

Welcome to the Virtual Crusader Counseling Suite



Mrs. Contreras



In this Room:

What you say in here stays in here unless...

- Someone is hurting you
- You want to hurt yourself
- You want to hurt someone else

What Does a School Counselor Do?



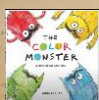
Dear Students,
I believe in you.
I trust in you.
You are listened to.
You are cared for.
You are important.
You will succeed.

Love,
Mrs. Bebon &
Mrs. Contreras

Mrs. Bebon



PK-2



3rd-5th



What Zone am I in?

| Blue | Green | Yellow | Red |
|------|-------|--------|-----|
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How do I feel?

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Growth MINDSET

Embrace the opportunity to grow!

[Counselor Website](#)



Cool Down Corner

