/parentresources

Sierra Teen Health Resource Center (Pregnancy tests, prenatal intervention)
915-755-TEEN; 915-859-TEEN; 915-532-TEEN
Texas Youth Hotline 1-800-98-YOUTH (24/7) provides prevention services to youths, parents, siblings, & family members in need of caring voice & listening ear. Hotline counselors assist youth advocates (police, caseworkers, counselors and school officials) by locating state and local resources.

YWCA Project Redirection (Support Pregnant Parents/Parenting Teens) 915-533-2311 or 915-757-0306

**Childhood Developmental Services**

Avance msanchez@avance-elpaso.org  
616 N. Virginia Ste. D, El Paso, TX 79902, (915) 351-2419  
- Early childhood development, parenting, adult literacy, and healthy marriages  
- Funded by public and private grants, contributions, and the United Way

ECI Early Childhood Intervention (Developmental Services for Children) [www.elpasoeci.org](http://www.elpasoeci.org)  
-Birth to 3yo children with disabilities or delays, free counseling, education and support to military families  
4800 N. Lamar Blvd., Austin, Texas 78756; Local: (915) 534-4ECI (534-4324)  
jennifer.childfind@pdnchildrens.org

Head Start (Developmental Education) - ESC Region 19 Head Start [http://www.esc19hs.net/](http://www.esc19hs.net/)  
11670 Chito Samaniego, El Paso, Texas 79936; (915) 790-4600 or 790-4670; mgomez@esc19hs.net  
-Active Duty Military qualify for Head Start Preschool (4 year olds) regardless of income.


Military “Parents as Teachers” Program -Parent Educ: Teaching at home, curriculum, child development  
YWCA 1600 N. Brown, El Paso, TX 79902; 915-533-7528 x314

Student Online Achievement Resources (SOAR) [www.MilitaryImpactedSchoolsAssociation.org](http://www.MilitaryImpactedSchoolsAssociation.org)  
- Grades 3-12) State tests to see where they need to improve prior to moving to a new school or just to improve  
- Focus on math, reading and language arts.

UKEP University Kids of El Paso rtorres1620@yahoo.com  
11150 Montwood Dr # A, El Paso, 79936, Rose or Rosa 594-0202  
10080 Dyer ST, El Paso, TX 79924, (915) 757-2022  
Speech, Language and Hearing Service Providers Speech-Language Pathologist  
Age Groups: Infant, Toddler, Pre-Kindergarten, School
Family Members: Disabilities/Developmental/Medical Issues/Support Groups

**Advocacy, Incorporated** (El Paso Regional Office)  Eddie Rodriguez, Manager
300 E. Main Suite 205, El Paso, Texas 79901 (915) 542-0585 (Voice/TDD) Intake: (800) 948-1824
POC: Lulu Contreras mccontreras@advocacyinc.org
- Advocates for people with disabilities in the schools; advocating & supporting clients pertaining to emotional & mental health issues who may want to work; Protection & Advocacy of Individual rights as violation of Americans with Disabilities Act; The Fair Housing Act Amendments; People with developmental disabilities (limiting life activities as self-care, language, learning, mobility, self direction, independent living).

**American Cancer Society** 909 E. San Antonio, El Paso, TX 79901 (915) 544-4425

**Alzheimer’s Association** STAR Chapter Headquarters Web site: www.alz.org/txstar
4687 N. Mesa, Suite 200, El Paso, TX 79912, 915.544.1799 or 1-800-272-3900
Susana Vargas Susana.Vargas@alz.org Education & awareness: Alzheimer’s disease & dementia; Referrals to local resources, support groups, care consultations. Medic Alert & Safe Return program for those who wander.

**Bienvivir Senior Health Service** Web site: www.bienvivir.org
2300 McKinley, El Paso, TX 79930; (915) 562-3444; Hearing Impaired TDD/TTY 7726176
Services: Physician care, day health care, rehabilitation services, transportation, medications, personal care, and much more. Eligibility: 55 years or older, live in Bienvivir service area.

**Border AIDS Partnership** http://www.borderaids.org/
123 W. Mills, Suite 520, P.O. Box 272, El Paso, TX 79943, (915) 533-4020
-Fund HIV/AIDS education & prevention activities in El Paso, Texas, Southern New Mexico and Ciudad Juarez, Mexico; Provide.; Local HIV and AIDS service providers; Links to trusted HIV/AIDS education pages

**Cancer Support** (Patients, family, friends) Sierra Medical 747-2879; Del Sol Regional Oncology 595-9053

**Cancer Survivor Support** Group Chaplains’ Conference Room, First Floor, WBAMC (#1146.  569-2235)

**Candlelighters** (Cancer diagnosis for ages under 21)  Web site: www.candlelighterselp.org
1900 N. Oregon Suite 402, El Paso, TX 79902; (915) 544-2222 Fax (915) 544-6313
E-mail: candlelighters@elp.rr.com scottcan@elp.rr.com
Services: Help children & families deal with cancer trauma, emergency funds for medicine, travel; crisis, support groups, summer camp for kids with cancer and their siblings; food pantry; and more.

**ChAMPS** Family Support Groups Affiliated with ElPaso MHMR rcantu@epprovidergroup.org
Norma Olivas or Stephanie Hoderfield at 629-2665
- Meetings on Wednesdays at 8929 Viscount 2nd Floor (5:30 p.m. to 7:00 p.m.)
- Support group for families with children with Mental Health Disorders.

**Children’s Disabilities Information Coalition** (CDIC)- Community Parent Center Resource Center
1101 E. Schuster Ave., El Paso, TX 79902, (915) 217-2747 Fax (915) 496-0751 www.cdicelpaso.org
-Educational trainings as well as Information & support to parents of children with any disability ages 0-25
-Workshops on parenting a child with special needs, educational rights, ARD's, IEP's, IDEA 2004, NCLB
-One on one help: prepare for ARD meeting, understand child's records, communicate with school personnel
Club NICU (Neo-Natal Intensive Care Unit): Yoli at 592-7050. E-mail: info@cdicelpaso.org
**Support Group:** Meetings-every 1st & 3rd Wed each month at Del Sol Medical Center East 4th flr (7:30 p.m)
Community Placement Options (Employment/Residential- Individuals w/ Disabilities)  www.comop.org
2420 Geronimo Bldg. D, El Paso TX 79925  (915) 771-7764 Fax (915) 771-8018  venessa.valles@comop.org
-Develops residential and supported employment programs and services for our consumers; namely individuals with developmental disabilities. Residential service for individual with MR diagnosis/must be Medicaid eligible. All services must be referred through El Paso Mental Health Mental Retardation (MHMR) or the Department of Assistive and Rehabilitative Services (DARS).

Coping with Breast Cancer
Total Care: 601 Sunland Park, 577-6764; Del Sol Medical Center: 10460 Vista Del Sol, 629-3458, 544-4427

Department of Assistive and Rehabilitative Services
401 East Franklin Ave. Suite 240, 834-7004, M - F 8:00am - 5:00pm
- Vocational opportunities for individuals with disabilities and to help a person obtain or retain employment
- Persons with physical or mental disability. Contact office to schedule an appointment with a counselor.
-Information about vocational services also available at Dept of Disabled Student service (747-5148) at UTEP

Department of Defense Special Needs Parent Toolkit  www.militaryhomefront.dod.mil
-Contains comprehensive information and tools to assist military families with special needs children

El Paso Brain Injury Support Group- Meetings are held the second Tuesday of each month at 6:30 p.m.
Mentis Neuro Rehab, 1831 Murchison, Suite C El Paso, TX 79902
Contact: Nancy Peters 915-319-9553 E-mail: npeters@mentisneuro.com

El Paso Diabetes Assoc Support Groups: 915-532-6280, 577-6000, 859-7545, ext. 12 & ext. 55

El Paso Lighthouse for the Blind -Training and employment for legally blind
200 Washington St., 532-4495, M-F 8:00am - 4:30pm (Many of the referrals from Division for Blind Services)
Focus on the family: Support group for families, days and times for group vary; call to find out the specifics
Radio Reading Program: Volunteers record newspaper readings (Eng & Span)--listen to it on receivers

El Papalote (Daycare for Handicap Children) 915-544-8484 bea.vargas@pdnchildrens.org

Exceptional Family Member Program  http://www.blissmwr.com/efmp/
- EFMP is a mandatory enrollment program that works with other military and civilian agencies to provide comprehensive and coordinated medical, educational, housing, community support, and personnel services to military families with special needs members.
-For children or family members that have a medical condition that is chronic or constant – needing special medical treatment or program& EFMP (Respite Care) Examples: asthma, autism, allergies, speech delays, sickle-cell anemia, CP, MS, Cancer, depression, ADD/ADHD, hearing, down syndrome, etc…
-Soldiers on active duty are eligible to enroll in the program if they have a family member with a physical, emotional, developmental, or learning disability requiring specialized services. These needs are considered in the military assignment process. For further information please call (915) 568-1132.
-Support Group: Monthly support group meetings for military families
EFMP Coordinator 568-1343 or 568-7088 (Jessica Terrence Acker)

Hospice of El Paso  www.hospiceelpaso.org  POC: luiss@hospiceelpaso.org
1440 Miracle Way, El Paso 79925; 532-5699  M-F 8:00am - 5:00pm (Nurse/social worker on call 24 hrs/day)
-A call to request services can be made by family member, doctor, friend, or person who is terminally ill
-Agency will need to obtain a referral from the doctor to obtain services.
-Information will first be taken over the phone and then a home visit will be made to complete an assessment.
-Nurse will see patient once a week or depending on the need; Social Worker 2 times/month or as needed.
-Provides required medication/medical equipment depending on diagnosis; CNA’s provide hygiene needs.

**Bereavement Support Group:** family members can attend during patient’s illness and upon patient being deceased. Time of group depends on availability of family (Chaplin also available) Agency will follow-up with family up to 13 months after the loss.

**Visiting Nurses’ Assoc** (Circle of Hope Hospice) 2211 E Missouri, Ste 239, POC: Linda Rawland 543-6276

**Life After Loss:** Support group for people who have lost a loved one. Ste S-200; 545-6319 or 577-7870

**Prevent Blindness Texas** (Free Vision Screenings, Eye Glasses to qualified clients) 915-775-1200

**La Fe C.A.R.E. Center** (HIV/AIDS clinic) 1505 Mescalero Dr. El Paso, TX 79925 (915) 772-3366

**Miracle Kids Support Group** (for foster parents): Alejandra Melendez at 858-0298
Fridays at Child Crisis Center 2100 N. Stevens (9:00 a.m. - 11:00 a.m.) Daycare available children 0-12

**On-line military medical info:** Healthwise Knowledgebase [www.wbamic.amedd.army.mil](http://www.wbamic.amedd.army.mil)

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**Special Education Services and Assistance**

Schools provide services to all students who are identified as educationally disabled. If the Full Individual Evaluation shows that a student has one or more of the following conditions, he/she is eligible to receive special education services under the “Individuals with Disabilities Education Act” (IDEA). The following are the Eligibility Codes: Learning Disability, Autism, Auditory Impairment, Visual Impairment, Speech Impairment, Deaf-Blind, Multiple Disabilities, Traumatic Brain Injury, Mental Retardation, Emotional Disturbance, Other Health Impaired, Orthopedically Impaired, Non-Categorical Early Childhood

*If the Full Individual Evaluation shows that the student does not have at least one of these conditions, he/she is not eligible for special education under the IDEA. However, he/she may be eligible for services under Section 504 of the Rehabilitation Act, which is a general education statute. (Please hand carry copies of all previous evaluations, reports and assessment documentation).*

- Anthony ISD Special Education Department (915) 886-6570
- Canutillo ISD Special Education Department (915) 877-7449
- Clint ISD Special Education Department (915) 851-8383
- El Paso ISD Special Education Department (915) 775-2143
- Ysleta ISD Special Education Department (915) 434-0905
- Socorro ISD Special Education Department (915) 937-1800

**Paso Del Children’s Development Center** (Special Health Care Needs) [http://www.pdnchildrens.org/](http://www.pdnchildrens.org/)

1101 E. Schuster Ave., El Paso, Texas 79902, 915-544-8484

-Services to children with special needs and their families: child development center, early childhood intervention (ECI) program for infants through 3 years of age, community resources (info & referral services)
Community Resources Program Director, Gilda Gil-Lopez x.163: Gilda.lopez@pdnchildrens.org

**Ronald McDonald House** [http://www.rmhc.org/rmhc/index.html](http://www.rmhc.org/rmhc/index.html)

300 E. California Ave, El Paso, TX 79902, (915) 542-1522

-Provide a "home away from home" for families of seriously ill children receiving treatment at nearby hospitals.

**Social Security Administration** (SSI Disabled Children) 915-782-4600
**Southwest Chapter Autism Society of America (SWASA)** 915-772-9100
Support Group: first Tuesday of the month at Presbyterian Church on 1340 Murchison.

**Support Group for Families of Children with Down Syndrome** 590-5315
- First Saturday each month at 5304 El Paso Dr (2:00 - 3:00 p.m.)

**Susan G Komen for the Cure** (Breast Cancer resources) Helpline 1-877 GO KOMEN
El Paso Affiliate, 1700 Murchison, Suite 207, El Paso, TX 79902 [www.komenelpaso.org](http://www.komenelpaso.org)
Maria I. Sanchez (Outreach Manager) (915) 533-4433 [msanchez@elpasokomen.org](mailto:msanchez@elpasokomen.org)

**Texas Department of Assistive and Rehabilitative Services** [www.dars.state.tx.us](http://www.dars.state.tx.us)
- Programs assisting individuals with brain and spinal cord injuries
  1-800-628-5115; [DARS.Inquiries@dars.state.tx.us](mailto:DARS.Inquiries@dars.state.tx.us)  DARS Inquiries

**Texas Department of Assistive and Rehabilitative Services**
ECI Early Childhood Intervention (Developmental Services for Children) [www.elpasoeci.org](http://www.elpasoeci.org)
4800 N. Lamar Blvd., Austin, Texas 78756; (915) 534-4ECI (534-4324)
- Birth to 3yo children with disabilities or delays, free counseling, education and support to military families

**Texas Department of Human Services** (Dept. of Aging & Disabilities Serv-DADS) [www.dads.state.tx.us](http://www.dads.state.tx.us)
P.O.Box. 981017, El Paso, Texas 79998, 834-7575  POC: Thelma Diaz [thelma.diaz@dads.state.tx.us](mailto:thelma.diaz@dads.state.tx.us)

**Volar Care for Independent Living** (Employment Individuals w/ Disabilities) [www.volarcil.org](http://www.volarcil.org)
1220 Golden Key Cr., Ste: C, El Paso, TX 79925, 591-0800; 8929 Viscount Ste 101
**POC:** [lechew@volarcil.org](mailto:lechew@volarcil.org) or Maria Perez [mariap@volarcil.org](mailto:mariap@volarcil.org)

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**Health Education**

**City of El Paso: Dept of Public Health Website:** [www.elpasocitycountyhealth.com](http://www.elpasocitycountyhealth.com)
5115 El Paso Dr., El Paso, TX 79905 (administrative) (915) 771-5702 Fax (915) 771-5729
- Health education presentations: coordinate and participate in community events/health fairs.
- Worth the Wait: sexuality education presentations (915) 771-5889
  - Health Centers-Immunization Program – immunizations for children and adults (915) 771-5740
  - VFC/Immunization Support – Coordinate Vaccines for Children Program (915) 778-2072
  - "2-1-1" - Texas Information & Referrals - Free helpline 24 hours a day, Dial: 211 (7 days a week)
Labotatory - Potable water testing & lab test for public health programs (915) 546-3536
STD Clinic, 5115 El Paso Dr. - Testing, diagnosis & treatment (915) 771-1200
Tuberculosis (TB) Clinic, 5115 El Paso Dr. - Testing, diagnosis & treatment (915) 771-1230
WIC (Women, Infants and Children) Program - Nutrition education & (915) 771-5870
Supplement food for pregnant & breastfeeding women, infants & children from 1-5 years of age.

**Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury (DCoE)**
DCoE assesses, validates, oversees and facilitates prevention, resilience, identification, treatment, outreach, rehabilitation, and reintegration programs for psychological health (PH) and traumatic brain injury (TBI) to ensure the Department of Defense meets the needs of the nation's military communities, warriors and families.

**DCoE (Component Centers)**
CDP - Center For Deployment Psychology [http://www.deploymentpsych.org/](http://www.deploymentpsych.org/)
CSTS - Center For The Study Of Traumatic Stress [http://www.centerforthestudyoftraumaticstress.org/](http://www.centerforthestudyoftraumaticstress.org/)
T2 - National Center for Telehealth and Technology [http://www.t2health.org/](http://www.t2health.org/)

**DHCC:** official site with extensive up to date info on PDHA and PDHRA and other health relate issues.

**Force Health Protection & Readiness Policy & Programs- official site**


**Visiting Nurse Association of El Paso**  vnavolunteer@yahoo.com  543-6240, 532-0888
4171 N. Mesa, Building D, Suite 500.  Healthcare and hospice volunteers, community health education
CRISIS/COUNSELING

Hotlines 24/7 Report Lines

Report Spouse and Child Abuse
Ft Bliss Military Police: 568-2115/2116 or 568-1236/1237
Ft Bliss Social Work Services: 569-2800/2858
Child Crisis Center/Family Resource Center of El Paso: 562-7955/562-4673
El Paso Center Family Violence: 593-7300

ACS Family Advocacy Program Victim Advocates (915) 568-4878/7088

ACS Family Advocacy (915) 588-5870 (restricted or unrestricted)

Adult Abuse Hotline (Disabled 18 and over & Elderly 65 and over) 1-800-252-5400 or txabusehotline.com to report abuse, neglect or exploitation

Crime Victims Assistance (Financial - Victims of Violent Crimes) 915-834-5815 or 915-546-2191

Domestic Violence (915) 241-1055

El Paso First Health Plans, Inc. www.epfirst.com
Behavioral Health Crisis Line 915-351-1264
Toll free number: 1-866-944-6467 (MHMR)

El Paso Mental Health Mental Retardation (MHMR) Crisis Hotline 915-633-0500

S.T.A.R.S. (Sexual Trauma & Assault Response Services) www.stars-elpaso.org
Crisis Line 24 hour-7 days a week, confidential (915) 799-1800
710 N. Campbell, 533-7700, 8:00am - 5:00pm M - Th and F 8:00am - 12:00pm
Crisis intervention, outreach and follow-up services to victims of sexual violence--Free of charge
Short term individual supportive therapy counseling for victims and their families; Provide support through legal process; Bilingual therapists Available. Calls are screened, information is gathered, case is reviewed, and case is then assigned to a counselor POC: Ari Medina stars2arim@yahoo.com

Suicide Prevention Hotline 1-800-273-TALK

Sexual Assault Prevention & Response 24-hour confidential contact line: 915-490-3896

Texas Runaway Hotline 1-888-580-4357

Texas Youth Hotline 1-800-98 YOUTH


West Texas Regional Poison Center 1-800-222-1222 Poison Emergencies
(24Hrs/7Days Bilingual English/Spanish)
Legal Assistance

County Court of El Paso #1, Mental Health Court
500 E. San Antonio #802 El Paso, TX 79901-2497 (915) 546-2011
Cesar Prieto Program Director/Administrator cprieto@epcounty.com

Diocesan Migrant and Refugee Services www.dmrs-ep.org
2400 E. Yandell, El Paso, Texas 79902, 532-3975
Alma Ramirez aramirez@dmrs-ep.org
-Full-service immigration legal aid clinic serving low-income immigrants and refugees.

Dismas Charities www.dismas.com Hector Zamora hzamora@dismas.com
7011 Alameda, El Paso, Texas 79915; 494-8619
-The mission of Dismas is to provide quality, cost-effective community-based supervision and treatment services to individuals within the criminal justice system.

El Paso County Juvenile Probation Dept. and Detention Facility www.co.el-paso.tx.us
6400 Delta, El Paso, TX 79905-5408; (915) 849-2570; 849-2500 x. 2510 POC: Teresa Woodruff 849-2572

El Paso County Probate Court #2 www.epcounty.com
500 E. San Antonio, El Paso, Texas 79901, 546-8183
Donna Cude-Islas Dc1l@aol.com

El Paso County Public Defender’s Office www.epcounty.com Bridgette Silva bsilval@epcounty.com
500 E. San Antonio, Room 401, El Paso, Texas 79901, 546-8185

State Bar of Texas- Guide to Guardianship in Texas www.courts.state.tx.us/gcb or www.guardianship.org

Texas Rio Grande Legal Aid (Legal Aid Low to No Cost --Only civil cases)
1331 Texas Ave.; 915-585-5100 M-F 8:00am - 12:00pm and 1:00pm - 5:00pm
Person needs to call the toll free number first (Qualifying person will be assigned attorney)
Toll free #: 1-888-988-9996 (times vary depending on the season of the year)
In person appointments only for foreclosures, hearings, lockouts and evictions

Children’s Rights/Abuse Reporting

Advocacy Center for Children (El Paso) http://advocacycenterep.org/
1100 E. Cliff Dr., Bldg D, El Paso, TX 79902-4625; (915) 545-5400 s_oliva@juno.com
- Help child victims of severe physical and sexual abuse and their non-offending family members.
Provides child friendly environment, immediate crisis counseling, medical and long-term counseling referral services and transportation free of charge

Advocacy Incorporated (El Paso Regional Office) Eddie Rodriguez, Manager
300 E. Main Suite 205, El Paso, Texas 79901; (915) 542-0585 (Voice/TDD) Intake: (800) 948-1824

Center Against Family Violence (CAFV) www.cafv.org
580 Giles, El Paso, TX, 595-2238 24-hour Crisis Hotline: 593-7300 (for domestic violence)
M-F 8:00 am - 5:00pm Call for an intake appointment Bilingual therapists available
-Refuge, counseling, advocacy, support groups and individual therapy for survivors of domestic violence,
community awareness/education on issues of family violence (intervention and prevention program for batterers); Parenting classes, teen programs
- Advocacy, Immigration advocacy, Legal advocacy, Texas Crime Victims’ Compensation, Court accompaniment, Divorce/child support, Safety planning, Little School Children’s Program, Therapy, Support groups, Referrals, Protective Order, Ritzy Rags Resale Store (Fees: All victim services are free of charge)
- Emergency Shelter for Battered Women– 24-hour HOTLINE: (915) 593-7300, 1-800-727-0511 (outside area)
POC: Stephanie Karr skarr@cafv.org (915) 593-1000 ext. 403
- For Batterers Intervention Program, 3800 N. Piedras, Ste. C, 562-0077

2116 N. Stevens, El Paso, TX 79930; (915) 562-4765 (24-hour hotline) Fax (915) 850-0511
E-mail: Patricia Rivas PRivas@EPCCINC.ORG
- 24 hour Runaway shelter for ages 13-17 & Therapeutic Foster Care (T.F.C.) for level 4 children
- Immediate crisis interventions; emergency shelter; group, individual and family counseling; Safe Place Program; outreach/presentations; life skills for families & youth (anger management, parenting classes).
- Eligibility: Ages 7-17 for Services to At-Risk (STAR) Program; ages 10-17 for emergency shelter
E-mail: Sandy Rioux SRioux@epccinc.org

Healthy Opportunities for Marriage Enrichment Program: parenting and marriage classes

Center for Children-Transitional Living Program for Homeless Teen Mothers (See Other Resources)
2200 N. Stevens St., C-3 & C-4, El Paso, TX 79930 M-Th 8:30am - 5:30pm and F 8:30am - 5pm
Contact: Jeanne Hosch or Regina Bautista (915) 565-8361 or 915-562-7423
- Services: 18-month residential program that provides a comprehensive array of services aimed at developing both skill and personal characteristics necessary to enable young women to raise healthy, well-adjusted children. Eligibility: Teen mothers between the ages of 17-21 and their children. Must be in a homeless situation; be willing to work on setting goals for independence; cannot be an active alcohol or drug abuser; and cannot currently be on probation.

Child Welfare Board (915) 546-2136 E-mail: BHUML@epcounty.com

El Paso Adoption Services, Inc. 905 Noble St, El Paso, Texas 79902, (915) 542-1086

El Paso Child Crisis Center (Emergency Shelter/Parenting/Visitation) 915-562-7955

El Paso Federation of Families POC: Angeline Martinez (anmartinez@epcounty.com)
5304 El Paso Drive, El Paso, TX 79901, (915) 771-7363
- Non-profit org collaborating with schools, communities, private & governmental agencies and other advocacy organizations to provide, advocate, and educate families with needed emotional and informational support about their rights and the array of accessible high quality, family centered services available.

El Paso Police Department Crimes Against Children/Youth Initiative Program www.eppd.org
9600 Dyer, El Paso, TX 79924, 915-298-9600 (Info listed elsewhere)

El Paso Project Linus 585-1492 Non-profit donates handmade blankets to children in crisis.

Lee & Beulah Moor Children’s Home (Foster Care) 915-544-8777
POC: Rowena Dipasupil rpdipasupil@leemoor.org ext. 232
1100 Cliff Drive, El Paso, Texas 79902
Lutheran Social Services (Foster Care)  [www.lsss.org/netcommunity](http://www.lsss.org/netcommunity)  915-598-5410
5959 Gateway West, El Paso, Texas 79925
POC: Merlyn Estrada  mestrada@lsss.org

Texas Department of Family and Protective Services: TDFPS (Health and Human Services Commission)
1) Child Protective Services (CPS)  [www.dfps.state.tx.us](http://www.dfps.state.tx.us)
119 N. Stanton, El Paso, TX 79901; (915) 542-4535 or (800) 252-5400
-To protect children 0-17 years of age from abuse or neglect. To include needed services to children and families via referrals and contract. Elizabeth Muller 521-3875  elizabeth.muller@dfps.state.tx.us
2) Adult Protective Services (915) 834-5743, 834-5767  Felix.Cabrera@dfps.state.tx.us
401 East Franklin Street, Suite 350, El Paso, TX 79902

A World for Children Website: [www.awfc.org](http://www.awfc.org) E-mail: gallardoa@awfc.org
1760 Airway Blvd., Suite 102, El Paso, TX 79925; (915) 781-3330 Fax (915) 781-3332
Services: Foster care & adoption services to children in El Paso (physically, emotionally abuse and neglected).

Social Services/Hospitals/Rehabilitation (Not listed elsewhere)

Action Care Rehab: Center For Health Psychology PC  [www.actioncarerehab.com](http://www.actioncarerehab.com)
10420 Montwood Dr Ste D, El Paso, TX 79935-2752, (915) 598-6616;  contact@actioncarekids.com
- Dwayne D. Marrott, Phd PC
- If secondary insurance is Medicaid, services are provided to military.

Center for Advancement of Human Behavior LPC (See Providers: Family Services of El Paso)
6090 Surety Dr Ste 200, El Paso, TX 79905-2061, (915) 781-1337

El Paso Health and Rehabilitative Center  [http://elpasohealthandrehab.com](http://elpasohealthandrehab.com)  elpaso.bds@ltcmail.com
11525 Vista Del Sol, El Paso, Texas 79936, 855-3636 POC: Olga Lujan (915) 309-2994
- Services include 24 hour nursing care, physical, speech and occupational therapies, specialized dietary services, recreational activities, pharmaceutical services, salon services, transportation, and much more!

Highlands Regional Rehabilitation Hospital  [www.highlandsrehab.com](http://www.highlandsrehab.com)
POC: Victor Carrillo vcarrillo@highlandsrehab.com
1395 George Dieter, El Paso, Texas 79936, 298-7243

William Beaumont Army Medical Center Hospital, 5005 N. Piedras, Bldg 7777, El Paso, Texas 79920, (915) 569-1958 POC: Tony Tate  tonytate@amedd.army.mil
Health Clinics/Pharmacy/Prescription Discounts

Sierra Providence Health Network (TRICARE Provider) [www.sphn.com](http://www.sphn.com)
- Providence Memorial Hospital & The Children’s Hospital, 2001 N. Oregon, 915-577-6011
  POC: Gloria Pina (915) 577-8837 [Gloria.pina@tenethealth.com](mailto:Gloria.pina@tenethealth.com)
- Sierra Medical Center, 1625 Medical Center Drive, El Paso, TX 79902, (915) 577-4000
- Sierra Providence East Medical Center, 3280 Joe Battle Blvd, El Paso, TX 79938, (915) 832-2000
- SPHN supports Fort Bliss and commits to working to ensure the well-being of Soldiers and their families.

Texas Tech [www.ttuhsc.edu/elpaso](http://www.ttuhsc.edu/elpaso)
4800 Alberta, (behind Thomason Hospital) El Paso, Texas 79905
1) Neurology and Psychiatry (915) 545-6466 Lourdes Martinez [lourdes.martinez@ttuhsc.edu](mailto:lourdes.martinez@ttuhsc.edu)
2) Clinic (915) 545-6580; M-F 8:00am - 5:00pm
   Includes: Internal medicine, neurology, ob/gyn, pediatrics, breast care, psychiatry, neurosurgery
   A referral from your primary doctor is needed to obtain services
3) Texas Tech Pharmacy 545-6500; M-F 8:00am - 7:00pm Apply in person
   Discount Program: person qualifies only if they received services from Texas Tech for the past five years
4) Children's Miracle Network (915) 545-7599
5) Family Practice Center 9849 Kenworthy, El Paso, TX 79924, Phone: 915/757-3178 ext. 275
   Director of Behavioral Medicine, Mara V. Rubio, LCSW, LMFT, BCD [Mara.rubio@ttuhsc.edu](mailto:Mara.rubio@ttuhsc.edu)

Thomason Patient Financial Services (For medication discount)
4824 Alberta (Annex Bldg.) 521-7900 M - F 8:00am – 5:00pm
- Discounts for medications that are prescribed from Texas Tech or Thomason
- Documents needed: Proof of address, current check stubs, ID, verification of tax return, social security card and minors’ social security card

University Medical Center (Formerly Thomason General Hospital) [malthoff-olivas@umcelpaso.org](mailto:malthoff-olivas@umcelpaso.org)
4815 Alameda Ave, El Paso, TX 79905 (915) 544-1200 [www.umcelpaso.org](http://www.umcelpaso.org)
Scheduling/Register: 521-2255 (M-F, 7 a.m. to 6 p.m.) - Social Workers: 521-7930
- UMC of El Paso Outpatient Clinics: Offer comprehensive primary care services to the medically underserved
- Provide transitional care services to those who require continuity of care. Hospital bound patients.
- Fabens Clinic 101 Potasio, (915) 521-2270
- Ysleta Clinic 300 S. Zaragosa, (915) 860-8820
- UMC at Montwood, 12135 Montwood, Suite 115, (915) 521-2258
- Outpatient Services: General Health, Laboratory, Pediatric, Family Practice, Internal Medicine, Physicals for school/employment/insurance, Prenatal, Immunizations, TH Steps, Pregnancy test/counseling, family planning
- Educational Services: Child birth preparation (Lamaze), Parenting, Diabetes/glucose monitor, Asthma

**Low cost/free medical**

Children’s Miracle Network (Medical and Social Referrals) 24/7 Hotline: 915-532-KIDS (See Texas Tech)
- Toll-free 1-877-532-KIDS (Children: birth to 21 yrs.). 24/7 FREE & Confidential (Eng & Spanish): Answers simplest to the most complex medical/social/behavioral questions along with referrals for emergency services.
- Ronald McDonald Care Mobile (Children: birth to 18 yrs): “Pediatric home-on-wheels” serves El Paso community living in the Socorro Independent School District, from vaccinations to health screenings.

Kool Smiles- Dentistry for Kids accepts TRICARE, 6065 Montana Ave, 915-613-5846 [asanchez@dpmsco.com](mailto:asanchez@dpmsco.com)
El Paso First Health Plans Inc.  www.epfirst.com
2501 North Mesa, El Paso, TX 79902, (915) 532-3778 1-877-532-3778 (from outside El Paso)
Jim Voiland MBA, MSN, RN, LP (Dir of Health Services) 915-298-7198 ext. 1111 jvoiland@epfirst.com

-CHIP Perinatal Program Provides perinatal care for expecting moms who do not qualify for Medicaid or CHIP
-CHIP Children's Health Insurance Plan for children ages 0-18
-Premier Plan STAR Medicaid Program for children who fall into certain income guidelines and adults who qualify for SSI Supplemental Security Income
-HealthCARE Options, a targeted benefit plan designed primarily for the indigent adult population

Pro Action (Low Cost Vaccinations) 915-532-2771

WIC Women Infant and Children-Numerous means of support for children 0-5yo, income only counts base pay & BAS, NOT BAH, also based on nutritional need, breast pumps now available.
51 Slater Rd., Ft. Bliss  915-771-5870 & 771-5850

Drug Awareness/Substance Abuse

Alcoholics Anonymous Recovery Support Group Hours: 24 hrs a day/7 days a week  www.aaelpaso.org
3318 Douglas, El Paso, TX 79903 (915) 562-4081 aaelpaso@sbcglobal.net

Al-Anon (for families of alcoholics and/or Ala-Teen for teens of alcoholics) (915) 562-4083
-Various meeting locations around the city millietall0065@att.net
(For groups in Spanish) Alcolicos Anonimos 351-1141 Al-Anon 778-3686

Aliviane - Administration POC: Dante Jimenez, BHC Director djimenez@aliviane.org
1111 Baranca, Suite 800, El Paso, TX 79936
(915) 782-4000 Fax (915) 782-4040
- Behavioral Health Services/drug treatment/Intervention/prevention/counseling. Available for all age groups.
- Aliviane-Men’s Facility
10690 Socorro Rd., 858-6208, M-Th 8:00am - 12:00pm for admission
Sliding fee scale and insurance; Bilingual therapists available
Residential Program: open 24 hours a day for Ages 18 and over
Individual and group therapy for drug/alcohol issues and dual diagnosis. Individual, group and family therapy
and intense case management. No longer medical detox; only 35 day inpatient treatment
OSAR (Outreach Screening, Assessment and Referral Program – 521-7818): mandated by state (substance
abuse screenings & referrals (To receive services: must be referred by OSAR, court ordered or court mandated)
- Aliviane Women and Children Treatment Program
7722 North Loop, Suite El Paso, Texas 79915 (915) 782-4014 M-F 8:00 - 5:00pm (for an assessment)
- Aliviane Inc.-Behavioral Health Clinic (BHC)  (915) 782-4023 Office
Intake: Ricki Estrada
Sliding fee scale, medicaid and insurances Bilingual therapists available
Residential Program -Open 24 hours a day Inpatient average stay: 30 to 90 days
Individual and group therapy for drug/alcohol issues and dual diagnosis. Individual, group and family therapy
and intense case management. Accept children with their mother, however the limit is 3 children, ages 12 and
under. Child therapist available for the children

-PPW (Pregnant Postpartum Women): This program provides case management, GED, computer classes and
job preparation. The program follows the patient for 6 months within the community.
Casa Vida de Salud 6000 Welch #7, El Paso, TX 79905; (915) 775-0505 Fax (915) 850-0283
E-mail: Rosa Jennings rjennings@recoveryalliance.net  Web site: www.recoveryalliance.net
- Residential 30 day peer recovery services (drug & alcohol problems) for adults only and/or nonresidential once a week relapse/recovery/life skills sessions.

Fort Bliss Army Substance Abuse Program 915-568-1033

Narcotics Anonymous 566-6060 List of meetings: 915-269-0506
-Various Locations throughout the city. Call for times, days, and locations.

New Beginnings Outpatient Services cuquilady@aol.com
6044 Gateway East Suite 610; 771-0990; M-F  9:00am - 7:30pm & Sat  9:00am - 2:00pm
Accept: Medicaid, insurances and sliding scale based on income (usually $35/session)
Individual and family therapy for substance abuse issues; Bilingual therapists available

OSAR – University Medical Center Trauma Dept: Drug Treatment, Therapy 915-521-7818 or  866-373-1253

Texas National Guard Counter Drug Program (Children & Adults)
(El Paso Police Dept Representative: Adrian Lopez 915-298-9620)

Trinity Detox Behavioral Health Center (Non-profit) Charles Garcia cgarcia@homewardboundinc.org
POC: Albert Pena or Angie Medrano amedrano@homewardboundinc.org
M-F  9:00am - 5:00pm (Assessments on a walk-in basis) AA and NA groups offered throughout the week
-Inpatient and outpatient services for drug and alcohol issues: Individual, family and group therapy daily
-Crisis Residential Unit: 8716 Independence, El Paso Texas 79907, (915) 772-9111 or 858-6100
-Outpatient office: Homewardbound, 6000 Welch Suite A-2, El Paso Texas 79905, 915 772-4700

University Behavioral Health (UBH) Formerly NCED Mental Health Center Substance Abuse Services
1900 Denver Avenue, El Paso TX 79902, (915) 544-4000 ext. 2414; Hotline: (800) 967-3411
Primary Focus: (49 Bed facility) Mental health and substance abuse services Also See Mental Health Services Provided: Substance abuse treatment, Detoxification
Type of Care: Hospital inpatient, Outpatient, Partial hospitalization/day treatment
Special Programs/Groups: Adolescents, Persons with co-occurring mental and substance abuse disorders, Persons with HIV/AIDS, Seniors/older adults, Criminal justice clients
Payment Accepted: Self payment, Medicaid, Medicare, Private health insurance
Payment Assistance: Sliding fee scale based on income and other factors
Special Language Services: ASL or other assistance for hearing impaired, Spanish

West TX Community Supervision & Corrections Dept. http://www.co.el-paso.tx.us/wtc/office.htm
- Resource lists for: Court Residential Treatment Center, Residential Substance Abuse Treatment

Behavioral Health

Alternatives Center for Behavioral Health (Mental Health)
5001 Alabama, El Paso, TX 79930, (915) 565-4800 Fax (915) 565-3163; M-F  8:00am - 5:00pm
E-mail: admin@alternativescentre.com Assessments scheduled by phone or in person
-Adult and adolescent partial hospital programs (depression, anxiety, PTSD, substance abuse, Bipolar
Disorder); adult & adolescent outpatient groups; individual and family therapy program; increase adolescent knowledge of various coping and refusal skills, increase awareness of the consequences of drug and alcohol abuse; provide necessary tools to make informed decisions. “Alternatives for Youth” provides therapeutic groups and education on decision-making skills, anger management and alcohol/drug awareness. Accept: Medicaid and insurances

**Centro San Vicente Homeless Medical Clinic and Counseling Center** [www.sanvicente.org](http://www.sanvicente.org)
1208 Myrtle Avenue, El Paso, TX 79901; Susan Osborn – (915) 351-8972 [csv@csv.tachc.org](mailto:csv@csv.tachc.org)
- Provides community based primary healthcare, dental services, social services, and health education.
Health Clinic: (915) 859-7545 (Also See Opportunity Center-Shelter)

**Depression and Bipolar Support Alliance (DBSA) El Paso** [http://www.dbsalliance.org](http://www.dbsalliance.org) [www.dbsatexas.org](http://www.dbsatexas.org)

**El Paso Community Mental Health Mental Retardation (MHMR) [www.epmhm.org](http://www.epmhm.org)**
24 Hour Crisis Line 779-1800 For crisis: open 24 hours a day
1600 Montana St., El Paso, TX 79902
915-887-3410 (Central administration office and customer relations number); 1-877-562-6467
- **Rene Hurtado, Chief External Affairs Officer:** [rhurtado@ephmhr.org](mailto:rhurtado@ephmhr.org)
- **Selene Quintana, Chief Administrative Officer:** [squintana@ephmhr.org](mailto:squintana@ephmhr.org)
- Diagnose/evaluate those with suspected mental health problems seeking residential and rehabilitation services.
- Outpatient Clinics in various areas of the city (8am - 5pm)
- Accept: TRICARE, Sliding scale, medicaid, medicare & most insurance (Initial screenings are free of charge)
- Services depend on diagnosis and state mandates, Therapy groups are provided as needed.
- Medication monitoring and case management is offered if person qualifies for services. Person is screened and evaluated and it is determined if they are sent to EPPC or PEAK (in Santa Teresa, NM)
- Intake (Montana); Central Out-Patient (Yandell); East Valley Out-Patient (Zaragoza); North East Out-Patient (Diana); ChAMPS (Boeing)

**El Paso Federation of Families** POC: Angelique Martinez ([anmartinez@epcounty.com](mailto:anmartinez@epcounty.com)) Listed elsewhere
5304 El Paso Drive, El Paso, TX 79905; (915) 771-7363

**El Paso Psychiatric Center (EPPC)** 915-532-2202 [elpaso.nami@dshs.state.tx.us](mailto:elpaso.nami@dshs.state.tx.us) Open 24 hrs a day
NAMI El Paso (National Alliance of Mental Illness) (Inside EPPC) Hector Morales, President
4615 Alameda Avenue, Rm. 1157, El Paso, Texas 79905, (915) 534-5476 or (915) 534-5478
M, W & F. 12:00pm - 3:00pm Tu & Thu 10:00am - 1:00pm
- Inpatient treatment for adults and children (First assessed at El Paso Mental Health Mental Retardation)
- NAMI El Paso’s membership includes: family members, loved ones/caregivers of those with brain disorders, consumers diagnosed with a mental illness, community professionals, and all who share NAMI's mission.
- Provide education for the family members of those who are mentally ill; Groups in English and Spanish
- A Lending Library provides educational videos and books to the family members
Accept: Medicaid and Medicare

**La Familia del Paso** (Meeting place: activities/programs for consumers with mental health issues)
1511 E. Yandell, 532-9434

**La Fe, Inc Centro de Salud Familiar-Children's Health Insurance Program (CHIP)**
1225 E Yandell Dr, El Paso, TX 79902, (915) 351-6466, 1-877-541-7905
La Fe (Health Center) Centro de Salud Familiar [www.lafe-ep.org](http://www.lafe-ep.org)
La Fe 545-7059; 915-534-7979 or 545-4550 M-F 8:00am - 5:00pm
Adult clinic: 700 S. Ochoa El Paso, Texas 79901; Pediatric clinic: 721 S. Ochoa
-General medical services, prenatal, WIC, dental services, pediatrics and immunizations. Discounts on dental & medical services if lives within specified zip code. Documents: proof of residence, check stub or income tax, ID, Medicare, Medicaid or insurance card. Recommend person become member, but no one refused services.
POC: maria.carrillo@lafe-ep.org
Technology Department (545-7190): Computer classes/graphics, GED, citizenship, guitar and many more

Peak Psychiatric Hospital Open for Crisis 24 hours a day [Diana.dillard@psysolutions.com](mailto:Diana.dillard@psysolutions.com)
5045 McNutt Road, Santa Teresa, NM - (575) 589-3000 Toll-free: 888-599-9808
5065 McNutt Road; El Paso, TX (915) 542-1515 Phone (Texas only): 888-545-4118
-Blue Cross/Blue Shield, Medicare, Medicaid, CHAMPUS/TriCare and other insurance carriers
-Texas Medicaid up to age 21 (psychiatric services), New Mexico insurance and some Texas insurances
-Inpatient services for children (as early as age 5), adolescents and adults; Individual, family and group therapy
-Mental health services and detox; Residential treatment for children and adolescents (pre-authorization needed)
- SAY (Sexually Aggressive Youth) Unit: youth need to be court ordered (Partial and intensive psychiatric and substance abuse treatment. Outpatient treatment: 18 and over. Free Evaluation: By Appt but Walk-ins accepted

Southern New Mexico Human Development, Inc. [http://www.snmhd.org](http://www.snmhd.org)
820 HWY 478 Anthony, New Mexico, 88021 24 hr/Crisis (575) 882-5101 or (575) 589-1147
Crystal Heredia-Sanchez [heredia@snmhd.org](mailto:heredia@snmhd.org)
-Counseling/outreach: Ages 6 yrs and older: Outpatient Counseling/Services, Crisis Intervention, Counseling: Family, Support Group, Sexual Assault, Intensive Home-Based; Alcohol & Substance Abuse Outpatient Services: Individual, group, family therapy, Crisis Intervention, Testing and Evaluations, Emergency Services, Referral Services; Assessment and Screening, Stabilization and Counseling, Follow-up Services

Sun City Behavioral Health Care [www.suncitybehavioral.org](http://www.suncitybehavioral.org)
616 N. Virginia Ste B, El Paso TX, 79902, (915) 351-4680; POC: Mike Anslinger [manslinger@epmhmr.org](mailto:manslinger@epmhmr.org)

Texas Tech Department of Neuropsychiatry and Behavioral Sciences (See Health Clinic)
4615 Alameda (within EPPC), 545-6830; M-F 8:00am - 5:00pm
- Psychiatric evaluations and medication monitoring; Samples of medications sometimes provided
- Intake done by phone, not a walk in clinic; appointment is set up if criteria is met
Administrator: Albert Campos [albert.campos@ttuhsc.edu](mailto:albert.campos@ttuhsc.edu)

University Behavioral Health of El Paso UBH Not affiliated with any El Paso university [www.ubhelpaso.com](http://www.ubhelpaso.com)
-Inpatient and Outpatient Mental Health Services (See Also Substance Abuse)
POC: Mike Roser [mike.roser@ubhelpaso.com](mailto:mike.roser@ubhelpaso.com)
1900 Denver, El Paso, TX 79902, 915-544-4000 Toll Free: 1(800)-967-3411
-Trauma Specialist: Daniel L. Dagle, LPC. (915) 549-9010

**Neuro Rehabilitation (ex. Traumatic Brain Injury)**

Mentis Neuro Rehabilitation Center [www.mentisneuro.com](http://www.mentisneuro.com)
1831 Murchison Drive, El Paso, TX 79902-2917, (915) 351-4441
-Mentis provides the highest level of post acute neuro-rehabilitation to persons who have sustained an acquired brain injury or who are significantly challenged by neurological conditions that restrict mobility, social interaction, communication, employability and re-entry into their homes & communities.
General Counseling

Fort Bliss Family Advocacy Program  Bldg 2494 Ricker Rd. Ft. Bliss  915-568-4878
-Spouse and child abuse, New Parent Education, Child Health and Safety Issues, Life Skills Classes (stress management, dating violence), Family & Individual counseling

Military and Family Life Consultants (Active, NG, & Reserves, family members & DA Civilians)
-FREE confidential (No records) Counseling support/assistance, after-hours/weekend appt available
-Call 915-490-3868 (off post appts), 915-525-4330 (on-post), 525-4449 or 238-2787

Child Counseling

Center for Children – El Paso See Also Child Rights
-Family support programs and the specialized services needed to care for runaway and homeless youth and their families, homeless teen mothers and their children, and emotionally disturbed youth and their families
2200 N. Stevens St., El Paso, TX 79930; (915) 565-8361; info@epccinc.org

Children's Grief Center of El Paso  www.cgcelpaso.org       POC: Laura Olague  laura@cgcelpaso.org
-Centre Bldg., 123 West Mills Suite 650 (next to old Plaza Theatre), El Paso, TX 79901
(915) 532-6004 Fax (915) 532-6061 M - F 9:00 am - 5:00pm
-11625 Pellicano Dr # B, El Paso, TX 79936-6242, (915) 532-6004
-Provide grief counseling and support groups for all ages that have lost a loved one.
-Children ages 5 to 21. While children are in the group, parents also go to a support group.
-Groups meet twice a month on Thursdays 6pm to 8pm (in Spanish and English)
-Must call to schedule an interview for family members involved (Interview cost $35; Group session $20/family)
-Workshops provided for the community on helping grieving children heal.
-TRIAD Resources: They are having a military specific day called "Operation Mend a Heart" Oct 10, 2009 (For family members- lost a loved one to war, accident, or illness)

El Paso Child Guidance Center
-**TRIAD Resources POC: Sue Jacobson  epcgcenter@aol.com
2701 E Yandell Dr, El Paso TX 79901 (915) 562-1999 Yandell Office: M-Th 8:00am - 7:00pm
9001 Cashew Suite 300, El Paso, TX 79907 (915) 860-2644 Zaragosa Office: W and Th - 9:00am - 7:00pm
-To provide mental health services for military personnel and their families.
-Provide individual, marital and family counseling services, specializing in children and adolescents with behavioral and emotional problems and victims of sexual abuse.
-Intake Coordinator: Patricia Tafoya Accept: Sliding scale, medicaid, and insurance

Rollercoaster Program: offered twice a year, for children whose parents are going through a divorce (primary program for ages 5 to 8 & intermediate program for ages 9 to13-Divorce group for parents offered at the same) Rollercoaster Program (Helps Children Cope w/ Divorce) 915-562-1999

Texas Youth Hotline 1-800-98-YOUTH (answered 24 hours a day, seven days a week) provides prevention services to youths, parents, siblings, and other family members who are in need of a caring voice and listening ear. The Hotline counselors also assist youth advocates, such as, police, caseworkers, counselors and school officials by locating state and local resources.
Family Counseling

Catholic Counseling Services, Inc. ccs@elpasodiocese.org
499 St. Matthews, El Paso, TX  79907, (915) 872-8424 Fax: (915) 872-8425 Contact: Jose Castrellon
-Private non-profit 501 C (3) organization. Individual, family, marital for ages 5 and up. Services available to anyone regardless of religion, race, ethnicity, income, age, gender, or sexual orientation.

Compassionate Friends-El Paso (Support Group for Bereaved Parents) http://www.elpasotcf.org/
El Paso Compassionate Friends meets the Wednesday of each month except December and October at St. Paul's Lutheran Church, 1000 Montana Ave., El Paso, TX 79902 (More info: Susan Crews at (915) 542-0908)

Family Services of El Paso (Counseling) 915-781-9900 famserep@sbcglobal.net
6040 Surety, El Paso, TX, 781-9900 M-Th 8:00am - 8:00pm  F 8:00am -7:00pm
-Individual, family and marital therapy. Intake information obtained by phone and a therapist will call back to schedule an appointment. Bilingual therapists Available
- Accept: Medicaid, sliding scale, insurances, CHIP and TRICARE (need a referral)
- Parenting Classes: Call to sign up and the agency will call back to give the starting class date. Prices: $10 per person and $15 per couple  English class: Th 5:30pm to 7:30pm Spanish class: Wed 6:00pm to 8:00pm
- Free Marital Classes: Individuals need to be established clients to attend the classes
  English class: 6:00pm on Mondays Spanish class: 6:00pm on Tuesdays

Fatherhood Help Service www.fatherhoodhelp.org 592-DADS (3237) Jim Whitlatch Jim@fatherhoodhelp.org
- Community-based program helps men develop attitudes, knowledge & skills needed to get & stay involved with their children. 24/7 Dad™ focuses on key fathering characteristics (masculinity, discipline, work/family balance) Help men evaluate their own parenting skills, & fathering role models. 12- session program developed by National Fatherhood Initiative. Classes are on Tuesday evenings from 6pm to 7:30pm at 10781 Pebble Hills Suite A (across the street from the Police Station).

Jewish Family & Children's Services (JFCS) -- a United Way Agency jfscounselor@sbc.global.net
401 Wallenberg Dr, El Paso, TX 79912,  M/W/Th 8:30am-5:00pm, Tu 8:30am - 8:00pm, F 8:30am- 4:00pm
-TRIAD Resources POC: Emily Stuessy (915) 581-3256 jfcselpaso@sbcglobal.net
-Call for intake appointment - Children, Marriage Counseling, Play Therapy, Personal, Family & Relationship Counseling, Individual Therapy, Serving Everyone Regardless Of Religion; Bilingual therapists Available
- Substance Abuse Group: Mon - 11:00am and Tu - 6:00pm (translation provided)
Accept: Sliding scale, Medicaid and insurance; Intake appointment: $25;

Living Hope Christian Counseling Services (Christian based counseling) www.livinghoeccs.org
6044 Gateway East Suite 506 (State National Bank Bldg), (915) 772-2237 M-F 9:00am - 6:00pm
-Individual, marital and group therapy; Bilingual therapist available
Accept: Sliding scale and insurance; Call to make an appointment  livinghoeccs@aol.com

Sexual Trauma and Assault Response Service (Supportive Counseling) 915-533-7700 (See S.T.A.R.S.)

Southwest Counseling Center Inc. Crisis Line 1-800-964-1542  http://www.swccnm.com/
100 West Griggs, Las Cruces, NM, (575) 647-2800  Bernadette Pina, CEO bpina@swccnm.com
M-F 8:00am - 7:00pm Call to schedule an intake appointment Bilingual therapists available
Accept: Sliding scale, Medicaid, Medicare, and insurance
- Individual, group and family therapy; Outpatient substance abuse program; Other programs include: nursing and medical services and case management
**Marriage/Divorce Counseling/Services**

*Dispute Resolution Center* 915-533-4800

*El Paso County Domestic Relations* Office 915-834-8200

**Fort Bliss Transparenting Program**-Children of parents going through/have been divorced 568-4878 or 569-7749

**Healthy Marriage Program**-Free Marriage Counseling 569-7743; 569-7749

**Recovering Couples Anonymous** (For people in a hurtful marriage) Alex and Leticia Mora: 855-9244

**Twogether in Texas- Model Cities El Paso**
- Premarital education/healthy marriage services (support development of healthy marriages/strong families)
- Confidential dating, married, gay counseling, save $60 off marriage license
Roger O'Dell, Executive Director, Cell - 915-276-9626 rogerthat@aol.com
11199 Pelicano Dr., El Paso, TX 79935; 915-591-0404

**Psychological Services with Multiple Providers**

*Amanecer Psychological Services* Website: [www.amanecer-ep.org](http://www.amanecer-ep.org)  Nicolezavala21@sbcglobal.net
6500 Boeing Dr Ste L150, El Paso, TX 79925; (915) 779-5600 Fax (915) 779-5605
6621 Doniphan, Ste. G, Canutillo,TX 79835; (915) 877-5100 Fax (915) 877-5107
- Counseling, psychological evaluations/testing, psychiatric services, drug/alcohol abuse, drug testing, ADHD testing, supervised visitation.

*Therapy Service Associates* -Individual, family and marital therapy
5959 Gateway West Suite 501, 772-1829, M-F 9:00am - 6:00pm
Accept: Insurance, Medicaid, no sliding scale $100 a session

**Combat/Deployment-related Counseling**

*After Deployment*—afterdeployment.org (See Also DCoE)
[http://www.afterdeployment.org/web/guest;jsessionid=0503FEF3741FC3C8E40330E93847FF12](http://www.afterdeployment.org/web/guest;jsessionid=0503FEF3741FC3C8E40330E93847FF12)

*American Red Cross- El Paso* Area Chapter elpaso@usa.redcross.org
3620 Admiral St., El Paso, TX 79925 (915) 592-0208; [http://www.redcosselpaso.org](http://www.redcosselpaso.org)
- TRIAD Resources POC: Mark Matthys matthysm@usa.redcross.org
- Coping With Deployment: counseling, training class; Disaster Services

*Bridges for Warriors* [http://www.bridgesforwarriors.org/](http://www.bridgesforwarriors.org/)
- Bridges for Warriors and Families is a national, all services private organization, founded by military spouses who saw a need to give back to the Soldiers, Marines, Sailors, Airmen, Coast Guardsmen, active and reserve who have sacrificed their physical and mental health in the service of our great country.

*El Paso Depression Support* [www.orgsites.com/tx/el-paso-depression-support](http://www.orgsites.com/tx/el-paso-depression-support)
- Support group Mon 530-630pm, free for military & family, for anxiety, eating disorders, ADD, PTSD, etc…
First Presbyterian Church 1340 Murchison, El Paso, TX 79924; ramorrat@aol.com 915-493-3263

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**Not Alone** Free online counseling services/sessions [www.notalone.com/groups](http://www.notalone.com/groups)  notalonehq@notalone.com
- Specifically for spouses & family members of veterans or deployed Warriors, online "classroom" setting, similar to online education where participants can interact & learn about the issues through a variety of media.

**Sesame Street Family Connections**
- a bilingual, (English/Spanish) child centered online space where both children and adults can interact and stay connected when distance makes everyday communication difficult. With the help of their favorite Sesame Street friends, family members can compose encouraging messages to each other, share artwork and videos, upload photos, and get answers to some questions they may have but didn't know how to ask. Sesame Street Family Connections will serve as the common and private online place to keep military families connected across the globe. Questions or would like more information tlc@sesameworkshop.org [www.SesameStreetFamilyConnections.org](http://www.SesameStreetFamilyConnections.org)

**University Behavioral Health El Paso (UBH)** Inpatient and Outpatient Mental health Services
- Freedom Care program, ASD & PTSD specialized counseling, chemical dependency, psychiatric care (will provide transportation). (915) 544-4000 [www.ubhelpaso.com](http://www.ubhelpaso.com) 888-320-8101 (see Mental Health/SubAbuse)

**Vet Centers** (See Also Vet Employment)
- Provide readjustment counseling to those who served in ANY combat zone and their family members, employment assistance [eileen.grozier@va.gov](mailto:eileen.grozier@va.gov)
**El Paso Vet Center**: 1155 Westmoreland, Suite 121, El Paso, TX 79925; 915-772-0013
**Las Cruces Vet Center**: 575-523-9826

**Veterans Resource Center**- PTSD, TBI, Mental Illness, Homelessness, Suicide 800-950-6264, [www.veteransresourcecenter.net](http://www.veteransresourcecenter.net)

**Veteran’s Assistance**

**Homeless Veterans** - Section 8 rental vouchers [www.Hacep.org](http://www.Hacep.org)
Charm Mizer 564-6159 or Lorena Rivera 849-3852

**Texas Disabled Veterans** - Property Tax Exemption El Paso Central Appraisal District
5801 Trowbridge Dr., El Paso, TX 79925-3346 (915) 780-2000; [www.elpasocad.org](http://www.elpasocad.org)
- Apply in person: bring disability statement of VA benefits form that is dated from this year.

**Texas State Veterans Home Program** [www.texasveterans.com](http://www.texasveterans.com)
- Vets can go if: cannot live on their own/do not feel comfortable/safe doing so any longer.
9650 Kenworthy Street, El Paso, TX 79924, 915-751-0967

**Texas Veterans Land Board**
- veteran homes, cemeteries, below-market rate loans for land, housing, and home improvements, historical preserve (tell war experience to be documented)
1-800-252-8387, [www.texasveterans.com](http://www.texasveterans.com)

**Veterans Lodge** – Shelter Plus Care Charm Mizer – (915) 204-1715
- Provides rental assistance and services to chronically homeless veterans with mental illness or other disability
Veterans Medical Benefits

El Paso County Veterans Assistance Office - Benefits, medical care, mental health
4641 Cohen Ave., Suite D, El Paso, TX 79924; 915-759-7990; miflores@epcounty.com
Health Benefits Eligibility: 877-222-8387

5001 N. Piedras, Rm B203, El Paso, TX 79930 (attached to William Beaumont Army Medical)
915-564-6100 Case Manager: ext. 6433 (M-F 8:00am - 4:45pm) 915-564-7500
Joel Arrigucci – (915) 564-6159; Patient Advocate: 564-7987; Registration: 915-564-6167 or 800-672-3782
- Behavioral health; medical appointments; dental appointments; substance abuse program; social work service;
- Disabled Veterans Commission; Veterans benefits counselors; VA Regional Office.
- Individual and group counseling for veterans; Limited available counseling for families
- Drug/alcohol counseling, military sexual trauma, PTSD, some support groups for Iraq and Afghanistan
returning veterans; CWT (Counseling work therapy) is provided as needed
- Disabled American Veterans Commission provides transportation, as needed
- Vocational rehabilitation for those with disabilities
- Call or walk-in for an intake; Bilingual therapists; Fee depends on disability. Fee varies from $15 to $50
- Public Affairs Office (Susan Fleming) (915) 564-7574

OIF/OEF VA Healthcare Program (915) 564-6100 Ext. 6414 jacquelyn.williams@va.gov
-For those that served in OIF/OEF and are getting out of the service or are already out
-Begin benefit enrollment before discharge
Veterans Affairs (begin benefit enrollment before discharge)
-**TRIAD Resources POC: Bridgette Murillo (915) 564-6100 ext. 6433 irma.murillo@va.gov
Program Support Assistant: (915) 564-7581 ricardo.renteria@va.gov

Health Tools, Caregiver resources https://www.myhealth.va.gov

Social Security Administration www.socialsecurity.gov/woundedwarriors
800-772-1213 or 866-563-9310 x27404
-If getting out of military and on medical hold can apply for disability, for wounded, compassionate allowances
for cancer and TBD, 3yrs or more unable to work, make less than $700/month can qualify

Texas Veterans Commission Disability Benefits 1-800-252-VETS; www.tvc.state.tx.us
Disability Claims Representation & Counseling 915-564-7852; www.tvc.state.tx.us

Veterans Benefits Administration Supervisor (Rodney Thompson) (915) 564-6100 ext. 7985

Veteran Employment

American GI Forum Veterans- Also helps those discharged with other than honorable
- Find full-time job work tools, work clothes, and transportation assistance
5959 Gateway Blvd W # 401, El Paso, TX 79925-3318, 915-774-0525

El Paso Vet Center 1155 Westmoreland, Suite 121, El Paso, TX 79925, 915-772-0013
Las Cruces Vet Center: 575-523-9826
Las Cruces Health Clinic: 575-522-1241 ext 2908
Healthcare Center: Community Based Outpatient Clinic (CBOC) Cynthia.huerta-montoya@va.gov
-Readjustment counseling: served in ANY combat zone and their family members, employment assistance
El Paso County Veterans Assistance Office: Education Benefits: 877-823-2378

Employer Support of the Guard and Reserves  800-336-4590;  www.esgr.mil
-Soldiers that return from deployment and have trouble getting job back or finding another job.

Goodwill of El Paso, Inc.  www.goodwillep.org
9611 Acer Ave, El Paso, TX 79925
-To assist veterans with post-military employment training and placement opportunities.
-TRIAD Resources POC: Arlene Alarcon (915) 778-1858 aalarcon@goodwillep.org Listed Elsewhere

Texas Veterans Commission- Texas Workforce VetJobs@tvc.state.tx.us
-Workforce Solutions Upper Rio Grande - Veterans Resource and Referral Specialist
1359 Lomaland Dr, El Paso, TX 79935-5201 Office (915) 887-2653
-El Paso Northeast Workforce Ctr. (TX Vet Commission- Employment) 512-463-6826
9740 Dyer Street, Suite 109-113, El Paso, TX 79924-4752 (915) 887-2833
**Local Veterans' Employment Representative: Hilario Hernandez  Hilario.Hernandez@urgwda.org
-TX Veterans Leadership Program:  http://www.twc.state.tx.us/tvlp/tvlp.html

Veterans Education Program 877-898-3833; VetsEd@tvc.state.tx.us

VA Vocational Rehabilitation 7500 Viscount Suite C-50 (915) 772-2195

Veterans Groups/Organizations

82nd Airborne Association- El Paso Roy P. Benavidez-Robert Patterson Chapter  www.bpaac.org
2608 Fort Boulevard, El Paso, TX, 79930-2116 Tel: (915) 562-9969
- John Ceballos, CHR, 230 Ridgemont Dr, El Paso, TX 79912-5329, (915) 494-9698
- Jose H. Hernandez, SEC, 3309 Voss Drive, El Paso, TX 79936-1916 (915) 875-2014

American Legion  www.legion.org   www.veterans911.org
- Post 58 Veterans' Advocates of El Paso, 4724 Vulcan Ave, El Paso - 751-6900 & 755-7168; Ron Holmes
- Law Enforcement Post 74, 1532 Charles Owens, El Paso, TX, 79936, Phone: (915) 598-4348
- Post No 832, 2400 Bassett Ave, El Paso - (915) 534-9395
- Post No 36, 3730 Shell St, El Paso - (915) 592-4695

Disabled American Veterans  www.dav.org
VA Health Care Center, Rm B203, 5001 N Piedras, El Paso, TX 79930-4211, 915-564-7500
DAV El Paso- 8888 Dyer St # 416, El Paso - (915) 751-5800 or (915) 564-6180
http://www.davmembersportal.org/chapters/tx/165/default.aspx
Meeting Location: 3730 Shell Ave, Am Legion Post #36, El Paso, TX 79925, (915) 592-3312
Meetings Are Held on the 1ST Thursday of each month Time: 7:00 PM

Military.com began in 1999 and claims to be the largest military and veteran membership organization
with 10 million members. They state that their free membership connects service members, military families
and veterans to all the benefits of service — government benefits, scholarships, discounts, lifelong friends,
mentors, great stories of military life or missions, and much more. www.military.com

Military Order of the Purple Heart
- MOPH VA Outpatient Clinic, 5001 N. Piedras, El Paso, TX 79930-4211, (915) 564-6166
  NSO: Robert Macias roberto.macias1@us.army.mil
- MOPH Chapter 393 POC: Edward Jones (ejones4@elp.rr.com) (915) 755-8402
-Meeting Location: Partida Hall, 2608 Fort Blvd., El Paso, 79930 1:00 pm 1st Saturday

Veterans Business Association www.veteransbusinessassociation.com
President: Carlos Rivera crivera22@elp.rr.com
1359 Lomaland, Suite 522, El Paso, TX 79935; Office: (915) 629-2052 / Cell: (915) 269-9274

V F W-Veterans of Foreign Wars
- Post 812 Davis-Seamon Post, 2400 McKelligon Canyon Rd, El Paso, TX 79930, (915) 562-2161
- Post 8919 (Yucca) 5535 Saluki Dr, El Paso, (915) 751-5871
- Post 8550 (Dennis L. Cunningham) 4714 Titanic Ave, El Paso, TX 79904, (915) 751-5099
- Post 6388 (Ysleta), 9170 Cananea Ln, El Paso, TX 79907-6804, (915) 858-4190
- Post 8782 (Tigua), 7722 Adobe Dr, El Paso, TX 79915, (915) 593-0262
- Post 10326 (Coronado) El Paso
- Post 10354 (Horizon) El Paso
- Post 2451 (Northeast) El Paso
- Post 2753 (Marcos B. Armijo) El Paso
- Post 5615 (Segura-Mc Donald) El Paso

Vietnam Veterans of America, Chapter 574. Lucio Moreno, 593-3872

Vietnam Vets- El Paso, 6065 Montana Ave, El Paso, TX 79925-1835, (915) 781-2353

TRICARE HEALTHCARE PROVIDERS

TriWest Healthcare Alliance (915) 564-4574 P.O. Box 640107 El Paso, TX 79904 http://www.triwest.com

FERNANDEZ, PETER; PHD (915) 541-1100 1700 Murchison Dr Ste 213 El Paso, TX 79902
Spec: Clinical & Neuropsych

PEREZ, OSCAR E; MD (915) 533-5550 1400 N El Paso St Ste A El Paso, TX 79902
Spec: Addiction Medicine, Psychiatry

SCHYDLOWER, MANUEL; MD (915) 545-6788 4801 Alberta Ave El Paso, TX 79905
Spec: Adolescent Medicine, Family Practice, Pediatrics

Marriage/Family Therapist (LMFT)

CHRISTOPHERSON, JOSEPH B (915) 772-2237 6044 Gateway Blvd E Ste 506 El Paso, TX 79905
*See Living Hope Christian Counseling Services

CONTRERAS, ELIZABETH (915) 772-2237 6044 Gateway Blvd E Ste 506 El Paso, TX 79905
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