

MINUTES
SISD SCHOOL HEALTH ADVISORY COUNCIL
SOCORRO ISD – DISTRICT SERVICE CENTER
December 13, 2017

MEMBERS PRESENT

*Please see attached

I. CALL TO ORDER— The meeting was called to order at 8:30 a.m. by Catherine Kearney.

II. Approval of the Minutes

Beverly Mathis motioned the approval of the minutes for October 25, 2017, council voted and the minutes were approved.

III. Introduction SISD Counseling

This item was not presented due to a school emergency the district counselors had to attend to.

IV. Family Endeavors

The mission of Family Endeavors, Inc. is to provide comprehensive, effective and innovative services that empower people to build better lives for themselves, their families and their communities. The Steven A. Cohen Military Family Clinic at Family Endeavors, Inc. provides quality, accessible, and integrative mental health care to Veterans and their families at low to no cost. Services are available to all Veterans and any person who has served in the U.S. Armed Forces, including the National Guard and Reserves, regardless of role or discharge status. Family members of Veterans, Reservists, National Guard and Active Duty service members. Family members include parents, siblings, spouses, or partners, children and others. The SHAC voted yes to this program.

V. Voices United

This agency provides strategies for children to protect themselves, be assertive, obtain peer support, communicate effectively, and report strategies. In the workshops children are emphasized that an assault is a violation of the basic rights that each person has: to be Safe, to be Strong, and free. Parents and teachers receive a workshop with topics related to the safety of children. Kindergarten presentations are given by facilitators in two one hour programs on consecutive days. Learning is reinforced through the use of role-play and pictures. Grades 1st-6th workshops are presented by facilitators in one 60-minute period. Each interactive program includes a discussion of rights, three role-plays (bully, stranger, known adult) with guided discussion of problem solving strategies, and the re-enactment of the role-play with a successful resolution. Students also learn self-protection techniques. The program is followed by a 30 minute allowed review period available to all students. The SHAC voted yes to this program.

VI. Introduction to Common Threads

Common Threads was created to bring health and wellness to children, families and communities through cooking and nutrition education. By integrating preventative health programs into school districts and community organizations, Common Threads not only helps combat the rising number of diet-related diseases, but also cultivates a culture that embraces a healthier lifestyle and celebrates diversity through food. Common Threads



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programs cover a variety of focus areas that can be implemented in a range of contexts and partnership models: Small Bites (Eight 1-hr lessons; teaches PK-8th grade students about nutrition and healthy cooking) Parent Workshops (Interactive, 30-60 min workshops; engages parents encourages healthy eating habits) Healthy Teacher Training (Two-hr staff professional development; empowers educators to be healthy role models) Grocery Store Tours (Two-hr guided grocery store tours; engages parents to economically buy healthy foods) and Common Bytes (Online learning platform; supports student learning in nutrition and healthy cooking) The SHAC voted yes to this program.

VII. Tobacco Exposed

Tobacco Exposed is a series of presentations at the school level with the goals to create awareness, reduce the risk of students using tobacco products encourage students who do use tobacco products to quit and help students promote messages against the use of tobacco. In the presentations, students are presented with facts, types of tobacco products, side effects of smoking, second-hand smoke and third-hand smoke, effects of smoke-less tobacco, Texas Law regarding tobacco products, steps to quit and withdrawal and release. They also provide resources for students who currently smoke to aide them to quit smoking.

VIII. NEXT MEETING—February 21, 2018 Rooms C&D at 8:00 am

IX. ADJOURNMENT—Ms. Catherine Kearney motioned to adjourn the meeting at 10:23 a.m.



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SHAC MEMBERS PRESENT
December 13, 2017

First Name	Last Name	School Representing
Beverly	Mathis	Puentes MS
Elsa	Molina	Paso Del Norte
Jessica	Macias	Paso Del Norte
Nadia	Castanares	Bill Sybert
Loren	Garcia	Bill Sybert
Eddie	Keys	Helen Ball
Kirsty	Suarez	Hurshel Antwine
Alicia	Reyes	Bill Sybert
David	Trejo	Montwood HS
Claudia	Maldonado	Ensor MS
Gloria	Yanez	Bill Sybert
Raquel	Martel	Paso Del Norte
Lori	Sanchez	Eastlake HS
Evan	Dupuis	Ituarte
Sandra	Esparza	Sun Ridge MS
Erika	Saucedo	Sun Ridge MS
Martha	Catruita	Bill Sybert
Javier	Cruz	Sun Ridge MS
Catherine	Kearney	Hueco
Claudia	Pena	Rojas
Perla	Ochoa	Socorro HS
Esperanza	Sepulveda	Sanchez MS
Dora	Dunn	John Drugan



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Elsa	Apodaca	Paso Del Norte
Celina	Green	SCFK
Israel	Apodaca	Paso Del Norte
Margarita	Vizcarra	Campestre
Adriana	Pelayo	Bill Sybert
Julia	Ramos	Bill Sybert
Leah	Garcia	Montwood HS
Sylvia	Ruiz	Bill Sybert
Esther	Gamez	Hurshel Antwine
Sarai	Gutierrez	Dpt. Public Health
Pablo	Gamez	Hurshel Antwine
Veronica	Ramirez	Paso del Norte
Ofelia	Acevedo	Rojas
Erika	Mendoza	Lujan-Chavez
Weston	Chenausky	Montwood HS
Jessica	Mercado	Hueco Elementary
Silvia	Rosales	Horizon Heights
Rebecca	Galvan	John Drugan
Audrey	Martinez	Hueco
Angelica	Barrera	Hueco
Dana	Zais	John Drugan
Maribel	Salazar	Hambric
Juana	Miranda	Bill Sybert
Shelley	Chenausky	CNS
Adrian	Garcia	Montwood HS
Mariann	Frias	El Paso Health



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