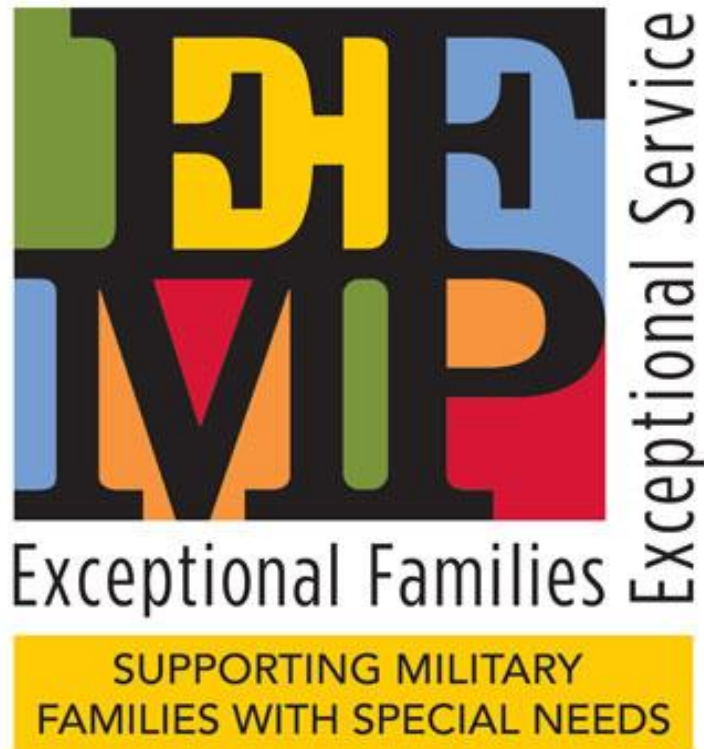


# FORT BLISS EFMP RESOURCE GUIDE



**Fort Bliss Exceptional Family Member Program**  
**2494 Ricker Road, Fort Bliss, Texas 79916**  
**(915) 569-4ACS ext. 5**



**Spread awareness. Share resources.**

## Army Community Service

The Fort Bliss Army Community Service Exceptional Family Member Program has established a centrally located resource for assistance and referral services to service members and Families with Exceptional Family Members. This resource directory provides general information about programs available in the El Paso area.

Although ACS does not endorse any one agency listed, we encourage you to use this resource directory in assisting Family Members who may be seeking support and services. For specific information, please contact the agency directly.

Every effort has been made to ensure that the information in the directory is current. However, if you are unable to locate needed resources in the directory or need additional information, please contact the ACS EFMP Office at 915-569-4ACS (4227), extension 5, and we will be happy to assist you.

Nancy Thomas-Mainor  
Division Chief, ACS

# Exceptional Family Member Program

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## **EMERGENCY**

<b>Emergency</b>	<b>911</b>
Ambulance	911
Fort Bliss 24/7 Information Hotline	915-568-2121
WBAMC	915-742-2121
Police On Post (non-emergency)	915-744-9311 / 1237 / 9128
Police On Post EMERGENCY	Landline: 911
	Cell Phone: 915-744-2115
Police Off Post (non-emergency)	915-832-4400
National Suicide Prevention Lifeline/ Veterans Crisis Line	1-800-273-TALK
Poison Center	1-800-222-1222
Military OneSource Crisis Line	1-800-273-8225 Extension 1
24-7 Domestic Violence Hotline	915-269-2013
24-7 Sexual Assault Hotline	915-245-8991
24-7 Child Abuse Hotline	1-800-252-5400

In the event of a natural disaster, or other emergency, and you are in need of assistance, please remember to listen to the radio and your local news channel for updates and notices. If you are in need of assistance let your Rear Detachment Commander or Unit Commander know about the situation. You can also contact your FRG leader or Family Readiness Support Assistant. The number to the Fort Bliss 24/7 Information Hotline is 568-2121.

# EMERGENCY PREPAREDNESS

## Ask Questions

- Ask what kind of disasters could occur in your area and how to prepare for each.
- Ask how you would be warned of an emergency.
- Ask about special assistance that may be available to you in an emergency.
- Ask your supervisor about emergency plans at your workplace.
- Ask your children's teachers and caregivers about emergency plans for schools and day care centers.
- If you currently use a personal care attendant obtained from an agency, check to see if the agency has special provisions for emergencies

## Create a Plan

- Meet with household members or your personal care attendant. Discuss the dangers that may occur in your community.
- Determine what you will need to do for each type of emergency. Determine, in advance, what your alternative shelter will be and how you will get there.
- Post emergency telephone numbers near telephones and teach your children how and when to call for help.
- Learn what to do in case of power outages and personal injuries. Know how to connect or start a back-up power supply for essential medical equipment.
- If you or someone in your household uses a wheelchair, make more than one exit from your home wheelchair-accessible in case the primary exit is blocked in a disaster.
- Teach those who may need to assist you in an emergency how to operate necessary equipment.
- Arrange for a relative or neighbor to check on you in an emergency.
- Learn how to turn off the water, gas, and electricity at main valves or switches.
- Plan and practice how to escape from your home in an emergency.
- Consider getting a medical alert system that will allow you to call for help if you are immobilized in an emergency.
- If you live in an apartment, ask the management to identify and mark accessible exits.
- Learn your community's evacuation routes.
- Listen to a battery-operated radio for emergency information.

- Pick one out-of-state and one local friend or relative or family member to call if separated by disaster.
- Pick two meeting places: A place near your home and a place outside your neighborhood in case you cannot return home after a disaster.
- Keep family records in a watertight, fire-proof container.

## If You Need to Evacuate

- Listen to a battery-powered radio for location of emergency shelters. Know in advance the location of wheelchair accessible shelters. Follow instructions of local officials.
- Wear appropriate clothing and sturdy shoes.
- Take your Disaster Supplies Kit.
- Lock your house.
- Use the travel routes specified or special assistance provided by local officials.

## Prepare a Disaster Supplies Kit

Assemble supplies you might need in an evacuation. Store them in an easy-to-carry container such as a backpack or duffel bag.

### Include:

- Battery-powered radio, flashlight, and plenty of extra batteries for them.
- First aid kit, prescription medicines, and an extra pair of glasses.
- Supply of water (one gallon per person per day).
- Identify the storage date and replace every six months.
- A supply of non-perishable food and a non-electric can opener, plus any special foods you require.
- If you have a baby, include extra diapers and other infant care items.
- Extra wheelchair batteries, oxygen, medication, catheters, food for guide or service dogs, or other special equipment you might need.
- Change of clothing, rain gear, and sturdy shoes.
- Blankets or sleeping bags.
- A list of family physicians and the relative or friend who should be notified if you are injured.
- A list of the style and serial numbers of medical devices such as pacemakers.
- An extra set of car keys.
- Store back-up equipment, such as a manual wheelchair, at a neighbor's home or workplace.

## **EFMP Quick Reference** (Area Code 915)

ACS EFMP	569-4ACS(4227) Extension 5
EFMP MEDICAL	742-3715 / 2384 / 3515 / 9551
ARMY COMMUNITY SERVICE	569-4227
BALFOUR BEATTY HOUSING	564-0795 or 1-866-243-9689
CYSS PARENT CENTRAL / REGISTRATION	568-4374/4646
CYSS EAST BLISS CDC	744-2731
CYSS LOGAN CDC	568-3989
CYSS LOGAN SAC	569-5784
CYSS MAIN CDC	568-5689
CYSS BLISS SAC	568-2178
CYSS MILAM CDC	744-7879
CYSS MILAM SAC	744-2274
CYSS MILAM YOUTH ACTIVITY CENTER	744-2449
CYSS REPLICA CDC	569-7196
CYSS REPLICA YOUTH CENTER	568-5437
CYSS FAMILY CHILD CARE	568-4198
CYSS SKIES	568-5544
CYSS YOUTH SPORTS	568-1295
DEERS	1-800-538-9552
EDUCATION CENTER	568-6831
FISHER HOUSE	742-1860
FORT BLISS INFORMATION	568-2121
HEALTH BENEFITS ADVISORS	742-2367
HOUSING (referral for off post housing)	568-2898
ID CARDS	569-6036
LEGAL ASSISTANCE	568-7141
MEDICAL APPOINTMENT	742-2273
MILITARY FAMILY LIFE CONSULTANTS	549-1699 / 1756 / 1696
MILITARY ONE SOURCE??	1-800-342-9647
PATIENT ASSISTANCE/ADVOCACY	742-2692 / 2508/1375
CPAC/advisory center	568-1263
SCHOOL LIASON OFFICE	569-5064
NURSE ADVICE LINE	1-800-TRICARE (1-800-874-2273) Option 1
TRICARE (UNITED HEALTHCARE)	1-888-TRIWEST (1-888-874-9378)
TRICARE DENTAL METLIFE	1-855-638-8371
WELCOME CENTER	568-3035
WBAMC EMERGENCY ROOM	742-6206
WBAMC INFORMATION	742-2121

# **Advocacy and Community Resources**

## **American Red Cross of Fort Bliss and El Paso**

Fort Bliss SAF Station  
45 Slater Rd.  
Fort Bliss, TX 79916  
915-568-4898

El Paso Station  
3620 Admiral Street  
El Paso, Texas 79925  
915- 592-0208

William Beaumont Army Medical Center Station  
5005 N. Piedras St.  
Bradley Building Room 4D1  
El Paso, TX 79920  
915-742-2483

Military Emergency Message: 1-877-272-7337  
[www.redcrosselpaso.org/tx-el-paso](http://www.redcrosselpaso.org/tx-el-paso)

American Red Cross provides immediate relief to victims of disaster as well as helps the community prevent, prepare, and respond to emergencies. Services include: Counseling, providing food and drink to communities touched by disaster, funding for families to replace clothing, shoes, medicine, and lodging. The Red Cross also sends emergency messages for military members who are separated from their families. They also offer training and educational opportunities, including CPR and First Aid to the community. Volunteer opportunities are available.

### **Child Crisis Center of El Paso**

2100 N. Stevens  
El Paso, Texas 79930  
915-562-7955  
Crisis Hotline: 915-562-HOPE (4673)  
[www.childcrisiselp.org/](http://www.childcrisiselp.org/)

The Child Crisis Center of El Paso provides emergency shelter and family support services for children from birth to age 13. Their services include 24/7 emergency residential shelter services, case management, parent education, and home visitation education. Services are provided regardless of residency, income, age, ethnicity or culture.

**Lee and Beulah Moor Children's Home**

1100 Cliff Drive  
El Paso, TX 79902  
915-544-8777

[www.leemoor.org/](http://www.leemoor.org/)

Business Hours: Monday – Friday 0800 - 1700

The Lee and Beulah Moor Children's Home offers residential care, foster care, adoption placement, referrals, unplanned pregnancy counseling services, life-skills training, educational, social and cultural enrichment, recreational and adventure opportunities, and a transitional living program.

**Runaway Center**

2116 North Stevens  
El Paso, Texas 79930  
915-562-4765

Hotline: 915-588-6542 (24/7 to speak with a counselor)

The Runaway Center is a shelter program that serves ages 10 to 17-year-old runaways, homeless youth and their families, as well as youth and families that are at risk of abuse, delinquency, or family separation. The program includes shelter, counseling, skills training, family reunification and support services.

**Family Service of El Paso**

**6040 Surety Drive**

**El Paso, Texas 79905**

**915-781-9900 (no answer, try again)**

[www.familyserviceofelpaso.org](http://www.familyserviceofelpaso.org)

Family Services of El Paso provides counseling services to families and individual children, youth, and adults living in the El Paso area, regardless of financial income. Services include: Family and Individual Counseling, Educational Counseling, Group Therapy, Case Management, and Marriage Counseling.



**Jewish Family and Children's Service El Paso**

401 Wallenburg

El Paso, TX 79912

915-581-3256

Crisis Line: 915-779-1800

[www.jfcselpaso.org](http://www.jfcselpaso.org)

The Jewish Family and Children's Service provides counseling services to children, adolescents, adults and seniors regardless of religion. Services include individual, family and couples sessions, group sessions, play therapy, parenting classes, community outreach, crisis intervention, staff development workshops, and counseling for military personnel. Jewish Family and Children's services accepts a wide range of public and private insurances. In addition, Jewish Family and Children's Services offers a sliding fee scale as well as other financial assistance programs.

**La Familia Del Paso, Incorporated**

1511 E. Yandell Drive

El Paso, TX 79902

915- 532-9434

[www.lafamiliadelpaso.com](http://www.lafamiliadelpaso.com)

La Familia Del Paso Services are provided at the La Familia Del Paso Center or at the participant's residence. Services include: development of independent living skills, activities of daily living, assistance with symptom management, medication related services, accessing community resources, socialization skills, anger management, problem solving skills, crisis intervention, employment related services, assertiveness training, stress reduction management, psychiatric services, and registered nursing.

**S.T.A.R.S (Sexual Trauma and Assault Response Services)**

580 Giles

El Paso, TX

915-593-7300 (24/7 local hotline)

1-800-799-7233 (4673) National Abuse Hotline

[www.stars-elpaso.org](http://www.stars-elpaso.org)

S.T.A.R.S provides crisis intervention, outreach, and follow up services to survivors of sexual violence. Services are free of charge and include short term individual supportive therapy and counseling for victims and their families. S.T.A.R.S will support clients through the legal process.

## **Army Community Service (ACS)**

[bliss.armymwr.com/us/bliss/programs/army-community-service](http://bliss.armymwr.com/us/bliss/programs/army-community-service)

<b>Main ACS</b>	<b>Soldier &amp; Family Assistance Center</b>	<b>Family Resilience Center</b>	<b>Survivor Outreach Services</b>
2494 Ricker Rd. Fort Bliss, TX 79916 915-569-4227	887 Marshall Rd. Fort Bliss, TX 79916 915-568-6923	250 Club Rd. Fort Bliss, TX 79916 915-569-5500	241 Sheridan Rd. Fort Bliss, TX 79916 915-568-5970

Army Community Service programs include: Army Emergency Relief (AER); Financial Readiness Program; Family Advocacy Program; New Parent Support Program; Family Advocacy Prevention and Education Resources; Exceptional Family Member Program (EFMP); Survivor Outreach Services; Information and Referral; Relocation Assistance Program; Mobilization, Deployment and Support Stability; Employment Readiness Program; Army Volunteer Corps; Army Family Team Building (AFTB) ; Soldier and Family Assistance Center; Army Family Action Plan (AFAP); Resilience Training; Sexual Harassment/Assault Response Program (SHARP)

### **Advocacy Center for the Children of El Paso**

1100 E. Cliff Drive, Building D  
El Paso, Texas 79902  
915-545-5400  
24/7 Child Abuse Hotline: 1-800-252-5400  
[www.advocacycenterep.org](http://www.advocacycenterep.org)

The Advocacy Center for the Children of El Paso provides advocates for child victims of abuse and neglect in the El Paso area. Immediate and long term assistance is offered. The Advocacy Center for the Children of El Paso has a partnership with legal, law enforcement, child protective and health care resources. Services are provided for children of all ages. The Advocacy Center for the Children of El Paso is a facility where children go for interviews and counseling.

### **CASA of El Paso, Incorporated**

221 N.Kansas Street Suite 1501  
El Paso, Texas 79901  
915-225-5214  
[www.casaofelpaso.org](http://www.casaofelpaso.org)

Court Appointed Special Advocates (CASA) of El Paso trains and supports volunteers from the community to advocate for abused and neglected children who need representation in the family court system. The volunteers are appointed by judges to speak on behalf of the child. CASA helps place children in permanent homes. Volunteer opportunities available.

**Disability Rights Texas**

300 East Main Street, Suite 205

EL Paso, Texas 79901

(800) 252-9108

[www.disabilityrightstx.org](http://www.disabilityrightstx.org)

Disability Rights Texas is a federally designated legal protection and advocacy agency for people with disabilities. Their mission is to help people with disabilities understand and exercise their rights under the law. The attorneys and advocates fulfill the mission by; Providing direct legal assistance to people with disabilities whose rights are threatened or violated; Protecting the rights of individuals and groups of people with disabilities through the courts and justice system; Educating and informing policy makers about issues that impact the rights and services for people with disabilities; Informing people with disabilities and family members about their rights; Making referrals to programs and services.

**The Arc of El Paso**

P.O. Box 221543

El Paso, Texas 79913

915-564-4978

[www.thearcofelpaso.org/](http://www.thearcofelpaso.org/)

The Arc of El Paso serves individuals with intellectual and developmental disabilities (IDD), their families and caregivers living in the El Paso borderland region.

**Children's Disability Information Coalition-Parent Resource Center**

1101 E. Schuster Ave

El Paso, Texas 79902

915-217-2747

[www.cdicelpaso.org](http://www.cdicelpaso.org)

Children's Disability Information Coalition-Parent Resource Center offers educational training, information and support to parents of children with any disability ages 0-25. One on one help with preparing for ARD meetings and understanding your child's records is also offered. CDIC has workshops on parenting a child with special needs, educational rights, ARD's, 504's, and IEP's, and No Child Left Behind (NCLB).

**Partner's Resource Network-PEN Project**

915-502-1309

[www.partnerstx.org/](http://www.partnerstx.org/)

PEN is a federally funded parent training and information center serving Texas parents of children and youth ages 0-26 with disabilities. PEN assists parents in understanding their rights and responsibilities under IDEA. They offer a variety of services including individual assistance over the phone, workshops, assistance with understanding the ARD process, and preparing for ARD meetings.

**Volar Center for Independent Living**

1220 Golden Key Circle

El Paso, Texas 79925

915-591-0800

[www.volarcil.org](http://www.volarcil.org)

The Volar Center for Independent Living provides information and referral by assisting consumers in locating and accessing community resources. Services and programs include: Information and Referral; Independent Living Skills Training; Peer Counseling; Advocacy; Support Services; Children's Advocacy and Transition; Home by Choice Program; Specialized Telecommunications Assistance Program; Transportation Services; Personal Assistance Coordination; Outreach; ADA Technical Consultation and Lending Closet

**Project Amistad**

12100 Esther Lama Drive

El Paso, Texas 79936

915-532-3790

[www.projectamistad.org](http://www.projectamistad.org)

To Serve and Advocate for Elderly, Persons with Disabilities, and Persons-at-risk by providing Transportation, Guardianship, and Social Services, and Improve their Quality of Life.

**Amistad for Veterans project**

12100 Esther Lama Drive

El Paso, Texas 79936

915-532-3790 option 5

Provides assistance and guidance to qualified veterans from all branches of service in the following areas; General Assistance, Counseling, Transportation, Employment Training, Housing Options, Information & Referral

### **Project Bravo Main Office**

2000 Texas Avenue

El Paso, TX 79901

915-562-4100

[www.projectbravo.org](http://www.projectbravo.org)

Project BRAVO provides emergency utility assistance for people with disconnection notices. In order to apply for these services you must request an application in person with your notice of disconnection. Project BRAVO continues to provide other programs and services such as free GED class; HUD certified housing counseling for first-time homebuyers and people needing their mortgage to be restructured; assistance with getting free and low cost prescriptions, eye glasses, medical care; and weatherization which helps homes to be more energy efficient. Applicants must qualify for services by picking up an application in person at one of the satellite offices.

### **Project Bravo Satellite Offices locations:**

EASTSIDE NEIGHBORHOOD CENTER  
7000 5TH STREET, ROOM 136  
915-565-1377

WESTSIDE CENTER  
Whitetail Deer Dr. El Paso Texas 79938  
915-877-7625

YSLETA NEIGHBORHOOD CENTER  
8908 Old Country Rd. El Paso TX. 79907  
915-629-7664

NORTHEAST NEIGHBORHOOD CENTER  
8815 Dyer Street El Paso Texas 79904  
915-757-0199

LOWER VALLEY CENTER  
13680 Socorro Rd. San Elizario Texas 79849  
915-872-3939

## **AIDS / HIV**

### **HIV/AIDS Testing Sites:**

#### **Aliviane NO-AD (Tricare Provider)**

Infectious Disease Prevention Unit

1626 medical center

El Paso, Texas 79902

915-782-4042??

#### **City of El Paso Department of Public Health HIV Prevention Program**

HIV/AIDS testing Tuesday, Wednesday and Friday 8am -1130 am and 1pm to 430pm

701 Montana

El Paso, Texas 79902

915-212-6665

**La Fe Care Center (Tricare Provider)**

HIV/AIDS Testing Monday thru Friday 830am to 1130am and 1:30pm to 4:30pm  
1505 Mescalero  
El Paso, Texas 79925  
915-772-3366

**Texas Tech CARE Clinic (Tricare Provider)**

4800 Alberta Avenue  
El Paso, Texas 79905  
915-215-5205

**Border AIDS Partnership**

333 N. Oregon 2<sup>nd</sup> floor  
El Paso, TX 79901,  
915-533-4020  
<http://www.borderaids.org/>

Fund HIV/AIDS education & prevention activities in El Paso, Texas, Southern New Mexico and Ciudad Juarez; Provide; Local HIV and AIDS service provider.

## **AMPUTEE**

**Amputee Coalition**

888-267-5669  
[www.amputee-coalition.org](http://www.amputee-coalition.org)

Amputee Coalition advocates for the rights of people with limb loss. This includes access to and delivery of: information, quality care, appropriate devices, and reimbursement. The Amputee Coalition toll-free hotline provides answers and resources for people who have experienced the loss of a limb and those involved with their lives. Amputee Coalition provides technical help, resources and training for local amputee educational and support organizations. Amputee Coalition conducts programs for its members, professionals and the general public to educate them regarding the physical, emotional, technological and other issues involving amputees.

**Amputee Peer Support**

Ralph Fowler  
915-822-1624

# **AUTISM**

## **Autism Community Network of El Paso**

Martin Armendariz

915-588-0331

Facebook page- Autism Community Network of El Paso

The Autism Community Network of El Paso (ACN) is a forum and a social network. The ACN events are for social and educational enrichment amongst families affected by autism. Their Facebook page is a place to share information about services, events, and activities in the El Paso area that are autism related.

## **Autism Society of El Paso**

Facebook Page-Autism Society of El Paso

400 North Carolina Dr.

El Paso TX 79915

915-772-9100

[www.autism-society.org/chapter554/](http://www.autism-society.org/chapter554/)

A committed support group serving West Texas and Southern New Mexico for parents, relatives, educators, care givers, providers and friends of individuals with autism. Monthly meetings are held on the second Tuesday of the month at 6:30pm at Education Service Center – Region 19 at 6611 Boeing Dr.

## **Sensory Processing Disorder Support**

915-256-7783

Renate Garcia

[renatex@att.net](mailto:renatex@att.net)

[www.spdsupport.org](http://www.spdsupport.org)

SPD Support is an International network of volunteer Support Hosts formed in order to share information, resources, awareness and support to families that are affected by Sensory Processing Disorder.

## **Operation Autism**

<http://www.operationautismonline.org/>

Operation Autism (OAR) is a web-based resource specifically designed and created to support military families that have children with autism. OAR provides military families that have children with autism access to information about autism; identify sources of treatment and support on and off base; offer tips on coping with some of the unique challenges military life poses for military dependent children with autism and their families; inform parents about their child's educational rights and offer some practical strategies for success in the classroom.

## **APPLIED BEHAVIOR ANALYSIS**

### **ACES, El Paso**

725 South Mesa Hills Drive

Building 3

El Paso, Texas 79912

915-760-4147

800-855-223-7123

No age limitations. **Tricare Provider**

[www.ACESaba.com](http://www.ACESaba.com)

### **Paso Del Norte Children's Development Center ABA Program**

1101 East Schuster Avenue

El Paso, Texas 79902

915-544-8484

Ages 3-15 years old

[www.pdnchildrens.org](http://www.pdnchildrens.org)

### **Aptitude Habilitation Services, INC.**

140 W. Franklin St. #202

Monterey, CA 93940

1-800-991-6070

Ages birth to 18 years old

[www.aptitudeservices.com](http://www.aptitudeservices.com)

### **Behavior Change Institute**

7362 Remcon Circle

El Paso, TX 79912

1-866-273-2451

Ages 2-13 years old (may take older clients  
depending on provider availability)

[www.behaviorchangeinstitute.com](http://www.behaviorchangeinstitute.com)

### **Hector M. Adame, MS, CCC, SLP**

4700 N Mesa St Ste F4

El Paso, TX 79912

Office: 915-704-1094

Provides ABA and Speech Therapy and  
Occupational Therapy

**Tricare Provider**



# BEHAVIORAL HEALTH

## Fort Bliss Behavioral Health

### MENDOZA BEHAVIORAL HEALTH

11335 SSG Sims Rd.  
Fort Bliss  
(915) 742-1022

**Walk-In Hours:**  
0730-1145 1245-1530

**Chapter Evaluations:**  
Walk-In on Tuesday

**School Evaluations:**  
Walk-In on Tuesday

**Command Directed Evaluations:**  
Commander's please call.

**Active Duty**

### WEST BLISS BEHAVIORAL HEALTH

1026 Chaffee Rd.  
West Fort Bliss (Main Post)  
(915) 742-4781

**Walk-In Hours:**  
0730-1100 1300-1530

**Only Chapter 517s**

**Command Directed Evaluations:**  
Commander's please call.

**Active Duty**

### 1/1 EBH

21227 Torch Rd.  
East Fort Bliss  
(915) 742-9327

**Walk-In Hours:**  
0830-1100 1300-1500

**Chapter Evaluations:**  
Walk-In Tuesdays 0830-1100 1300-1500

**Command Directed Evaluations:**  
Commander's please call.

**Active Duty**

**2/1 EBH**  
21000 Minue Rd.  
Fort Bliss  
(915) 742-1782

**Walk-In Hours:**  
0730-1145 1300-1600

**Chapter Evaluations:**  
Walk-In Tuesday 0900-1100 1300-1500  
**Chapter 517 and Chapter 513 must be scheduled**

**School Evaluations:**  
Walk-In Tuesday 0900-1100 1300-1500

**Command Directed Evaluations:**  
Commander's please call.

**Active Duty**

### 3/1 EBH

20415 Gulf Victory Rd.  
Fort Bliss  
(915) 744-1499

**Walk-In Hours:**  
0800-1100 1300-1530 M-TH  
0800-1100 F

**Active Duty**

### Intensive Outpatient

48 Slater Rd.  
West Fort Bliss (Main Post)  
(915) 742-3519

**Soldiers only**  
**By Referral Only**

Four week segmented program. Restores optimal functioning and battle-readiness to post-deployment Soldiers and their families using integrated state-of-the art treatment modalities to stimulate maximum resilience. Possibility of joint (family) counseling and support sessions.

**Active Duty**

### FAMILY ADVOCACY SERVICES

2485A Hinman Rd.  
West Fort Bliss (Main Post)  
(915) 742-2800 / 8244

**Walk-In Hours:**  
0730-1200 1300-1630

Emphasized prevention, education, prompt reporting, investigation, intervention, and treatment of spousal and child abuse. Offers a variety of services to Soldiers and families to develop their relationship skills, parenting skills, and improve their quality of life.

**Active Duty and Dependents**

### CHILD & ADOLESCENT BEHAVIORAL HEALTH

BLDG 2497 Carrington Rd.  
West Fort Bliss (Main Post)  
(915) 742-1615

**Appointments Only**

Provides diagnostic evaluations, psychotropic medication management, care management, individual and family therapy.

**Children & Adolescents of AD,**  
**Ages 4 to 17**

# Mental Illness

## **National Alliance on Mental Illness (NAMI) El Paso**

4615 Alameda Ave, Room 1157  
El Paso, TX 79905  
(915) 534-5476 / 5478  
[elpaso.nami@dshs.state.tx.us](mailto:elpaso.nami@dshs.state.tx.us)  
[namielpaso.org/](http://namielpaso.org/)

6044 Gateway Blvd. East, Suite 401  
El Paso, TX 79905  
(915) 778-5726  
[office@namielpaso.org](mailto:office@namielpaso.org)

NAMI provides advocacy, education, support and public awareness to individuals and families affected by mental health conditions free of charge.

## **Emergence Health Network**

MH/IDD Crisis Emergency Services  
1601 E. Yandell St.  
(915)779-1800

Central Outpatient MH Services  
1601 E. Yandell St., Suite A  
(915)747-3510

Justice Involved Programs MH/IDD  
1600 Montana Ave.  
915-887-3416

Emergence West MH/Primary Care Clinic  
725 S. Mesa Hills, Bldg. 1, Suite 1  
(915) 887-3414

Northeast Outpatient MH Clinic  
9555 Diana  
(915)759-2870

Child and Adolescent Mental Health  
Programs  
8500 Boeing Dr.  
(915)599-6600

East Valley Outpatient MH Clinic  
2400 Trawood, Suite 301A  
(915)599-6735

Military Veteran Peer Network  
9565 Diana  
(915)747-3590

General Services:  
1601 Yandell  
(915) 887-3410

Crisis Services:  
EHN Crisis Line: (915) 779-1800  
Toll Free: 1-877-562-6467

[www.emergencehealthnetwork.org](http://www.emergencehealthnetwork.org)

EHN provides crisis services, adult and adolescent mental health services, early childhood intervention, intellectual disabilities services, and military outreach services.

**Peak Behavioral Health**

5065 McNutt Rd.  
Santa Teresa, NM 8808  
Facility Phone: (575) 589-3000  
Free Assessment: (888) 599-9808  
[www.peakbehavioral.com](http://www.peakbehavioral.com)

Peak Behavioral Health Services is a 119-inpatient bed behavioral health hospital that provides behavioral health care. Peak treats children, adolescents, adults, seniors and offers a specialized program to meet the needs of the military and veteran in both inpatient and outpatient settings.

**El Paso Behavioral Health**

1900 Denver Ave.  
El Paso, TX 79902  
(915)544-4000  
[www.elpasobh.com/](http://www.elpasobh.com/)

El Paso Behavioral Health (EPBH) is a private 163-bed psychiatric hospital, specializing in mental health and chemical dependency care.

**San Marcos Treatment Center**

120 Bert Brown Road  
San Marcos, Texas 78666  
512-396-8500  
(800)848-9090  
[www.sanmarcostc.com](http://www.sanmarcostc.com)

The San Marcos Treatment Center is located on 65 acres in the Texas Hill Country. The San Marcos Treatment Center provides psychiatric residential evaluation and treatment to children and adolescents ages 8 to 17 from across the United States and overseas. San Marcos Treatment Center serves general psychiatric, neuro-psychological and developmental disabilities psychiatric youth. Financial assistance for transportation to the center and for monthly parent visits is also provided. Family therapy is also offered while your child/youth is receiving care. Activities that are available on the campus include a Ropes Course, two gymnasiums, and outdoor swimming pools. San Marcos has a fully accredited charter school that is on campus and offers a credit recovery program.

# CAMPS

## **Texas Lion's Camp**

830-896-8500

Kerrville, TX

Leah Dreiss

[www.lionscamp.com](http://www.lionscamp.com)

Texas Lions Camp is a free residential camping facility for children with physical disabilities, type 1 diabetes, Down syndrome, and cancer. The Camp is located on over 500 acres in the Texas Hill Country. Children with special needs from all over the State of Texas are invited to attend one of the nine weeks. Child must be sponsored by a Local Lions Club Member. POC Leah Dreiss will assist with sponsor process.

## **Camps No Limits**

207-240-5762

<http://www.nolimitsfoundation.org>

Camp No Limits educates young people with limb loss. Campers learn the necessary life skills and learning to adapt to any of life's challenges including activities of daily living, learning to run, walk, prosthetic care, tying shoes, playing sports, kayaking, and more

## **Camp Resource Guide Websites**

American Camp Association: <http://www.acacamps.org/>

Autism Speak Camp Guide: <https://www.autismspeaks.org/resource-guide/by-state/126/Camps/tx>

## **Candle lighters camps**

915-544-2222

**Camp Courageous** for children diagnosed with cancer.

**Camp Bravo** for siblings of children diagnosed with Cancer

The camp is located at Camp Tall Pines in Mayhill, New Mexico. Transportation, and room and board is provided. Children must be registered candle lighters patients and siblings. The camp offers horseback riding, swimming pools, ropes course, archery, and hiking. Serves children ages 6yrs old to 18yrs old.

# **CANCER**

## **AMERICAN CANCER SOCIETY, EL PASO**

10801 Gateway West, Suite 500

El Paso, Texas 79935

915-633-1231

1-800-ACS-2345 (24/7)

[www.cancer.org](http://www.cancer.org)

The American Cancer Society provides educational information to the community, groups and schools. They assist communities and worksites to develop wellness programs and provide service to cancer patients as well as early detection programs, curriculum, and handouts. 24/7 cancer information is offered to include questions regarding medical diagnosis, treatment, and side effects. Assistance in finding transportation locally, flight and lodging is available. In addition, The American Cancer society can guide you to services including respite care, financial assistance and medical equipment.

## **Candlelighters of the El Paso Area, Inc.**

1400 Hardaway Street, Suite 206

El Paso, Texas 79903

915-544-2222

<http://candlelighterselp.org/>

Candlelighters is a nonprofit organization that offers emergency financial assistance, transportation, scholarships, caregiver workshops, counseling, summer oncology camps and many other services and activities for children and their families. Candlelighters offers respite training to caregivers, financial literacy training and college assistance to survivors is also offered. Financial support is provided for as long as a child is in treatment (usually three years) and for six months after to ensure the family returns to normalcy. Candlelighters offer different camps, social groups and therapeutic services.

## **Rio Grande Cancer Foundation and the Green House**

616 N. Virginia Street Ste D.

El Paso, Tx 79902

(915)562-7660

[www.rgcf.org](http://www.rgcf.org)

The Rio Grande Cancer Foundation offers programs for advocacy, education, early detection, and other services to cancer patients and their families. Rio Grande offers a “Surviving and Thriving” multi-series workshop for individuals impacted by a cancer diagnosis (call for information about location/date/times).

### **Ronald McDonald House Charities of El Paso**

300 East California Avenue

El Paso, TX 79902

915-542-1522

[www.rmhcelpaso.org](http://www.rmhcelpaso.org)

The Ronald McDonald House provides supportive accommodations for families of children who are seriously ill and receiving treatment at nearby hospitals. Families are asked to make a \$10 donation per day but can stay for free if necessary. The Ronald McDonald House offers family rooms that are inside the hospital so families of pediatric patients receiving care have a quiet place to rest. The family rooms are equipped with a kitchen, shower facilities, dining room, and an area for reading or watching TV. The Ronald McDonald Mobile Program brings cost effective, medical care and health education services directly to underserved children in the community. In addition offer college scholarships for those who cannot afford the education.

## **CHILDREN**

### **Big Brothers, Big Sisters of El Paso**

1748 Wyoming Ave

El Paso, Texas 79902

915-544-4203

[bbbsep.org/](http://bbbsep.org/)

Big Brothers, Big sisters are a one-to-one mentoring program in El Paso for ages 6 through 18. Big Brothers Big Sisters makes monitored matches between adult volunteers (“Bigs”) and children (“Littles”), in communities across the country.

### **El Paso Child Guidance Center**

2701 East Yandell

El Paso, Texas 79903

915-562-1999

[www.epcgc.org](http://www.epcgc.org)

El Paso Child Guidance Center provides outpatient mental health services for adults, children, families. The Center provides a range of mental health services including psychiatric evaluations, individual, family and group therapy.

**El Paso Center for Children**

2200 N. Stevens Street

El Paso, TX 79930

915-565-8361

<http://epccinc.org/>

The Center for Children has a variety of family support programs and services needed to care for runaway and homeless youth and their families. They also provide support services to homeless teen mothers and their children, and emotionally disturbed youth and their families. The Center operates four major programs. The programs that they offer are: At-Risk Youth (STAR); Runaway Emergency Shelter; Therapeutic Homes Program; El Paso HOPES; Paso del Norte Center of Hope; and Safe Place.

**Creative Kids, Inc.**

504 San Francisco Avenue

El Paso, TX 79901

915-533-9575

<http://www.creativekidsart.org>

Creative Kids Inc. is a 501(c)(3) non-profit educational community-based art agency located in El Paso, Texas along the U.S./Mexico border region. Creative Kids is a nationally recognized non-profit organization that includes youth development program utilizing the visual arts to empower youth. PROJECT AIM: Creative Kids offers Project Arts-in-Motion (AIM), an art and digital media program for pediatric oncology patients at The Children's Hospital at Providence and El Paso Children's Hospital.

## **CHILDCARE**

**Child and Youth Services**

1743 Victory Ave.

Fort Bliss, TX 79916

(915) 568-4374

[bliss.armymwr.com/us/bliss/programs/child-and-youth-services](http://bliss.armymwr.com/us/bliss/programs/child-and-youth-services)

Fort Bliss Child and Youth Services (CYS) provides recreational and learning programs. Programs include: Child Development Center, Middle School and Teen, Family Child Care, School Liaison Office, SKIES, Youth Education Support Services, School Age Services, and Sports.

### **El Papalote-Paso Del Norte Children's Development Center**

1101 E. Schuster Ave.

El Paso, TX 79902

(915) 544-8484

[pdnchildrens.org/el-papalote/](http://pdnchildrens.org/el-papalote/)

EL Papalote Inclusive Child Development Center is accredited by the NAEYC (National Association for the Education for Young Children). EL Papalote is specifically designed to provide child care to children with disabilities, however, they also serve children without disabilities as they are the peer role models for children with special needs. Traditional full and part day childcare for ages 6 weeks to 12 years is provided. El Papalote does a Parent's Night Out on the third Friday of each month. El Papalote offers school age care when school is not in session to include summer camps, holiday breaks, and teacher in-service days. Respite care is offered for families needing a break from the daily demands of caring for a child with special needs. El Papalote will work with clients needing financial assistance and referrals.

### **Multipurpose Recreation Center**

9031 Viscount Blvd.

El Paso, TX 79925

(915) 598-1155

(915) 598-1163

The Multipurpose Recreation center is a program for adults 18 or older with a disability. The program is offered Monday through Friday from 0900-1400. The daily activities include cardio, weights, lunch, arts and crafts and computer skills. There are days where the participants go to the library, bowling, dances and other field trips.

### **Texas Statewide Youth Leadership Forum**

6611 Boeing Drive

El Paso, Texas

915-780-1919

The Texas Statewide Youth Leadership Forum is co-sponsored by Texas A&M University, the Texas Council for Developmental Disabilities, and the Texas Department of Assistive and Rehabilitative Services. The Texas Statewide Youth Leadership Forum provides training and experiences to youth with disabilities to advance the development of their leadership and advocacy skills. The goal is to develop a network of young adults with disabilities who are capable of advocating for individuals with disabilities and influencing policy development. The Texas Statewide Youth Leadership Forum's purpose is help youth develop the skills necessary to become role models for other youth with disabilities in employment, independent living, and other adult living areas.



# **PUBLIC and PRIVATE SCHOOL SYSTEMS**

## **Education Service Center-Region 19**

6611 Boeing Drive  
El Paso, Texas 79925  
915- 780-1919

<http://www.esc19.net>

The purpose of Education Service Center (ESC)-Region 19 is to aid teachers and administrators in the El Paso area in their role as educators of our children. ESC-Region 19 is one of twenty regional service centers located throughout the state that function as a link between the districts and charter schools they serve and the Texas Education Agency (TEA) in Austin, the administrative unit of the Texas public education system. Supported by state and federal funds, as well as by fees assessed for services, ESC-Region 19 provides professional development in areas such as technology, bilingual education, special education, gifted and talented education, curriculum development, teaching skills, administrative leadership, and programs for at-risk students. ESC-Region 19 offers technical assistance and support in areas such as data processing and instructional media. Field-based regional services to school districts are also provided.

## **Anthony Independent School District (AISD)**

840 Sixth Street  
Anthony, Texas 79821  
915-886-6500

[www.anthonysd.net](http://www.anthonysd.net)

AISD Main Number:	915-886-6500
Director of Special Programs	915-886-6509

Anthony ISD is located in Anthony, Texas, on the Texas/New Mexico border, It is located 25 miles northwest of El Paso and 25 miles from Las Cruces, New Mexico. Anthony ISD is approximately 20 minutes from Fort Bliss, accessible through the Anthony Gap, Trans-Mountain Road and Interstate 10.

## **Canutillo Independent School District (CISD)**

7965 Aircraft  
El Paso, TX 79932

[www.canutillo-isd.org](http://www.canutillo-isd.org)

Main Number	915-877-7400
Student Support Division	915-877-7650
Special Education Department	915-877-7450
Transportation and Facilities Department	915-887-7746

Canutillo ISD has one high school, two middle schools, and five elementary campuses. Canutillo ISD celebrated the opening of a new high school in 2006. Students in the Canutillo Independent School District follow a traditional school year calendar.

### **Clint Independent School District**

14521 Horizon Boulevard  
El Paso, TX 79928

[www.clintweb.net](http://www.clintweb.net)

Main Number	915-926-4000
Special Education Department	915-851-8383
Transportation Services	915-852-8383

Clint Independent School District is 25 miles east of El Paso. Clint ISD encompasses three major, yet separate and distinct communities; the town of Clint, the town of Horizon City, and the unincorporated area known as East Montana. Altogether, the district has 12 campuses – three high schools, three middle schools, one intermediate and five elementary campuses with a total student population of 10,007. Clint Independent School District follows a traditional school year calendar.

### **El Paso Bridges Academy**

4320 North Stanton  
El Paso, Texas  
915-532-6647

[www.bridgesacademy.org](http://www.bridgesacademy.org)

Bridges Academy is a private school founded to educate children with learning differences such as dyslexia, attention deficits and Asperger’s Syndrome. The school is accredited by the Texas Alliance of Accredited Private Schools for grades 1 through 9. Bridges Academy follows the guidelines of the Texas Essential Knowledge and Skills. The reported teacher/student ratio is 1:4 and classroom sizes are 8 to 12 students.

### **El Paso Independent School District (EPISD)**

6531 Boeing Dr.  
El Paso, Texas 79925

[www.episd.org](http://www.episd.org)

Main Number	915-230-2000
Pupil Services	915-230-2080
Special Education Department	915-230-2825
Transportation Department	915-230-2500

EPISD is the largest school district in the El Paso area with 63,500 students and over 92 campuses that stretch from west El Paso to the northeast, central and east areas of the city. EPISD is the district which has the most military-connected students in attendance. EPISD follows a traditional school year calendar.

### **Fabens Independent School District (FISD)**

821 N.E. G Ave. P.O. Box 697  
Fabens, TX 79838

[www.fabensisd.net](http://www.fabensisd.net)

Main Number	915-765 -2600
Special Education Department	915-765 -2690
Transportation Department	915-765-2680 Ext 1302

Fabens, Texas is located about 30 miles Southeast of El Paso between I-10 and the Rio Grande. At last census its population was at about 8000 residents. The Fabens community currently has 5 schools which serve about 2500 students.

### **San Elizario Independent School District (SEISD)**

1050 Chicken Ranch Rd. PO Box 920  
San Elizario, TX 79849

<http://www.san-elizario.k12.tx.us>

Main Number	915-872-3900
Special Education Department	915-872-3926
Transportation Department	915- 872-3939 ext. 4664

San Elizario ISD was established in 1870. Today, one high school, one middle school, three elementary schools, a primary school and an alternative campus in San Elizario serve approximately 3,800 students over a radius of 16 sq. miles. Located in a farming community along the international border of the United States and Mexico, the San Elizario ISD rests just south of El Paso, Texas and is experiencing steady growth.

### **Socorro Independent School District (SISD)**

12440 Rojas Dr.  
El Paso, Texas 79928

[www.sisd.net](http://www.sisd.net)

Main Number	915-937-0000
Special Education	915-937-1800
Transportation Department	915-937-0600

SISD is the third largest district in the El Paso area with over 43622 students and 43 campuses. Socorro I.S.D. located on the east side of the city. It covers 136 square miles stretching north to the Texas/New Mexico state line and south to the Rio Grande at the United States/Mexico border. SISD operates under a modified 45 – 15 Year Round Calendar.

## **Tornillo Independent School District (TISD)**

19200 Cobb Avenue  
Tornillo, Texas 79853

[www.tisd.us](http://www.tisd.us)

Main Number	915-765-3000
Special Education Department	915-765-3040
Transportation Department	915-765-3099

Tornillo Independent School District is located approximately 35 miles southeast of El Paso. Tornillo Elementary (Pre K through 3rd grade), Tornillo Intermediate (4th through 6th grade), Tornillo Junior High (7th and 8th grade), and Tornillo High (9th through 12th grade).

## **Ysleta Independent School District (YISD)**

9600 Sims Dr.  
El Paso, Texas 79925

[www.yisd.net](http://www.yisd.net)

Main Number	915-434-0000
Special Education Department	915-434-0900
Transportation Department	915-434-1740

YISD is the second largest school district in the El Paso area with approximately 44,000 students and over 63 campuses that stretch from northeast El Paso to the east and southeast areas of the city. YISD has established an “open enrollment” policy that allows them to open their doors to students from neighboring districts. YISD follows a traditional school year calendar.

# **SERVICE DOGS**

## **American Service Dogs**

725 S. Solano St, Las Cruces, New Mexico 88001  
575-323-1727

<http://www.americanservicedogs.us/>

For Profit agency work that works to devise a training program for each dog and handler that fits their individual situation. Our training methods are based on motivational principles. Our goal is to motivate the dog to learn and perform, while building confidence in both the dog and handler. Agency will train your dog or will find a dog to best meet your needs to train.

**Assistance Dogs of the West**

505-986-9748

866-986-3489

<http://assistancedogsofthewest.org/our-programs/client-placement/>

Assistance Dogs of the West places service dogs with client recipients requiring individual and family support for mobility impairments, autism spectrum disorders, developmental disabilities, seizure disorders, diabetes, post-traumatic stress disorder and anxiety disorders. From puppy selection through training and matching with a client, our focus is on the mental, physical and emotional well-being of dogs in our care. Clients must reside in New Mexico.

**Battle Buddy Foundation**

8859 Cincinnati-Dayton Rd. STE 202

West Chester, Ohio 45069

844-822-3674

<http://tbbf.org/>

Battle Buddy Foundation was founded by “veterans to serve veterans.” The Battle Buddy Foundation provides highly trained psychiatric and mobility services dogs to veterans suffering from PTSD, TBI, and physical limitations at no cost.

**Give Us Paws**

10402 Raritan Dr.

Houston, TX 77043

281-509-9309

<http://www.giveuspaws.org>

Give Us Paws is a federally recognized 501(c)(3) nonprofit corporation based in Houston, Texas. Veterans receive priority for funding and training. Give Us Paws provide subsidized and free, in-home training of eligible candidates' dogs as service animals. Give US Paws focus is on veterans suffering from Post-Traumatic Stress Disorder (PTSD), Traumatic Brain Injury (TBI) and limited mobility. Services are also provided to civilians determined to be disabled under the Americans with Disabilities Act.

**MADE in Texas Assistance Dogs**

522 E. Avenue K

Grand Prairie, TX 75050

<http://www.madeintexasassistancedogs.org/>

A Grand Prairie, Texas organization which trains mobility assistance dogs, PTSD assistance dogs, autism assistance dogs, and diabetic alert dogs (DADs). Service Dogs are matched with the specific needs of each individual.

## **Veterans Assistance Dogs of Texas**

P.O. Box 290546  
Kerrville, TX 78029  
830-315-4377  
<http://vadogs.org>

Veterans Assistance Dogs of Texas is a service program of Kerrville Ekls Charities, Inc., a 500© 3, non-profit organization that trains and donates services dogs to Disabled American Veterans with mental and/or mobility disabilities. Service Dogs are pre trained then matched with paired with a person to train them on how to become a Service Dog Handler.

**American Dog Trainers Network** maintains an online listing by state for additional dog and assistance dog resources. Please visit website below.

<http://inch.com/~dogs/service.html>

### **Below are some useful information related to service animal/dog accessibility:**

1. Army Regulation for MWR Food Beverage and Entertainment Activities (FB&E): AR 215-1, para 8-18e(3): *Animal policy*. The only animals permitted in FB&E program facilities are seeing-eye dogs and animals that are part of entertainment programs. Such animals are controlled by their masters at all times.

<http://www.armymwr.com/pao/faq.aspx>

2. Useful pamphlet ADA Questions and Answers regarding service animals:

[https://www.ada.gov/regs2010/service\\_animal\\_qa.pdf](https://www.ada.gov/regs2010/service_animal_qa.pdf)

## **SOCIAL SECURITY**

### **Social Security Office El Paso**

11111 Gateway West  
El Paso, TX 79935  
1-866-563-9310  
[www.ssa.gov](http://www.ssa.gov)

600 Texas  
El Paso, TX  
1-866-964-6229

To reach the National Social Security Office call toll free number, 1-800-772-1213 (TDD 1-800-325-0778), on business days between 7:00 am and 7:00 pm.

Our busiest times are Mondays and the first week of each month. Services include Retirement Benefits, Disability Benefits, Replace, Correct, or Change your name on your Social Security Card, Have Federal Taxes withheld from your Social Security Benefit, Request a Summary of Your Earnings and a Personalized Estimate of Your Social Security Benefits

Other Online Direct Services and Information available from the [SSA National Home Page](http://www.ssa.gov), <http://www.ssa.gov/> include: Benefit Statement Form, Benefit Verification Statement, New and Noteworthy Items, Hot Issues, Frequently Asked Questions (FAQs), Medicare Information, Freedom of Information and Privacy, Reporting Fraud, Kid's Pages – Youthlink, About the SSA.

# **SUPPORT GROUPS**

## **ADHD/ADD**

### **Children's Disability Information Coalition (CDIC)**

<http://www.cdicelpaso.org>

Facebook- CDIC El Paso

1101 E. Schuster Ave

El Paso, TX 79902

915-217-2747

## **ALZHEIMER'S**

### **Alzheimer's Association Support Group**

Has six meeting locations throughout the El Paso area

Please see web site for location nearest you

[www.alz.org/westtexas](http://www.alz.org/westtexas)

915-544-1799

## **AMPUTEES**

### **Amputees in Action El Paso**

For Amputee Peer Support contact

Ralph Fowler

915-822-1624

5836 Devonry Dr.

El Paso, TX 79934-3109

**Amputee Coalition of America** 1-888/AMP-KNOW (1-888/267-5669)

## **AUTISM**

### **Autism Society, SW Chapter**

Facebook - The Autism Society of El Paso

First Tuesday of the month

First Presbyterian Church

1340 Murchison

El Paso, TX 79902

Meetings begin at 6:30 pm.

915-772-9100

## **Ladies in Blue**

Meeting 3<sup>rd</sup> Monday of every month

Support group for Mothers with children with Autism

915-525-9767

Facebook: [www.facebook.com/groups/ladiesinblue](http://www.facebook.com/groups/ladiesinblue)

## **CANCER**

### **American Cancer Society**

915-544-4425 (24/7)

### **American Cancer Society- Dialogue**

Sierra Medical Center

Second Tuesday Every Month at 6:00pm

915-747-1818

### **University Medical Center**

Last Thursday Every Month at 2:00pm

915-521-7599

### **Candle lighters**

Monthly support group for parents

915-544-2222

### **Friends Help Friends (Breast & Women's Cancer)**

Last Wednesday of month at the Rio Grande Cancer Society

616 N. Virginia

[\(915\) 577-7186](tel:9155777186)

### **Caregiver Support Group**

#### **Miracle Kids Support Group**

Every Friday

915-858-0298 or 915-820-2572

## **DIABETES**

### **El Paso Diabetes Association**

Meet the second Monday of each month at

3641 Mattox

915-532-6280

## **GRIEF**

### **Compassionate Friends**

805 Montana Ave

915-740-5496

[tcfep@gmail.com](mailto:tcfep@gmail.com)

<http://www.elpasotcf.org/home.aspx>

## **MENTAL ILLNESS**

### **NAMI- El Paso**

**National Alliance for the Mentally Ill**

915-534-5478



**Peer to Peer Connections Support Group-ENGLISH**

Every Monday 7:00-8:30 p.m

Located at El Paso Behavioral Health (EPBH)

1900 Denver, 2nd floor outpatient area

El Paso, TX 79902

For those personally living with a mental illness.

**Family to Family Support Group– ENGLISH**

Every Monday 7:00-9:00p.m

El Paso Behavioral Health (EPBH)

1900 Denver, 2nd floor outpatient area

El Paso, TX 79902

For family members or loved ones of those with a mental illness.

**Family to Family Support Group– SPANISH**

The first and third Thursdays of every month 7:00-8:30 p.m

St. Pius Catholic Church

1050 N Clark Drive El Paso, TX 79905

915-433-

**Cancer Survivor Support (Rio Grande Cancer Foundation)**

Every Friday 11:00-1:00

William Beaumont Army Medical Center

5005 N. Piedras

Sherita Kelly 706-325-2664

**BRAIN INJURY Support Group**

**Mentis**

Groups are held every 2nd Tuesday of the month

4360 Doniphan

El Paso, TX.

915-351-4441

915-319-9553

**TRANSPORTATION / TRAVEL**

**The Sun Metro Bus Lift**

5081 Fred Wilson

El Paso, TX 79906

915-212-0100

[http://www.sunmetro.net/lift\\_eligibility.html](http://www.sunmetro.net/lift_eligibility.html)

The LIFT, Sun Metro's specialized transportation for people with disabilities. The Lift is an on-demand transportation services and provides curb-to-curb transportation as mandated by the Americans with Disabilities Act. The LIFT uses small buses equipped with hydraulic wheelchair lifts and wheelchair tie downs;

### **Angel Flights**

918-749-8992

[www.angelflight.com](http://www.angelflight.com)

Angel Med Flight provides comprehensive worldwide air ambulance service transferring critically ill or injured patients from around the world offering specialized care.

## **TRICARE**

### **TRICARE**

[www.tricare.mil](http://www.tricare.mil)

TRICARE is the Department of Defense's worldwide health care program which combines the military's direct health care system of hospitals and clinics with a network of civilian health care professionals. TRICARE's website includes information on many TRICARE plans including TRICARE Prime, TRICARE Prime Remote, TRICARE Extra, TRICARE Standard, and TRICARE for Life. In addition, the website covers topics such as TRICARE enrollment, cost share information, covered services, case management services, claim denials and the appeals process, and regional contractor information.

### **TRICARE Extended Health Care Option (ECHO)**

<http://www.tricare.mil/Plans/SpecialPrograms/ECHO.aspx>

The Extended Health Care Option is a supplemental program to TRICARE that provides financial assistance to eligible active duty family members who qualify based on specific mental or physical disabilities. ECHO offers services and supplies not available through TRICARE.

## **TUTORING**

### **SKIESUNLIMITED**

Bldg 3508 Ellerthorpe RD

915-568-8336

Bldg 131 Doniphan

915-568-5544

<http://bliss.armymwr.com/us/bliss/programs/skies-unlimited>

SKIESUNLIMITED is an acronym for "School of Knowledge, Inspiration, Exploration, and Skills" with the word "Unlimited" for the unlimited possibilities this program can offer Army

children and youth. SKIESUNLIMITED encompasses instructional programs for children and youth ranging from four weeks old to adolescence. Through SKIES, children and youth in Child Development Services, School Age Services, Middle School, and Teen Programs as well as Home Schooled Children, have equal access to opportunities that expand their knowledge, inspire them, allow them to explore, and acquire new skills.

### **Tutor.com**

<http://www.tutor.com/military>

The Tutor.com for U.S. Military Families program gives eligible military families access to free online tutoring and free homework help from live, professional tutors in more than 16 subjects. Military families who are moving frequently or dealing with a deployed parent can rely on our tutors for expert help staying on top of tonight's homework or catching up on missed concepts and lessons—at no cost.

### **Caretutors.com**

<http://caretutors.com/>

Care Tutors provides students and parents the ability to find the right tutor to meet their learning requirements.

## **VISUALLY IMPAIRED**

### **El Paso Lighthouse for the Blind**

200 Washington Street

El Paso Texas 79905

915-532-4495

[www.lighthouse-elpaso.com](http://www.lighthouse-elpaso.com)

The El Paso Lighthouse offers training, resources, and services to provide the blind and visually impaired with access to the same opportunities and quality of life available to everyone around them. Works with all ages and specializes in working with people with age-related vision loss. In home training is provides- independent living skills, orientation and mobility training. Educates sighted people to new concepts regarding vision loss.

### **Department of Assistive and Rehabilitative Services (DARS) - Commission for the Blind**

El Paso Field Headquarters:

401 E. Franklin Ave, Suite 240

El Paso, TX 79901

915-834-7004

800-687-7020

<http://www.dars.state.tx.us/dbs/index.shtml>

Assists the blind, visually impaired individuals, or individuals with disabilities and their families. Works to assist people who are blind or visually impaired to get high quality jobs, live independently or help a child receive training needed to be successful in school and beyond. Programs that are offered include: Vocational Rehabilitation Program which is designed to help adults whose visual conditions limit their ability to begin or continue work; Business Enterprises of Texas which provides employment opportunities; Independent Living Rehabilitation Program which assists adults who are blind or visually impaired to learn adaptive skills to continue to live independently with vision loss; Blind Children's Vocational Discovery and Development Program which assists children who are blind and visually impaired to develop individual potential while emphasizing restoring vision, reducing dependency, and preparing for vocational success; Transition Program which provides educational and career guidance for adolescents and young adults; Blindness Education, Screening and Treatment program which helps keep vision healthy and Crisis Cole Rehabilitation Center which is a residential program located in Austin that offers intensive vocational and independent living skills to Texans who are blind.

## **WEBSITES**

### **Benefits.gov**

[www.govbenefits.gov](http://www.govbenefits.gov)

[www.usa.gov](http://www.usa.gov)

1-800-Fed-INFO or 1-800-333-4636

Benefits.gov (formerly GovBenefits.gov) was launched in an effort to provide citizens with easy, online access to government benefit and assistance programs. Eight years after its initial launch, GovBenefits.gov underwent a major redesign and became Benefits.gov. However, the program's mission remains the same: reduce the expense and difficulty of interacting with the government while increasing citizen access to government benefit information. The site's core function is the eligibility prescreening questionnaire or "Benefit Finder." Answers to the questionnaire are used to evaluate a visitor's situation and compare it with the eligibility criteria for more than 1,000 Federally-funded benefit and assistance programs.

### **Centers for Medicare & Medicaid Information**

<https://www.cms.gov>

This website will provide you with detailed information on Medicare and Medicaid.

### **Children and Adults with Attention Deficit/Hyperactivity Disorder**

[www.chadd.org](http://www.chadd.org)

1-800-233-4050

CHADD (Children and Adults with Attention-Deficit/Hyperactivity Disorder) is the nation's leading non-profit organization serving individuals with AD/HD and their families. CHADD has over 16,000 members in 200 local chapters throughout the U.S. Chapters offer support for individuals, parents, teachers, professionals, and others.

## **U.S. Ability One Commission**

[www.abilityone.gov](http://www.abilityone.gov)

1-800-999-5963

This independent federal agency administers the Ability One Program, which helps people who are blind or have other severe disabilities find employment. The program coordinated its activities with nonprofit organizations across the country to employ those individuals and provide goods and services to the federal government at a fair price.

## **Disability Resources**

**Disability.gov**

[www.disability.gov](http://www.disability.gov)

Disability.gov is a federal government website designed to help finding comprehensive information on disability programs and services in communities nationwide. The site links to more than 14,000 resources from federal, state and local government agencies; academic institutions; and nonprofit organizations.

## **Easter Seals**

[www.easterseals.com](http://www.easterseals.com)

Easter Seals provides exceptional services, education, outreach, and advocacy to individuals with special needs. Easter Seals has been helping individuals with disabilities and special needs, and their families, for 90 years.

## **The Family Center on Technology and Disability**

<http://ctdinstitute.org/>

The Family Center on Technology and Disability (FCTD) is a resource designed to support organizations and programs that work with families of children and youth with disabilities. We offer a range of information and services on the subject of assistive and instructional technologies. Whether you're an organization, a parent, an educator, or an interested friend, we hope you'll find information that supports you in your efforts to bring the highest quality education to children with disabilities.

## **LD OnLine**

[www.ldonline.org](http://www.ldonline.org)

LD OnLine is a site that features hundreds of helpful articles, multimedia, monthly columns by noted experts, first person essays, children's writing and artwork, a comprehensive resource guide, very active forums, and a Yellow Pages referral directory of professionals, schools, and products.

## **Medicaid**

[www.medicaid.gov](http://www.medicaid.gov)

The United States Department of Health and Human Services provides a wealth of information about Medicare and Medicaid, including eligibility information, coverage details, and a description of the Children's Health Insurance Program (CHIP). Medicaid covers comprehensive residential long-term care services in skilled nursing facilities and some home and community-based services. Each state sets its own Medicaid guidelines regarding eligibility and services.

**Medicare.gov**

[www.medicare.gov](http://www.medicare.gov)

Medicare is a federally sponsored health insurance program designed to assist individuals who are elderly or have disabilities in securing reimbursement for some of their medical expenses.

Medicare.gov provides an eligibility tool, general Medicare information, specific enrollment and eligibility information, and a resource locator.

**Military Child Education Coalition**

254-953-1923

<http://www.militarychild.org/>

Military Parent Information offers information for parents in support of transitioning students through helpful publications and research, technology applications, and links to other sites.

Child and Student Programs provides information regarding student opportunities to participate in peer-to-peer programs to assist students who are relocating into and out of their schools, art and space camp opportunities, early literacy resources, and state and national transition information. Education, Training, and Resources provides information on the MCEC's institutes and training programs, including its course catalog and opportunities to receive Continuing Education Units and/or college credit for the institutes.

**Military INSTALLATIONS**

[www.militaryinstallations.dod.mil](http://www.militaryinstallations.dod.mil)

This is a searchable directory of worldwide installation and state-related military information, programs, and services. It provides easy access to articles, resource directories, maps, contact information, links to local community points of interest, and the ability to search for additional information on the installation and surrounding areas.

**Military OneSource**

1-800-342-9647

[www.militaryonesource.com](http://www.militaryonesource.com)

Military OneSource provides quality of life resources and support to Service Members and their families anywhere in the world twenty-four hours a day, seven days a week. The website provides information in multiple formats such as audios, organizers, podcasts, and DVDs on a number of different topics. They also have a section for special needs military Families with articles addressing family support, medical and educational issues. They also offer non-medical counseling, personal finance counseling, and special needs specialty consultation.

**National Disability Rights Network**

202-408-9514

[www.napas.org](http://www.napas.org)

NDRN is the non-profit membership organization for the federally mandated Protection and Advocacy (P&A) Systems and Client Assistance Programs (CAP). Collectively, the P&A/CAP network is the largest provider of legally based advocacy services to people with disabilities in the United States.

**National Library of Medicine**

[www.nlm.nih.gov/medline](http://www.nlm.nih.gov/medline)

MedlinePlus is the National Institutes of Health's Web site for patients, and their friends and families. Produced by the National Library of Medicine, it brings you information about

diseases, conditions, and wellness issues in language you can understand. MedlinePlus offers reliable, up-to-date health information for free.

### **Parent 2 Parent**

[www.p2pusa.org](http://www.p2pusa.org)

Parent to Parent programs offer parent to parent support as a resource for families with children who have a special health care need, disability, or mental health issue. Through a one to one "match" experienced support parents provide emotional support to families and assist them in finding information and resources. Parent to Parent programs are committed to listening and learning from families and developing an array of services and supports in response to family identified needs.

### **Partners in Employment**

[www.partnerinpolicymaking.com/employment](http://www.partnerinpolicymaking.com/employment)

A six hour self-study course designed to help people with developmental disabilities find meaningful jobs and plan careers.

### **Ready.gov**

[www.ready.gov](http://www.ready.gov)

The Federal Emergency Management Agency website provides information and materials to assist families in preparing for emergencies or disasters. It also encourages families to keep an emergency kit, make a plan, and be informed about the different types of emergencies that can happen in their area.

### **STOMP**

<http://wapave.org/programs/specialized-training-military-parents-stomp/>

**STOMP** (Specialized Training of Military Parents) is a federally funded Parent Training and Information (PTI) Center established to *assist military families who have children with special education or health needs*. STOMP began in 1985, it is a project of Washington PAVE, and is funded through a grant from the U.S. Department of Education. The staff of the STOMP Project are parents of children who have disabilities and have experience in raising their children in military communities and traveling with their spouses to different locations. STOMP provides information and training about Laws, regulations and resources for military families of children with disabilities, connects families to other families and assists parents and professionals in developing their own community parent education/support group

### **Social Security**

[www.ssa.gov](http://www.ssa.gov)

This is the official site of the United States Social Security Administration. It provides information on retirement, disability benefits, find local Social Security offices, and read several helpful publications on a wide range of programs.

### **Social Security Disability Insurance**

[www.ssa.gov/disability](http://www.ssa.gov/disability)

Social Security Disability Insurance (SSDI) is the income assistance program that provides a monthly cash benefit to individuals who were born with or have acquired a disability. The Social Security website provides information on how to determine eligibility, apply for benefits, and appeal decisions about disability claims.

**Supplemental Security Income**

[www.ssa.gov/ssi](http://www.ssa.gov/ssi)

Supplemental Security Income (SSI) is the income assistance program that provides a monthly cash benefit designed to help the aged, the blind, and the disabled who have little or no income. The Social Security website provides an eligibility screening tool, a summary of the application process, contact information for the local Social Security offices, and downloadable booklets that provide comprehensive information about SSI. SSI also offers Support groups for families with children with Mental Health Disorders.

**Community Placement Options** (Employment/Residential- Individuals w/ Disabilities)

[www.comop.org](http://www.comop.org)

2420 Geronimo Bldg. D, El Paso TX 79925

(915) 771-7764 Fax (915) 771-8018

[venessa.valles@comop.org](mailto:venessa.valles@comop.org)

Community Placement Options develops residential and supported employment programs and services for our consumers; namely individuals with developmental disabilities.

**Prevent Blindness Texas** (Free Vision Screenings, Eye Glasses to qualified clients) 915-775-1200

**On-line military medical info:** Health wise Knowledgebase [www.wbamec.amedd.army.mil](http://www.wbamec.amedd.army.mil)

**Susan G Komen for the Cure** (Breast Cancer resources) Helpline 1-877 GO KOMEN

El Paso Affiliate, 1700 Murchison, Suite 207, El Paso, TX 79902 [www.komenelpaso.org](http://www.komenelpaso.org)

Maria I. Sanchez (Outreach Manager) (915) 533-4433 [msanchez@elpasokomen.org](mailto:msanchez@elpasokomen.org)

**Visiting Nurse Association of El Paso** [vnavolunteer@yahoo.com](mailto:vnavolunteer@yahoo.com) 543-6240, 532-0888

4171 N. Mesa, Building D, Suite 500. Healthcare and hospice volunteers, community health education

**La Fe, Inc Centro de Salud Familiar-Children's Health Insurance Program (CHIP)**

1225 E Yandell Dr, El Paso, TX 79902, (915) 351-6466, 1-877-541-7905

<http://www.hhsc.state.tx.us/chip/index.html> or <http://www.tachc.org>