

FOOD SERVICES MANAGEMENT

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(REGULATION)

ELEMENTARY AND MIDDLE SCHOOL	Campuses may not allow food or beverages to be provided to students at any time during the school day, including using food as a reward, unless documented in a student's IEP (Individualized Education Program). Campuses are not allowed to sell food and/or beverages as a fundraiser during the school day unless it is during one of the three exempted days allowed under the Texas Public School Nutrition Policy. Campus operating vending machines may only be stocked with unflavored water or 100% fruit and/or vegetable juice. Juices may not contain more than 30 grams of total sugar per 6 fluid ounce serving.
HIGH SCHOOL	Campuses may not allow food or beverages to be provided to students at any time during the school day, including using food as a reward, unless documented in a student's IEP. Campuses are allowed to sell food and/or beverages as a fundraiser during the school day, as long as all foods, beverages and snack items comply with the nutrition standards and portion size restrictions of the Texas Public School Nutrition Policy. Campus operating vending machines located in areas where reimbursable meals are served and/or consumed, must be turned off during meal periods. Vending machines may only be stocked with items that are pre-approved by the District and appear on an approved vendor product list as "healthiest" and "healthier".
FOODS OF MINIMAL NUTRITIONAL VALUE (FMNV) AND CANDY	All campuses are not allowed to provide Foods of Minimal Nutritional Value (FMNV) and all other forms of candy at any time anywhere on school premises until the end of the last scheduled class. This includes candy bars and packaged candies. Such foods and beverages may not be sold or given away to students on school premises by school administrators or staff (principals, coaches, teachers, etc.), students or student groups, parents or parent groups, guest speakers or any other person, company or organization.
FMNV AND POLICY EXEMPTIONS	This policy does not restrict what parents may provide for their own child's lunch or snacks. Parents may provide FMNV candy items or other restrictive foods for their own child's consumption, but these items may not be provided or shared with other children at school. Campuses may adopt a more restrictive rule.
SCHOOL NURSES	This policy does not apply to school nurses using FMNV during the course of providing health care to individual students (i.e. cough drops).
IEP	Students whose Individualized Education Program (IEP) plan indicates the use of a FMNV or candy for behavior modification (or other suitable need) may be given FMNV or candy items.

TAKS TESTING	Schools and parents may provide one additional nutritious snack per day for students taking the TAKS tests. The snack must comply with the fat and sugar limits of the Texas Public School Nutrition Policy and may not contain any FMNV or consist of candy, chips or dessert type items (cookies, cakes, cupcakes, pudding, ice cream or frozen desserts, etc.). Packaged snacks must be in single-size servings.
CLASSROOM INSTRUCTION	For instructional purposes, teachers may use foods as long as the food items are not considered FMNV or candy. Students may consume food prepared in class for instructional purposes; however, this should be on an occasional basis, and food may not be provided or sold to other students or classes. Food provided for students as part of a class or school cultural heritage event for instructional or enrichment purposes would be exempt from the policy. However, FMNV may not be served during meal periods in the areas where school meals are being served or consumed, and regular meal service (breakfast and lunch) must continue to be available to all students.
FIELD TRIPS	School-approved field trips are exempt from the nutrition policy. A school official must approve the dates and purposes of the field trips in advance.
STUDENT TRAVEL	The nutrition policy does not apply to students who leave campus to travel to athletic, UIL, band or other competitions. The school day is considered to have ended for these students. School activities, athletic functions, etc. that occur after the normal school day are not covered by the policy.
CHILDREN'S BIRTHDAYS	Parents may bring items to celebrate their child's birthday; however, they cannot be provided to students in the cafeteria during meal serving times. A campus may develop additional guidelines concerning birthday celebrations, such as number of celebrations per month and certain time to celebrate, so as not to interfere with instructional time.
ALLOWABLE TREAT DAYS	Campuses are permitted to allow students to be given FMNV, candy items or other restricted foods during the school day on 3 specific dates only. Planned events may not be held in the cafeteria or areas where reimbursable meals are consumed during meal times and may not prohibit students' access to school meals. This does not apply to food items brought from home for the sole consumption by the student.

Designated allowable treat days are as follows:

**Grades Pre-K through 5**

October 31<sup>st</sup> (If date falls on a weekend, treats will be allowed on the preceding Friday).

Last school day before Christmas break

Last day of the school year

**Grades 6 through 12**

October 31<sup>st</sup> (If date falls on a weekend, treats will be allowed on the preceding Friday.)

Last school day before Christmas break

February 14<sup>th</sup> (If date falls on a weekend, treats will be allowed on the preceding Friday.)

Campuses may request an amendment to the dates listed above; however, any change must first be approved by the Area Assistant Superintendent and Director of Child Nutrition Services, as well as documented in the campus' academic calendar.