Motivational Speech

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Speech 1 Topics

• Have you narrowed down your topic?
• Motivational or Inspirational
• Please log in
• You need your composition book
Research your topic

Google

“Motivational Speech Topics” or “Inspirational Speech Topics”
Change TOPICS to Ideas for more results.

Write possible topics on ISN p. 11
Ideas for speeches

• Never give up
• Don’t be limited by your disabilities, but live up to your abilities.
• If life gives you lemons, make lemonade.
• Try, try again.
• Just do it!
• Etc.

Google “Motivational Speech Topics”
Or “Inspirational Speech Topics”
Motivational Ideas

Sayings to Inspire You

http://quotations.about.com/cs/inspirationquotes/a/Teens6.htm

Teen Challenges

http://www.dianedew.com/teens.htm
http://dg-web.dcgary.org/youth/dyc/10biggest.htm
Log in!

• Open Word and chose the blank template.
Setting up your speech

In the HEADER:

✓ Type your name
✓ PC#
✓ Motivational Speech

Save file as:

✓ PC# Your name and Motivational
How to Write a Speech:

• **Intro:** Greet, Introduce topic and hook their attention.

• Write down what you'd say as if you were talking directly to them.

• If it helps, say everything out loud before you write.

• After you've finished, read it.

• Make sure your ideas are logical and easily followed.

• Remember to explain or illustrate your point with examples from your research.
FOCUS!

• When presenting you will act as if you were giving advice to a friend.
• It must be positive.
• How can someone get past a bad situation or tough time?
• Use an example:
  • Yourself
  • Friend or family member
  • Someone famous such as an athlete or actor.
  • Someone from history
  • Someone fictional from a story or a movie.
Speech Planning

- **WHO** you are going to speak for
- **WHAT** the general or specific subject matter is
- **HOW** long the speech is to be
- and **WHEN**
- and **WHERE** it is...
Speech Planning


Key Questions:

1. Who- Classmates
2. What- Motivational/ Your Topic
3. How- 2 minutes
4. When- In about 2 weeks
5. Where- in front of the class
This is your Quote

Select Topic

This is your plan

We begin this on Monday

Barebones Outline

Research & Rough Draft

Revise & Edit. More research if necessary.

Final draft & Rehearse

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How to Write Your Speech


A simple sample speech outline uses all 3 parts.

- 'Tell them what you're going to tell them' becomes your introduction
- 'Tell them' forms the body
- 'Tell them what you told them' is your conclusion
How is your speech like an Oreo?
How is your speech like an Oreo?
3 Parts of Your Speech

1. **Introduction**- Tell them what you are going to tell them
2. **Body**- Tell them
3. **Conclusion**- Tell them what you told them
Introduction

• Should include:
  ✓ Introducing yourself
  ✓ A greeting
  ✓ It could include a fact
  ✓ It could include a joke
  ✓ It could include your quote

THIS IS THE PART WHERE YOU TELL THEM WHAT YOU ARE GOING TO TELL THEM.
Audience Etiquette

MAKE SURE THESE ARE IN YOUR NOTES!

1. Arrive Early
2. Turn off the Phone!
3. Talk only if you are asked to talk.
4. Keep any conversation short and whisper!
5. Remain alert. No sleeping!
6. Stay till the end.
7. Show appreciation.
Presentation Timeline

1. Select Topic
2. Barebones Outline
3. Research & Rough Draft
4. Revise & Edit. More research if necessary.
5. Final draft & Rehearse
Open Your Rough Draft

Log in.
Open the rough draft of your speech.
Make revisions.
Need to finish conclusion today.
Conclusion

• Your conclusion needs to tell them what you told them
• Stress your main points.
• End by thanking your audience.
• Suggested beginnings-
  • In conclusions
  • So when you leave here today
  • Remember
Open Your Rough Draft

Log in.
Open the rough draft of your speech.
Make revisions.
We rehearse in 5 minutes.
Rehearsing and Anxiety

• Topic- Rehearsing and Anxiety
• Key Questions-
  • What Techniques can you use to reduce anxiety?
  • How should you rehearse?

• Go to write-out-loud.com
• View section on Rehearsing
Rehearsing

• Writing is *only part* of the process. It's *delivery* that *completes it.*

• Look at the 3 options for Pre-rehearsal

• Read the 7 tips for rehearsing

Tips to Reduce Anxiety

• Breathing Exercises. Do not breathe shallowly.
• Tighten and then relax your muscles.
• Use imagery.
• NO negative intrapersonal conversations! Only positive.
• You DO NOT have to be perfect.
• Prepare. Rehearse.
Presentation Timeline

- Select Topic
- Barebones Outline
- Research & Rough Draft
- Revise & Edit. More research if necessary.
- Final draft & Rehearse

We are here!
Voice

✧ Rate
✧ Diction
✧ Inflection
✧ Tone

✧ Listening
✧ Noise
✧ Proximity

Key Question- How can your voice help you effectively deliver your message?
Presentation Vocabulary:

1. Rate- Speed
2. Diction- spoken clarity, choice of words
3. Inflection- change in pitch
4. Tone- way of speaking
5. Listening- conscious effort to hear, pay attention
6. Noise- any sound, unpleasant sound
7. Proximity- closeness
When speaking remember to-

- Use facial expressions and hand gestures.
- Make eye contact.
- Watch your posture. No slouching.
- Watch your volume and tone of voice.
- Use “lightening words” not “lightening bug words”.
- Keep in mind who your audience is.
- Listen to the feedback and respond appropriately.
Voice

• **Diction exercises** will help you learn how to speak clearly.

• **Proper Pronunciation** – read some common issues with pronunciation. Do you do any of them?
Last Prep Day

• Log in and open your speech.
• Complete the vocabulary handout.
• Today we look at Rapport. ISN p. 23
Presentation Help

✧ Vocal Variety
✧ Speaking Rate
✧ Using Pauses
✧ Voice Image
✧ Body Language
✧ Breathing Exercises
Rapport - a sympathetic relationship or understanding

Related or similar words - bond, relationship, link, tie, sympathy, harmony, affinity, empathy

Go to www.write-out-loud.com
Rapport Builders are:

- dressing and grooming appropriately for the occasion
- being organized
- ready with suitable content
- demonstrating in your opening statements that you know who you're talking to because you've done your homework
- using inclusive language - 'we' rather than 'I'

Rapport builders are:

- identifying and emphasizing your common ground respectfully and sincerely
- avoiding jargon unless everyone knows what you're talking about
- showing that you're human too by sharing personal experience
Rapport builders are:

- Be aware of body language and making eye contact
- Appearing confident, positive, in control and open
- Understanding the effect of your vocal delivery
Final Preparation

• Last chance to revise and edit.
• Record your speech with Photo Booth. Watch your face and body language.
• Use headphones to check diction and pronunciation.
• Double check time.
• Last chance to submit visuals.
• Presentations begin on Monday.
Welcome to presentation week

• To get ready log into your computer and open your speech.
• Make sure it is in Intro, Body and Conclusion order and your heading is on it.
• Print it to the B&W printer.
• Shut your computer down.
Presentations

- Monday, Tuesday and Wednesday are presentation days.
- Follow audience etiquette.
- Do not turn your computers on.
- Turn monitors sideways.
- During presentations do not ask to leave the room.
- Employ empathy and show appreciation.
In your ISN p. 25 write a reaction journal entry. Answer the following:

1. In what way do you think having empathy and rapport effected your presentation and the other members of the class?

2. What about your presentation do you feel you need to improve upon? (“Nothing” is not an acceptable answer. We all need to grow.)

3. When you go to a job interview how can you apply what you have learned so far about effective communication?