**ALCOHOL ABUSE**

When **people drink**, 80 percent of the alcohol goes into their bloodstream, slowing down the central nervous system and brain. You become zombie-like.

**Drinking too much** can cause vomiting, passing out, coma or inability to breathe.

**People who drink and drive** can be arrested, injured or killed.

**Two drinks** can get someone legally intoxicated. Being caught drinking and driving by the police (DUI: **Driving Under the Influence**) can happen to anyone. That person will be taken to the police station and can have his driver’s license suspended. His auto insurance rates will skyrocket, costing him hundreds of extra dollars every year. The attorney fees to defend him in court alone will kill his bank account.

**Mixing energy drinks** (such as Red Bull or Adrenaline Rush) with alcohol could increase the risk of cardiopulmonary failure, because it overloads the body with heavy stimulants and heavy depressants.

**Only time** will sober a drunk up; many hours. Hot coffee and cold showers don’t work.